



DR. G.D. POL FOUNDATION'S
YMT AYURVEDIC MEDICAL COLLEGE & HOSPITAL
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Institutional Area, Sector-4, Kharghar, Navi Mumbai 410210

DEPARTMENT OF SHALYATANTRA

SOPS FOR ANUSHASTRAKARMA:

SOP FOR KSHARSUTRA THERAPY FOR FISTULA IN ANO.

1) OPD registration: -

- Patients registration is done at central OPD of YMTA.
- Patient gets an OPD case paper with MRD NO and referred to the Shalyatantra OPD.

2) Consultation, Examination and Admission in Shalyatntra IPD: -

- Once patient arrives in OPD a thorough clinical history is taken and appropriate clinical examination is carried out.
- Patient as per there requirement are treated on OPD and IPD basis.

3) Investigation: -

As per disease and nature of surgery
Essential investigation such as CBC, Sr. Creatinine, FBS, PPBS, BT, CT, HIV, HbsAg, Urine-Routine, and CXR-PA etc. are done prior to surgery. Additional investigation such as MRI, CT scan are done as per the requirement

5) Physician fitness: -

After getting all reports physician fitness is taken.

6) Anesthetist fitness: -

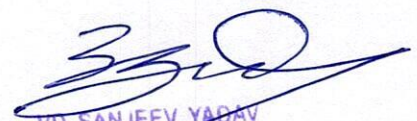
After physician fitness all reports are informed to Anesthetist along with patient history and clinical findings.

7) Plan of surgery: -

Surgery is planned under all aseptic precaution.

8) Pre-operative: -

- After admission all pre-op work up is carried out.
- Written informed consent
- Shaving and preparation of parts.
- Bowel preparation with PC Enema.
- Inj. TT 0.5 ml IM
- Inj. Xylocaine sensitivity test.
- Overnight NBM
- Pre -op IV Medication is administered.


V.D. SANJEEV YADAV
PRINCIPAL

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9) Operative: -

- a. Operative time is according to the prefix schedule
- b. Anesthesia: - Under suitable Anesthesia
- c. Duration: - 20-30min
- d. Position: - Lithotomy
- e. Painting and Draping
- f. Probing test to assess depth and direction of tract
- g. Ksharsutra ligation as per standard protocols
- h. Dressing of wound is done during the surgery and is shifted to recovery room.

10) Post-operative: -

- a. Post-op patient monitoring in recovery room for 1 hr.
- b. Patient is shifted to ward with stable parameters and monitored for the same
- c. NBM as per anesthesia requirement
- d. IV Fluid as per requirement.
- e. IV Antibiotics for 2 days.
- f. Sitz Bath with warm water daily.
- g. Daily dressing and patient is discharged after adequate post-op care.
- h. Daily follow up for first 7 days and then weekly twice till the recovery.

11) Ksharsutra Changing: -

- a. Kshar sutra changing done weekly under all aseptic precautions.

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SOP FOR AGNIKARMA

1) OPD registration: -

- a. patients registration is done at central OPD of YMTA
- b. Patient gets a OPD case paper with MRD NO and referred to the Shalyatantra OPD.

2) Consultation and Examination: -

- a. Once patient arrives in OPD a thorough clinical history is taken and appropriate clinical Examination is carried out.
- b. Agnikarma is performed both on OPD and IPD basis depending on severity of illness.

3) Investigation:-

- a. Pre Therapy investigation with CBC, BSL, X-RAY, Urine- Routine etc

4) Purva karma:-

- a. Counseling of patient
- b. TPR, BP monitoring.
- c. Demarcation of site where Agnikarma is to be performed
- d. Preparation of parts- Cleansing with Normal Saline
- e. Draping with sterile Towel.
- f. Arranging necessary equipment's required for procedure like shalaka, and heat source

5) Pradhan Karma:-

- a. Agnikarma is performed over demarcated site with the help of shalaka heated at desirable temperature.

6) Paschat Karma:-

- a. TPR, BP Monitoring
- b. Dressing with Yashtimadhu Ghrita locally
- c. Daily observation and assessment for 1wk
- d. Oral medicine to counter pain and promotes healing.

7) Advice: -

1. Avoid contact with water
2. Wound care
3. Soft diet



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SOP FOR RAKTAMOKSHANA

1) OPD registration:

- a) Patients registration is done at central OPD of YMTA
- b) Patient gets a OPD case paper with MRD NO and referred to the Shalyatantra OPD.

2) Consultation and Examination: -

- a. Once patient arrives in OPD a thorough clinical history is taken and appropriate clinical examination is carried out.
- b. Raktamokshana is performed both on OPD and IPD basis depending on severity of illness.

3) Investigation: -

Pre-Therapy investigation with CBC, BSL, X-RAY, Urine- Routine etc.

4) Purva karma: -

- a. Counselling of patient
- b. TPR, BP monitoring.
- c. Demarcation of site where Raktamokshana is required
- d. Preparation of parts- Cleansing with Normal Saline
- e. Draping with sterile Towel.
- f. Arranging necessary equipment required for procedure like Jalauka, Cups, Syringe,scalp vein.

5) Pradhan Karma: -


- a. Raktamokshana is performed over desired site with the help of planned technique.

6) Pashchat Karma: -

- a. TPR, BP Monitoring.
- b. Dressing with Haridra locally.
- c. Daily observation and assessment for 1wk
- d. Oral medicine to counter and promotes healing.

7) Advice: -

- a. Avoid contact with water
- b. Wound care
- c. Soft diet


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