



**DR. G.D. POL FOUNDATION'S  
YMT AYURVEDIC MEDICAL COLLEGE & HOSPITAL  
NAVI MUMBAI**

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**DETAILS OF ACTIVITIES TOWARDS MAINTENANCE OF QUALITY—**

Following are the measures adopted by the PTSR Department for Quality maintenance:

1. The Pasutitantra Stree Roga dept has a responsible personnel, consisting of consultants/ PG, who have a defined responsibility and authority to ensure that the quality programme is maintained and run in an ethical manner.
2. Prasutitantra Stree Roga dept ensures that patient safety and risk-management issues are an integral part of patient care.
3. Ensures that all therapist/PG perform their tasks in accordance with evidence and knowledge-based best practice,
4. Ensures that therapist/ PG are trained in all relevant aspects of their role including clinical risk management for patient safety
5. Ensures that therapist PG are aware of the relevance and importance of their activities and how they contribute to the achievement of the quality characteristics and quality objectives.
6. Maintains appropriate records of education, qualification, training, skills and experience.
7. Equipment are periodically inspected and calibrated for their proper functioning.
8. Qualified and trained personnel operate and monitor the medical equipment.
9. The Prasutitantra therapy (minor OT) room has the environment and facilities to ensure safety of patients, and staff.
10. It has a programme for equipment management, safe water and electricity, as applicable
11. It has plans for emergencies (fire and non-fire) and hazardous materials within the facilities.
12. It has a programme for engineering support services and bio-medical equipment management.
13. Incidents, complaints and feedback are collected and analysed to ensure continual quality improvement.

The focus of this activity includes a commitment to comply with requirements and continually improve the effectiveness of the quality management system as a system and also through feedback received from all stakeholders.

The Prasutitantra Streeroga dept develops appropriate key performance indicators suitable to monitor clinical structures, processes and outcomes.

Monitoring may include-

- Appropriate patient assessment
- Safety and quality control programmes of the diagnostics services.
- Adverse drug events.
- Content of medical records.
- Infection control activities.

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-Clinical research.

-Panchakarma therapies and treatment procedures

The quality improvement programme is reviewed at predefined intervals and opportunities for improvement are identified.

There is a structured quality improvement and continuous monitoring programme. The Prasutitantra Streeroga Clinic identifies key indicators which are used as tools for continual improvement. Incidents, complaints and feedback are collected and analyzed to ensure continual quality improvement.

**Details of the training content in striroga sthanik chikitsa for therapists:**

1. Lecture of the procedure in regard to the Strirog Sthanik Chikitsa therapy is given to all the concerned therapists, interns & PG.
2. Complete procedure and its possible complications are explained.
3. Proper written consent of relatives is taken and its importance is stated in sessions.
4. Demo of the therapy is carried out on the patients.
5. Post therapy management is executed.
6. Skilful results are achieved.
7. Patients are encouraged to undergo the therapy routinely specially Yonidhavan, Yonipichu, Kshara-pratisarana, Uttarbasti etc.
8. Therapists/PG are trained from the point of view of success of procedure with eminent results to the patients.
9. Therapist/ PG are advised to take proper follow up followed by next plan of therapy.
10. Therapist/ PG are made to inform the relatives about the possible complications and even the results of the therapy.

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**FREQUENCY OF TRAINING - YEARLY ONCE – FOR THERAPIST/ PGS**

**SKILLS DEVELOPMENT PROGRAMMES OF THE THERAPIST, PG STUDENT  
OF STRI ROG DEPARTMENT FOR STHANIK CHIKITSA & PANCHAKARMA :**

The training and skills development program was conducted by striroga department .

**VENUE: DR G D POL FOUNDATION YMT AYURVEDIC MEDICAL COLLEGE AND  
HOSPITAL KHARGHAR**

**AIM:** To routinely administrate the concept of stri sthanik chikitsa in day to day health status of an individual through proper management and scope.

