

Teaching learning methods- Integrated Teaching (IT) of Panchakarma Department

Fax: 2774 8000

E-mail : ymtayurved@drgdpolfoundation.org

DR. G. D. POL FOUNDATION'S  
Y.M.T. AYURVEDIC MEDICAL COLLEGE & HOSPITAL  
NAVI MUMBAI

Institutional Area, Sector - 4, Kharghar, Navi Mumbai - 410 210.

No.: YMTA/21/2023

Date : 4/01/2023

NOTICE

This is to inform that Panchkarma department is arranging I.T. for BAMS 4<sup>th</sup> year students as per following schedule.

Sr. No	Name of Department	Date	Time	Name of Teacher	Name of Topic
1)	Sharir Rachna	4/01/2023	2:30-4:30 pm	Dr. Akshata Charan	Anatomical aspect of Vaman Karma
2)	Dravya Guna	11/01/2023	2:30-4:30 pm	Dr. Abhishek Ghorpade	Vaman Dravya
3)	Kayachikitsa	18/01/2023	2:30-4:30 pm	Dr. Aparna Sathe	Role of Vaman in Different diseases
4)	Panchkarma	25/01/2023	2:30-4:30 pm	Dr. V.J.Tiwari	Mode of Action of Vaman

Dean

VD. SANJEEV YADAV  
Dean

Y.M.T. Ayurvedic Medical  
College & Hospital,  
Sec - 4, Kharghar,  
Navi Mumbai - 410 210.

TEACHING APP...



**DR. G.D. POL FOUNDATION**  
**YMT AYURVEDIC MEDICAL COLLEGE & HOSPITAL**  
**NAVI MUMBAI**

Phone: 022- 27744406

Fax: 27749895

E-Mail: [ymtayurved@drugdpolfoundation.org](mailto:ymtayurved@drugdpolfoundation.org)

Institutional Area, Sector-4, Kharghar, Navi Mumbai 410210

To,

The Dean,

YMT Ayurvedic Medical College,

Kharghar

**SUBJECT: INVITATION FOR INTEGRATED TEACHING ARRANGED BY PANCHKARMA DEPARTMENT**

Respected Madam,

As per the subject mentioned above we would like to invite following department faculty as an expert to take lecture on Vaman Karma at Y.M.T. Ayurvedic College for students of final Ayurveda (U.G) in the Panchakarma.

Sr. No	Name of Department	Date	Time	Name of Teacher	Name of Topic	Sign
1)	Sharir Rachna	4/01/2023	2:30-4:30 pm	Dr. Akshata Chavan	Anatomical aspect of Vaman Karma	
2)	Dravya Guna	11/01/2023	2:30-4:30 pm	Dr. Abhishek Ghorpade	Vaman Dravya	
3)	Kayachikitsa	18/01/2023	2:30-4:30 pm	Dr. Aparna Sathe	Role of Vaman in Different diseases	
4)	Panchkarma	25/01/2023	2:30-4:30 pm	Dr. V.J.Tiwari	Mode of Action of Vaman	

Kindly do the needful.

Thanking you,

Yours' sincerely, **GHULAP M.D. (AYU)**  
ASSOCIATE PROFESSOR  
DEPT. OF PANCHKARMA DEPT.  
Y.M.T. AYURVEDIC COLLEGE AND HOSPITAL,  
INSTITUTIONAL AREA, SECTOR-4, KHARGHAR, NAVI MUMBAI-410210

Date: 4/12/2022

Place: Kharghar



**DR. G.D. POL FOUNDATION**  
**YMT AYURVEDIC MEDICAL COLLEGE & HOSPITAL**  
**NAVI MUMBAI**

Phone: 022- 27744406

Fax: 27749895

E-Mail: [ymtayurved@drgdpolfoundation.org](mailto:ymtayurved@drgdpolfoundation.org)

Institutional Area, Sector-4, Kharghar, Navi Mumbai 410210

To,

The Co-ordinator (I.T ),

YMT Ayurvedic Medical College,

Kharghar

**SUBJECT : REPORT OF INTEGRATED TEACHING ARRANGED BY PANCHKARMA DEPARTMENT**

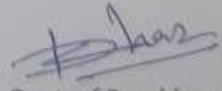
Respected madam,

As per the guidance of NAAC, our Department has arranged Integrated teaching on the Topic: Vaman karma by inviting experts from other departments according to the following schedule.

