



# DR. G.D. POL FOUNDATION

## YMT AYURVEDIC MEDICAL COLLEGE & HOSPITAL NAVI MUMBAI

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Institutional Area, Sector-4, Kharghar, Navi Mumbai 410210

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### 7.3.1- Distinctive Practices

#### **Title -PRACTICES IN ANOECTAL DISORDERS**

Shalyatantra(Surgery) is one of the distinct branch of Ayurveda. The main focus of the *Shalyatantra* department in YMTAMCH is to make the students aware of the fundamentals of surgical diseases, various disabilities and deformities, traumas, fractures, congenital and acquired illnesses etc. The approach of students is also shaped toward understanding the various modern tools and techniques of investigation and latest ultra-modern information regarding the general surgical procedures and its integrated approach with Ayurvedic principles. The students are taught with strict discipline. Not only the management of operation theatre but also trained through demonstration and carefully handling of human body parts during operation. Museum in the department contains specimens of diseased organs from operation carried out in our hospital, models for suturing techniques, *ksharsutra* application and *ksharkarma* for practical training. *Raktamokshan* (Blood letting), Leech therapy, *Agnikarma* (Ayurvedic Cauterization technique) and many other non invasive practices are skilled by the faculties of the department.

Post-graduation section of *Shalyatantra* department admits 6 postgraduate students for M.S. *Shalya* and *Anushalya* every year. In the year 2005, the institute had initiated with 6 months KARD Program with intake capacity of 25 students. Due to good results in patients and popularity among students, MUHS (Maharashtra University of Health Sciences) recognized this pioneer course and with YMTAMCH designed a first fellowship course on *Ksharsutra* (Medicated thread used in treating anorectal diseases) with intake capacity of 10 students every academic year. In this pioneer course, students and practitioners from all over India participate by enrolling in MUHS. Advanced techniques in anorectal surgeries like LASER techniques are being taught and individual hand-on training is given during the course. The surgical unit is fully equipped and is in excellent clinical working condition. The operation theatres and wards are fully hygienic.

Shalyatantra department of the YMTAMCH had successfully conducted National level seminar Update proctology, *Ayurkaushalya*, and World AYUSH Expo. YMTAMCH is recognized by "LIMCA BOOK OF WORLD RECORDS" for 290 ano-rectal surgeries in 24 hrs. Institute is famous for Ano-rectal field for maximum anorectal surgeries and success rate in that field.



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In MUHS *Ksharsutra* fellowship course student learn and trained for-

*Kshara Karma* – Introduction, types, method of various preparations like *Kshara*, *Kshara Varti*, *Kshara Pichu* etc. and their applications in specific cases to avoid surgeries. Moreover, method of preparation, Standardization and applications of *Kshara* is taught. Different types of *Ksharsutras* are prepared, standardized and research level studies are conducted under guidance of experts. An integrated, effective and standard treatment protocol is generated for welfare of patients and students. These enrolled students are given hands on training in difficult cases and patients referred by reputed Hospitals & Practitioners of Moderns sciences. The students are able to achieve comprehensive Modern and Ayurvedic knowledge on anorectal anatomy, pathophysiology & to diagnose various anorectal conditions and treat them using *ksharkarma* and *Ksharsutra* procedures.

Postgraduate students after completion of course will acquire knowledge of *Shalyatantra* along with modern surgery branch. They will be able to work as specialist in the field of *Shalyatantra* and Modern surgery in anorectal diseases. This fellowship course and post graduates of this department have started their own hospital set-up with ano-rectal speciality. They are confidently treating difficult anorectal diseased patients. These doctors have acquired the skills to prepare different types of Kshar and Ksharsutra. These students have provided positive testimonials for this *Shalyatantra* designed program.