**TIME: 2 HR SESSIONS**

General introduction comprising of theoretical study and literature of various procedures related to prasutitantra streeroga( sthanik chikitsa) like yonidhavan, ksharpratisaran ,yonipichu and uttarbasti and their practical application ,any emergency ,complications and its management explained.

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DATE- 26/03/2024

**NOTICE**

This is to inform you all that, Prasuti tantra stree rog department has arranged a PG & Therapist training programme related to various procedures of prasutitantra & streeroga on 30/03/2024. This is mandatory for all. Its schedule is as described below.

SR .NO	DATE	TIME	NAME OF THE TRAINER	TOPIC NAME
1	30/03/2024	2.30 pm- 4.30pm	DR.PRANALI DANDEKAR	VARIOUS PROCEDURES RELATED TO PRASUTI TANTRA AND STREEROGA

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**PTSR PG ATTENDANCE SHEET**

DATE: 30/03/2024

NAME OF THE TRAINER: PTSR TEACHING FACULTY- DR. PRANALI DANDEKAR

NAME OF THE TOPIC: PTSR STHANIK CHIKITSA-Uttarbasti, Yonidhavan & Yonipichu & various procedures

SR. NO	PARTICIPANT NAME	SIGNATURE
1	DR.NEHA SAJAGANE	
2	DR. SONALI KERKAR	
3	DR. SONAL NAKATE	
4	DR. SANA SHAIKH	

*Pranali*

*Seema Meher*

Dr. Seema Meher  
M.D. (Ayur)  
Professor and HOD  
Dept. of Prasuti Tantra and Shi Roge  
G.D. Pol Foundation  
Y.M.T. Ayurvedic Medical College  
Sector-4, Kharghar

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**ATTENDANCE SHEET OF TRAINING PROGRAMME**

DATE: 30/03/2024

NAME OF THE TRAINER: PTSR TEACHING FACULTY – DR. PRANALI DANDEKAR

NAME OF THE TOPIC: VARIOUS PROCEDURES RELATED TO PRASTITANTRA & STREEROGA

SR . NO	PARTICIPANT NAME(STAFF)	SIGNATURE
1	Mrs. Vandana Suryawanshi(Nursing staff0	
2	Pooja Patil(nursing staff)	
3	Manvesh Shinde (Wardboy OT)	
4	Sunita Wakode ( MAVSHI)	

*Pranali Dandekar*

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Dr. Seema Meher  
M.D. (Ayu)  
Professor and HOD  
Dept of Prasuti Tantra And Stri Roge  
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and Hospital Kharghar