Sr. No	Name of Department	Date	Time	Name of Teacher	Name of Topic
1)	Sharir Rachna	4/01/2023	2:30-4:30 pm	Dr. Akshata Chavan	Anatomical aspect of Vaman Karma
2)	Dravya Guna	11/01/2023	2:30-4:30 pm	Dr. Abhishek Ghorpade	Vaman Dravya
3)	Kayachikitsa	18/01/2023	2:30-4:30 pm	Dr. Aparna Sathe	Role of Vaman in Different diseases
4)	Panchkarma	25/01/2023	2:30-4:30 pm	Dr. V.J.Tiwari	Mode of Action of Vaman

The Integrated Teaching Program was a great success. 90 students attended the lecture series.


Thanking you

  
HOD, Dept. of Panchkarma

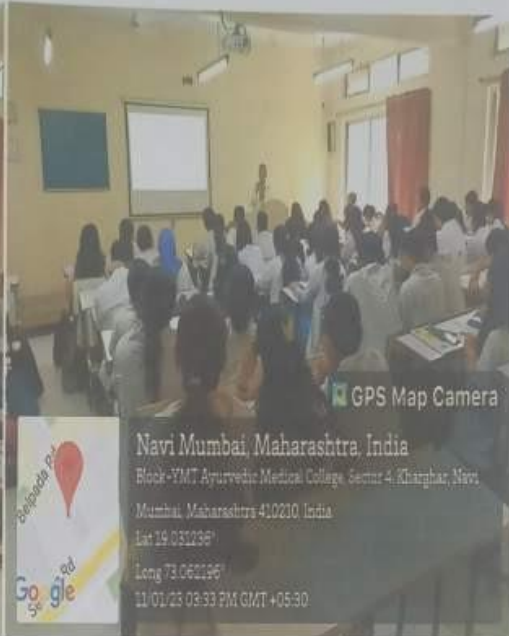
Dr. KALPANA GHOG LAP M.D. (AYU)  
ASSOCIATE PROFESSOR  
HOD PANCHAKARMA DEPT.  
Y.M.T. AYURVEDIC COLLEGE AND HOSPITAL  
KHARGHAR, NAVI MUMBAI

# IT lecture by DR. AKSHATA CHAVAN (04/01/2023)



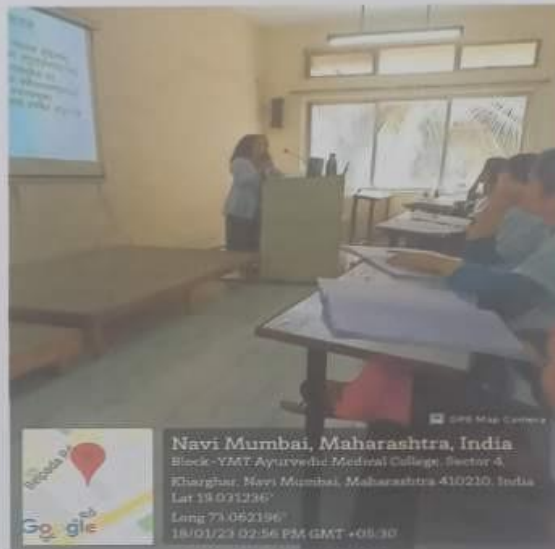
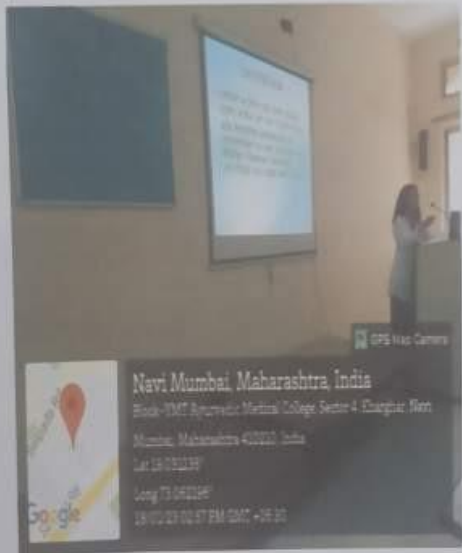
  