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174

## Most piles operations

Dr Mahesh Sanghavi and his team consisting of Dr Sanjeev Yadav, Dr Vidya Dharne and Dr Manish Dhuri performed 290 piles surgeries free of cost in 12 hours on the occasion of Amrit Mahotsav of Acharya Shri Mahashraman and World Piles Day at Dr GD Pol Foundation's YMT Ayurvedic Medical College & Hospital, Navi Mumbai from 6.00 am to 6.00 pm on Nov 20, 2011. The event was conducted under the aegis of Shri Tulsi Mahapragya Foundation, Shri Jain Shwetamber Terapanthi Sabha, Terapanth Professional Forum and Surana Hospital & Research Center, Malad, Mumbai.



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**medical sciences**

**Most and cancer check ups**  
On the eve of World No Tobacco Day 2011, (May 31, 2011), a free and cancer check up was conducted at Bharat Cancer Hospital & Research Institute, Sarai, Gujarat, supported by Heemal/Work Foundation, Bharat Cancer Hospital & Niral Phencytol Radiation Centre and Laxmi & Vidya Ltd (Mumbai) on May 17, 2011. The project, sponsored by Dr. Ravindra Raj (Founder of Heemal/Work) and as co-organiser at Bharat Cancer Hospital, saw 2,119 patients being examined for oral cancer and controlled about the hazards of tobacco, out of which 610 were found to require further investigations because of suspicious lesions. A team of 20 dentists, led by Dr. Raj were divided into four teams. Besides these, 30 senior medical officers, 30 nurses, 70 subordinate nurses, 55 administrative staff, 71 support staff, 600 volunteers from colleges and 108 volunteers from the doctors, security etc. ensured a smooth project.

**First women Allergo Organ Tokyo-based**  
Particular who of the World Allergy Association (WAAO) in 2009 two-year term the World Allergy January 2012, a doctor who work as a professor in Medical School, recipient of the 2013 from the India, President

**Most pils operations**  
Dr. Hriday Singhani and his team consisting of Dr. Sanjay Yadav, Dr. Vilas Dhare and Dr. Hriday Dhan performed 190 pils surgeries free of cost in 12 hours on the occasion of Amra Mahotav of Ananya Devi Mahalaxmi and World Pils Day at Dr. G.D. Pol Foundation's YMT Ayurvedic Medical College & Hospital, Sant Nandis, from 6:30 am to 6:30 pm on May 28, 2011. The event was conducted under the aegis of Sri. Lal Maheshwari Foundation, Sri Jan Shikhar, Sampark Sabha, Sampark Professional Forum and Bharat Hospital & Research Center, Haveli, Mumbai.



**LIMCA**

**LIMCA BOOK OF RECORDS**

**2013**

INDIA AT HER BEST

LIMCA - BILWA CINEMA





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KHARGHAR, NAVI MUMBAI

धारसुत्र कक्ष



 GPS Map Camera

**Kharghar, Maharashtra, India**  
18, Institutional Area, Sector 4, Kharghar, Navi Mumbai, Maharashtra 410210, India  
Lat 19.031072°  
Long 73.062446°  
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Google



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Navi Mumbai  
Maharashtra  
India



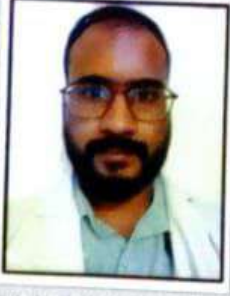
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By Sundeeep



Certificate No.: 208477

महाराष्ट्र आरोग्य विज्ञान विद्यापीठ, नाशिक  
Maharashtra University of Health Sciences, Nashik

## Certificate

*This is to certify that Dr./Shri./Smt. Kumar Manoj with Permanent Registration No. 124110211211223 has successfully completed One Year Fellowship Course in Ksharsutra Chikitsa at (Training Centre) Dr. G. D. Pol Foundation's, Y. M. T. Ayurved Medical College & Hospital, Navi Mumbai.*

*He/She having passed the examination held in Summer-2021 and in recognition thereof is awarded this certificate.*

*Note: "Fellowship awarded by Maharashtra University of Health Sciences, Nashik are skill enhancing courses and not additional qualifications. This fellowship certificate holder cannot practice beyond the scope of their recognized qualifications awarded by their respective State/Central Council".*

201211223

Date : 29 November 2021

Controller of Examinations