Dr. KALPANA GHOLAP M.D. (AYU)  
ASSOCIATE PROFESSOR  
HOD PANCHAKRMA DEPT.  
Y.M.T. AYURVEDIC COLLEGE AND HOSPITAL  
KHARGHAR, NAVI MUMBAI

# IT lecture by DR. ABHISHEK GHORPADE(11/01/2023)



*[Signature]*  
DR. KALPANA GHOLAP M.D. (AYUR)  
ASSOCIATE PROFESSOR  
HOD PANCHAKRMA DEPT.  
Y.M.T. AYURVEDIC COLLEGE AND HOSPITAL  
KHARGHAR, NAVI MUMBAI

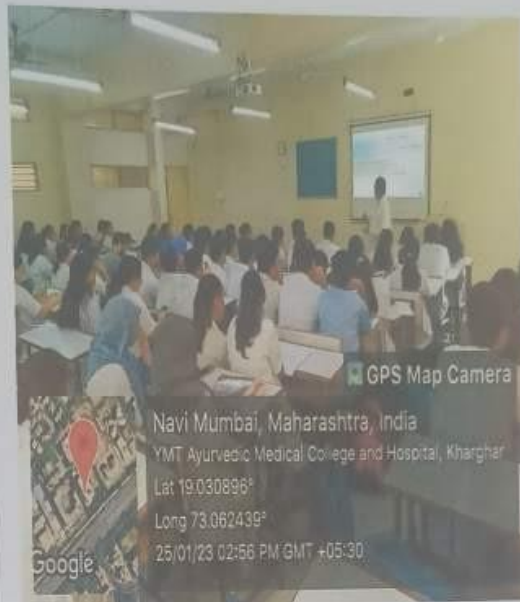
# IT lecture by DR. APARNA SATHE (18/01/2023)



*Handwritten signature*

DR. APARNA DHANAJI M.D. (AYUR)  
ASSISTANT PROFESSOR  
AYURVEDIC DEPARTMENT  
YMT AYURVEDIC COLLEGE AND HOSPITAL  
KHARGHAR, NAVI MUMBAI

# IT lecture by DR. TIWARI V.J (25/01/2023)



*V. J. Tiwari*  
DR. KRISHNA GOPAL KUMAR TIWARI  
ASSOCIATE PROFESSOR  
HPTV PANCHAKOTIA DEPT  
YMT AYU MED COLLEGE AND HOSPITAL  
KHARGHAR, NAVI MUMBAI

**Y. M. T. AYURVEDIC MEDICAL**  
 Institutional Area, Sector - 4,  
**ATTENDANCE**

**FOUNDATION**  
**COLLEGE & HOSPITAL**  
 Kharghar, Navi Mumbai - 410 210.  
**REGISTER**

Dept. Name : Panchakarma

Month : January Year : 2023

Roll No.	Name of Student	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15
	Dr Ananddeep Kaur Dr Anant Chauhan Dr Mittal Bhatnagar															
	Dr Kalpana Shelke Dr Tulsi Dr. Mittal Bhatnagar															

(I-T)  
 (I-T)

	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	Total Days Present	Total Days Absent	Total Days Leave	Total Days Sick	Total Leave Total
Dr Ananddeep Kaur Dr Anant Chauhan Dr. Kalpana Bhatnagar																					
Dr Kalpana Shelke Dr. V. S. Thakur																					
Dr Ananddeep Kaur																					

(I-T)  
 (I-T)  
 Dean Sign.

Dr. Kalpana Shelke, M.D. (AYU)  
 ASSOCIATE PROFESSOR  
 HOD PANCHAKARMA DEPT  
 Y.M.T. COLLEGE AND HOSPITAL  
 KHARGHAR, NAVI MUMBAI

Special knowledge of Varanah & Vamroopya drugs  
 Prep. Arjuni prep, macerates  
 Purva leashes of Varanah

Prep of Patens on marins of Varanah  
 Nem of Vamroopya drugga  
 Labors indicating drugga's druggs process

Management during Varanah karma & Vamroopya  
 Synthesis of Samyakt Jyoti  
 Herja & Herja of Varanah

Post Varanah management - tips  
 Payoda susoshan karm & his purandhi karm

Completion of Varanah & Vamroopya



**Teaching learning methods- FV (Field Visit) of Dravyaguna Department.**

**FV-Field Visit Report**

Phone : 022 - 2774 4406 / 2774 9895

GST : 27AAATY0045K1ZD

E-mail : ymtacollege@gmail.com

ymtayurved@drgdpolfoundation.org

**DR. G. D. POL FOUNDATION**  
**Y.M.T. AYURVEDIC MEDICAL COLLEGE & HOSPITAL**  
**NAVI MUMBAI**

**Institutional Area, Sector - 4, Kharghar, Navi Mumbai - 410 210.**

**Ref. No.:**

Dept. of ~~Dravyaguna~~

Dr.G.D.Pol Foundation's,

YMTAMC Kharghar.

01/03/2024.

To,

The Dean,

Dr.G.D.Pol Foundation's,

YMTAMC Kharghar.

**Subject** – Permission letter for one day Study visit (Excursion) to Maharashtra Nature Park,  
Mahim on 16/03/2024.

Respected sir,

As a part of the syllabus of MUHS of second year BAMS and PG Curriculum,

Dravyaguna Department is planning to visit Maharashtra nature Park, Mahim on 16/03/2024.

There will be around 100 UG, 5 PG students and 5 faculty members (Vd.Manoj Kadam ,

Vd. Dipti Kadam, Vd.Atul Jadhav, Vd.Abhishek Ghorpade & Vd. Rachna Patil).

We are kindly requesting you to provide permission for the visit.

*Permitted*

**VD. SANJEEV YADAV**

Dean

Y.M.T. Ayurvedic Medical  
College & Hospital,  
Sec - 4, Kharghar,  
Navi Mumbai - 410 210.

*M.Kadam*

Dr.Manoj Kadam

HOD & Professor Dravyaguna Dept.

**Dr Manoj B. Kadam**

Head of Department

Dept Of Dravyaguna

Dr G. D. Pol Foundation's

Y.M.T Ayurvedic Medical College & Hospital

Sec-4, Kharghar, Panvel

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**DR. G. D. POL FOUNDATION  
Y.M.T. AYURVEDIC MEDICAL COLLEGE & HOSPITAL  
NAVI MUMBAI**

Institutional Area, Sector - 4, Kharghar, Navi Mumbai - 410 210.

Ref. No.: YMTA/124/24

Date : 12/3/2024

Principal,

Dr.G.D.Pol Foundation's,

YMTAMC Kharghar.

12/03/2024.

To,

The Director,

Maharashtra Nature Park,

Dharavi Mahim.

**Subject** -- Permission letter for one day Study visit (Excursion) to Maharashtra Nature Park Mahim on 16/03/2024, morning session.

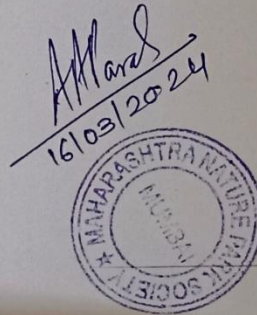
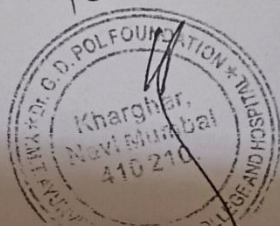
Respected sir,

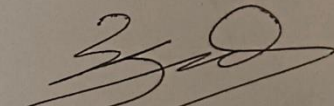
As a part of the syllabus of MUHS of second year BAMS and PG Curriculum, Dravyaguna Department is planning to visit Maharashtra nature Park, Mahim on 16/03/2024.

There will be around 100 UG, 14 PG students and 5 faculty members (Vd. Dipti Kadam & Vd.Abhishek Ghorpade).

We are kindly requesting you to provide permission for the visit.

Thanking you.



  
Dr. Sanjeev Yadav  
VD. SANJEEV YADAV  
Principal  
Y.M.T. Ayurvedic Medical  
College & Hospital,  
Sec-4, Kharghar  
Navi Mumbai - 410 210.

**Title of the event- Dravyaguna visit (Excursion).**

**Date** - 16/03/2024.

**Duration** – 1 days.

**Venue** – Maharashtra Nature Park Mahim .

**Coordinator-** Vd. Manoj Kadam ,

Vd. Dipti Kadam

Vd. Atul Jadhav

Vd. Abhishek Ghorpade

Vd. Rachna Patil.

**Objectives-** To learn about biodiversity within state.

**Description** –

**Planning-**

An educational tour was organized by Department of Dravyaguna , Dr. G.D. Pol Foundation's Yerala Medical Trust Ayurved Medical College & Research Institute, Kharghar at Maharashtra Nature Park Mahim for the purpose of studying flora within Mumbai, as mentioned in syllabus of UG & PG. The tour was guided by Dravyaguna Faculty teachers. All the permissions and consents were taken prior to visit from respected Dean Sir, Parents of students. Entry Tickets and 3 MNP authorized guides were booked by College. Student were informed to carry I cards, Apron, water bottle etc. It was planned to combine UG and PG students for the visit.

16/03/2024

74 UG students gathered around 8.30 am outside Maharashtra Nature Park (MNP) Mahim, Dharavi. MNP authority provided us with paid 3 authorized Guides. Students were divided into group of 3 having each guide per group with 1 coordinator/teacher. This study tour was differentiated in 4 parts

1. Gallery.
2. Info Screening.
3. Walking tour in plant, butterfly and spider section.
4. Plant samplings Sale area.

This Park is formed on a Garbage dumping ground at large slum in Asia i.e. Dharavi on approx. 7 acres of land. It is on bedside of Mithi River. It has a water conservation Plant, large compost area. Whole park is kept very clean with lot of Biodiversity.

This park include a Nakshatra Udyan having specific species mentioned in Astrology.

The biodiversity in the park was commendable having named all plants in devnagari with Family and Latin name to Identify. The guides briefed information regarding morphology of all plants and coordinators illustrated its medicinal uses and practical approach among patients.

Variety of species include-

Arjun	Tagar	Ushir	Paribhadra	Kaju
Anant	Tulasi	Udumbar	Peru	Karpaas
Ashok	Tud	Erand	Pippali	Kakmachi
Asthmawel	Arishtaka	Erand karkati	Paarijatak	Koshthakulinjan
Akkalkadha	Tamalapatra	Ela	Paarishbhend	Kuchala
Ashmantak	Anjir	Kapikachchu	Palash	Khristmas tree
Agnimanth	Alu	Khuri (Ixora)	Palandu	Khajur
Aparajita	Danti	Kadunimba	Putrajivak	Kasalu
Ashwatha	Dadim	Karamard	Pug	Kumari
Arka	Durva	Karavir	Brahmakamal	Kokam
Ananas	Dhataki	Kadamb	Chincha	Krushnakamal
Ajmoda	Dhotra	Karanj	Bilva	Kailaspatti
Ashwagandha	Nirgundi	Khirani	Brahmi	Khadir
Asthishrunkhala	Aboli	Kutaj	Bibhitaki	Gulab
Asanad	Nadihingu	Kanchnar	Bakul	Guggulu
Amalaki	Narikel	Kampillak	Babul	Gudmar
Aaragwadh	Anjan	Kantakari	Bruhatai	Gunja
All spice	Naagakeshar	Kapittha	Badam	Kapurkachari
Amlika	Nagvel	Karvi	Boganwel	Gambhari
Aamra	Narvel	Kela	Bala	Gavatichaya
Aavartani	Ararut	Kebuk	Badar	guduchi
Aardrak	Nilgiri	Kaidarya	Bhallatak	Gulmohar
Haridra	Agasti	Kumbha	Bhumyaamalaki	Gorakhchinch
Allvitamin	Punarnava	Karpoor	Mendi	Champak
Olive	Parnabij	Kakodumber	Mandukparni	Chameli
Apamarga	Patla	Kush	Maka	Chitrak
Insulin	Patha	Kashthdaru	Mogra	Cherry
Chandan	Shigru	Madanphal	Moh	Chickoo
Vat	Shyonak	Marich	Madhumalati	Changeri



 **GPS Map Camera**

Maharashtra  
Nature Park



Google Maps

**Mumbai, Maharashtra, India**  
Maharashtra Nature Park, Sion Bandra Link Road, Dharavi, opp. Bus Depot, Mahim  
Nature Park, Dharavi, Mumbai, Maharashtra 400017, India  
Lat 19.052141°  
Long 72.862534°  
16/03/24 01:13 PM GMT +05:30



 **GPS Map Camera**

Maharashtra  
Nature Park



Google

**Mumbai, Maharashtra, India**  
Education Centre Building & Park Office, Dharavi Depot Rd, Mahim Nature Park,  
Dharavi, Mumbai, Maharashtra 400017, India  
Lat 19.052409°  
Long 72.862629°  
16/03/24 09:31 AM GMT +05:30



### **Outcome of Activity -**

Students achieved following points from the visit:

- Exhibit excellent Flora and fauna ;
- Embody respect for the ideals of equity, biodiversity and cultural sensitivity;
- Importance of Conservation of Endangered species;
- Embody high standards of herbarium and Plant Meusems; and,
- Embrace life-long learning.

**DR. G. D. POL**  
**Y. M. T. AYURVEDIC MEDICAL**  
 Institutional Area, Sector - 4,  
**ATTENDANCE**

Dept. Name : Dravyaguna

Roll No.	Name of student	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15
82	Suryawanshi Sumudhi			A			10					11			A	
83	Swaraj Nimal				10							11			10	
84	Tamboli Sahil			A								A		A		
85	Thakar Yashashvi			A								13		11		
86	Thakare Himanshu				11							A		10		
87	Thorat Ajit S.			A								14		A		
88	Tripathy Simprasad.			A								A		A		
89	Vedantak Akanksha				12		11					A		A		
90	Yadav Ajaykumar				13		12					15		13		
91	Yadav Avinil Kumar				14							16		A		
92	Yadav Mitesh M.				15		13					A		A		
93	Yadav Shivendraraje				A							A		A		
94	Yadav Vishwakirti				15							A		A		

A. (Herbal) 100% (100% of 200 marks)  
 B. (Herbal) 100% (100% of 200 marks)  
 C. (Herbal) 100% (100% of 200 marks)  
 D. (Herbal) 100% (100% of 200 marks)  
 E. (Herbal) 100% (100% of 200 marks)  
 F. (Herbal) 100% (100% of 200 marks)  
 G. (Herbal) 100% (100% of 200 marks)  
 H. (Herbal) 100% (100% of 200 marks)  
 I. (Herbal) 100% (100% of 200 marks)  
 J. (Herbal) 100% (100% of 200 marks)  
 K. (Herbal) 100% (100% of 200 marks)  
 L. (Herbal) 100% (100% of 200 marks)  
 M. (Herbal) 100% (100% of 200 marks)  
 N. (Herbal) 100% (100% of 200 marks)  
 O. (Herbal) 100% (100% of 200 marks)  
 P. (Herbal) 100% (100% of 200 marks)  
 Q. (Herbal) 100% (100% of 200 marks)  
 R. (Herbal) 100% (100% of 200 marks)  
 S. (Herbal) 100% (100% of 200 marks)  
 T. (Herbal) 100% (100% of 200 marks)  
 U. (Herbal) 100% (100% of 200 marks)  
 V. (Herbal) 100% (100% of 200 marks)  
 W. (Herbal) 100% (100% of 200 marks)  
 X. (Herbal) 100% (100% of 200 marks)  
 Y. (Herbal) 100% (100% of 200 marks)  
 Z. (Herbal) 100% (100% of 200 marks)

**FOUNDATION'S**  
**COLLEGE & HOSPITAL**  
 Kharghar, Navi Mumbai - 410 210.  
**REGISTER**

Month : March Year : 2024

16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	Total Days Present	Total Days Absent	Total Days Leave	Total Days Sick	Total Leave Total
66																6				70%
67																6				100%
68																6				75%
69																6				75%
70																6				75%
71																4				50%
72																6				75%
73																7				82%
74																7				82%

A. Herbal evaluation (100% of 200 marks)



# Teaching learning methods- DG (Demonstration in Garden) of Dravyaguna Department.

### ATTENDANCE

Dept. Name : Dravyaguna Vigyana

Roll No.	Name of student	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15
82	Shaikh Shifa						A			B						
83	Sherkhane Namrata						A			B						
84	Shitole Nikita						A			B						
85	Shridhar Krishnadeo						A			A						
86	Shukla Sneha						A			B						
87	Singh Rohit						A			B						
88	Singh Shradha						A			B						
89	Suryavanshi Samriddhi						A			B						
90	Tamboli Sahil						A			B						
91	Thakar Yashavi						A			B						
92	Thakare Himanshu						A			B						
93	Thorad Ajit						A			B						
94	Tripathy Sibaprasad						A			B						
95	Vedpathak Akanksha						A			B						
96	Yadav Ajaykumar						A			B						
97	Yadav Avinikumar						A			B						
98	Yadav Mitesh						A			B						
99	Yadav Shivendraraje						A			B						
100	Yadav Vishwajeet						A			B						

### REGISTER

Month : Nov Year : 2023

16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	Total Days Present	Total Days Absent	Total Days Leave	Total Days Sick	Total Leave Total	



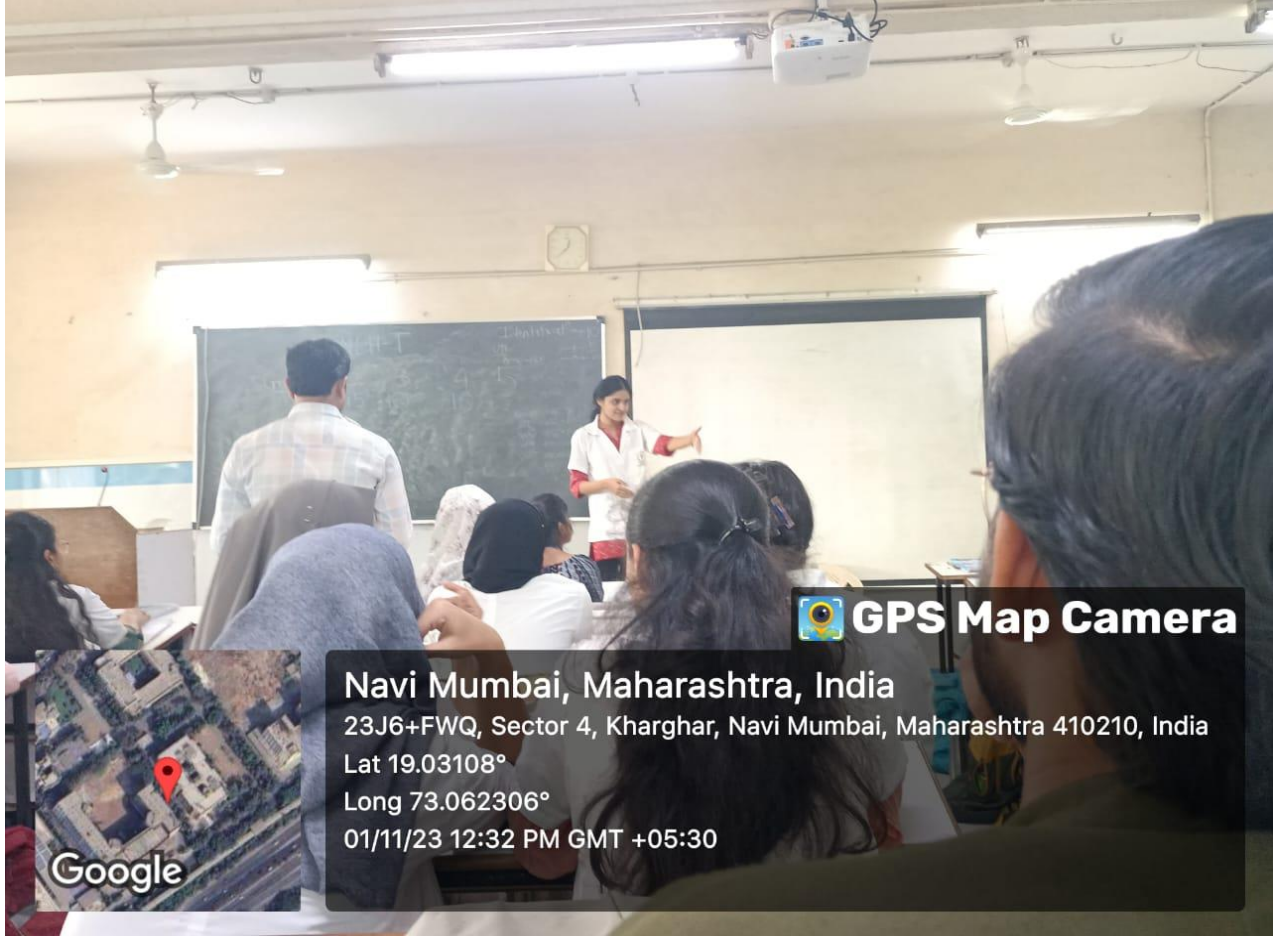
**MITR Hospital**

Google

**Navi Mumbai, Maharashtra, India**  
 23P4+MW9, Sector-5, Kharghar, Navi Mumbai, Maharashtra 410210, India  
 Lat 19.036841°  
 Long 73.057586°  
 04/11/23 03:16 PM GMT +05:30

**GPS Map Camera**

Teaching learning methods- Role play GBL (Game Base learning) of Dravyaguna Department.



Teaching learning methods- SDL(Self Directed Learning) & PBL(Problem Based learning) of Dravyaguna Department.



**Y. M. T. AYURVEDIC MEDICAL**  
Institutional Area, Sector - 4,  
**ATTENDANCE**

Dept. Name : Dravyaguna

Roll No.	Name of student	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15
82	Shaikh Shifa	55	45					A	A	A						
83	Sherkhane Namrata	A	A					A	A	A						
84	Shitole Nikita	56	46					A	A	A						
85	Shridhar Krishnadeo	57	47					A	A	A						
86	Shukla Sneha	A	A					A	A	A						
87	Singh Rohit	A	A					A	A	A						
88	Singh Shradha	58	48					A	A	A						
89	Suryavanshi Samrudhi	59	49					A	A	A						
90	Tambali Sahil	A	50					A	A	A						
91	Thakar Yashavi	60	51					A	A	A						
92	Thakare Himanshu	61	A					A	A	A						
93	Thorat Ajit	A	52					A	A	A						
94	Tripathy Sibaprasad	62	A					A	A	A						
95	Vedpathak Akanksha	63	A					A	A	A						
96	Yadav Ajaykumar	64	A					A	A	A						
97	Yadav Avinikumar	65	53					A	A	A						
98	Yadav Mitesh	66	54					A	A	A						
99	Yadav Shivendraraje	67						A	A	A						
100	Yadav Vishwajeet	68						A	A	A						

Roll play.  
SDI Sem  
2nd year  
1st year  
3rd year  
4th year  
5th year  
6th year  
7th year  
8th year  
9th year  
10th year  
11th year  
12th year  
13th year  
14th year  
15th year

**FOUNDATION'S**  
**COLLEGE & HOSPITAL**  
Kharghar, Navi Mumbai - 410 210.  
**REGISTER**

Month : November Year : 2023

16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	Total Days Present	Total Days Absent	Total Days Leave	Total Days Sick	Total Leave Total
5					72	70	52					52	46	57						
A					A	A	A					A	47	A						
A					73	71	53					53	A	A						
A					74	72	54					54	48	58						
A					75	73	A					A	49	A						
A					A	74	A					A	A	A						
A					76	75	55					55	50	A						
A					77	76	A					A	51	A						
A					78	77	56					56	52	59						
A					A	78	57					57	53	60						
A					79	79	A					A	A	A						
A					80	80	58					58	A	61						
A					81	81	A					A	A	A						
A					82	82	59					59	54	62						
A					83	83	A					60	55	63						
6					84	84	A					61	56	64						
A					85	A	60					62	57	65						
A					86	85	61					63	58	66						
A					87	86	62					A	A	A						

Roll play.  
SDI Sem  
2nd year  
1st year  
3rd year  
4th year  
5th year  
6th year  
7th year  
8th year  
9th year  
10th year  
11th year  
12th year  
13th year  
14th year  
15th year

Dr. Manish K. Kadam  
Head of Department  
Y. M. T. Ayurvedic Medical College & Hospital  
Kharghar, Navi Mumbai - 410 210