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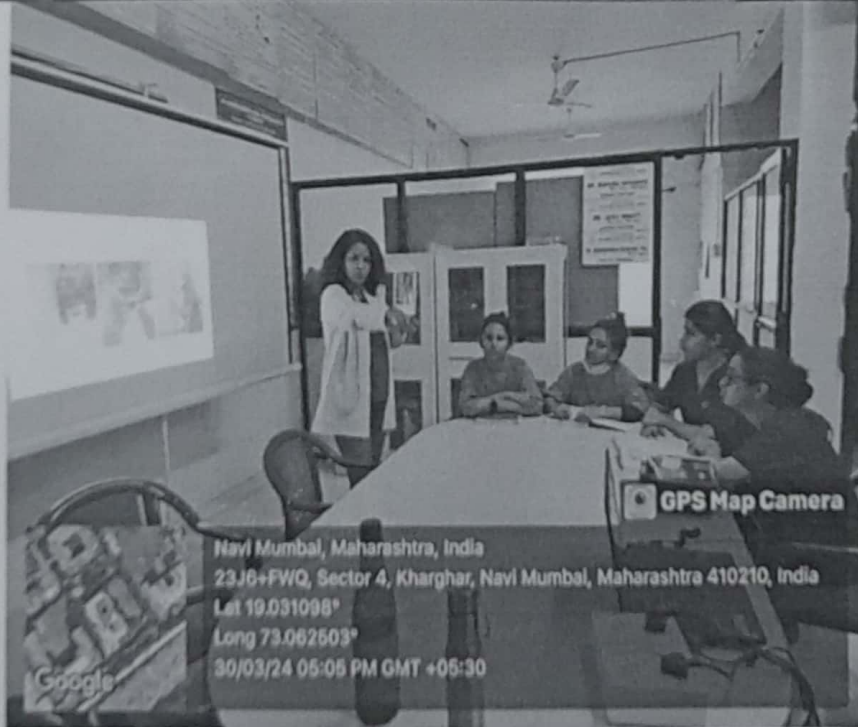
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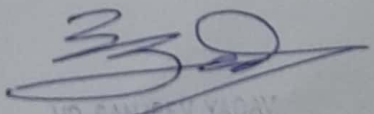
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23J6+FWQ, Sector 4, Kharghar, Navi Mumbai, Maharashtra 410210, India  
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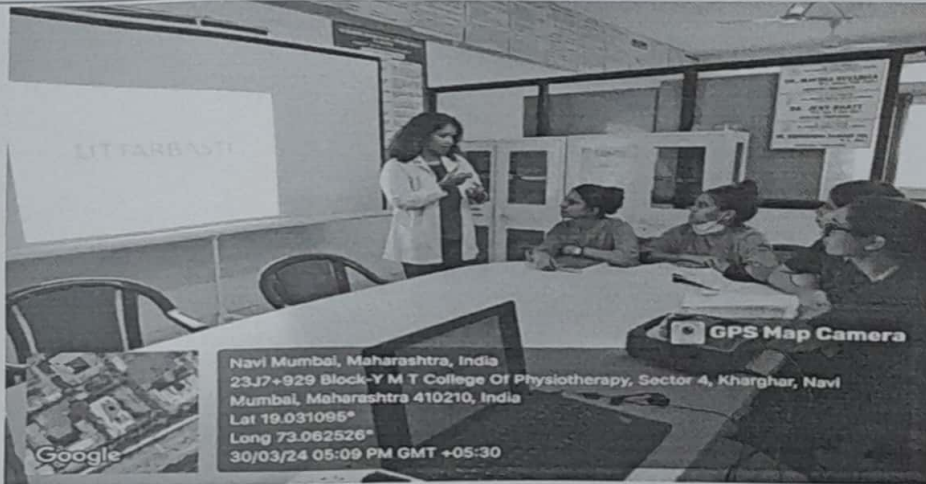
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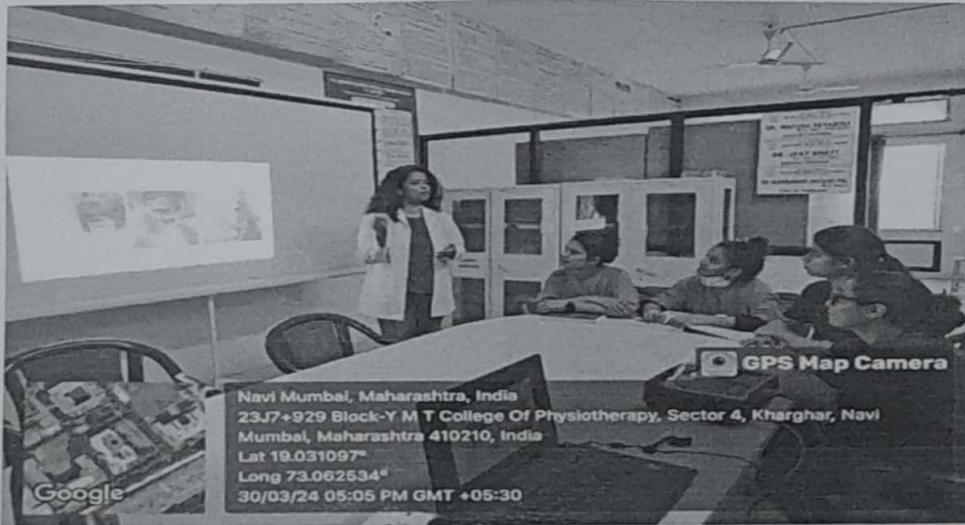
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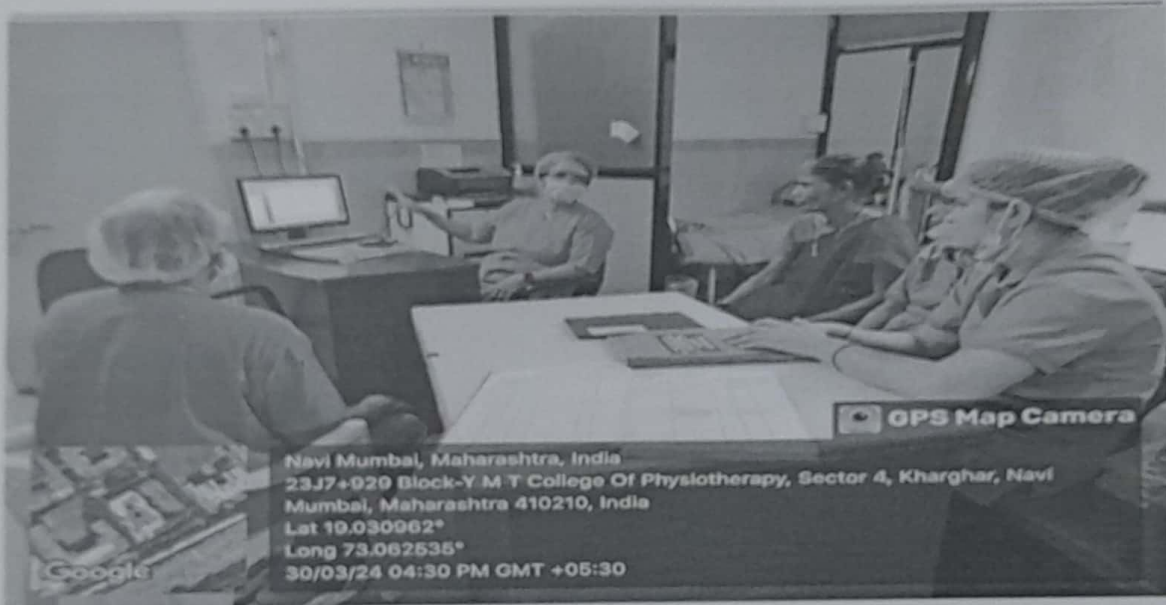
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**ACTIVITY REPORT**

**Title of the event-** PG & Therapist TRAINING PROGRAMME 2024

**Date-** 30/03/2024

**Duration-** AFTERNOON 2.30PM TO 4.30 PM

**Venue-** PTSR THERAPY ROOM

**Co-ordinator** – Dr.Pranali Dandekar (Asso. Professor)

**Objectives-**

- 1) Aware new PGS and therapists about therapy and clinical procedures of all Sthanik chikitsa carried out for various menstrual disorders and infertility like GYNAEC diseases.
- 2) Explain Ayurvedic management by Sthanik chikitsa like Uttarbasti, Yonidhavan etc.
- 3) Brief information about dos and don'ts of procedures.

**Description** – Dr. Pranali Dandekar (Asso. Professor) of PTSR DEPT has demonstrated training of various Sthanik chikitsa procedures like Uttarbasti, yonidhavan , Yonipichu, Ksharpratisaran to the new pgs of first year 2024 batch and therapist(staff) on 30-03-24. Queries of the PGS and staff members were explained in brief.

**Feedback-** The whole session was very informative and fruitful for the listeners. All PGS and staff members have shown extreme interest in Ayurvedic management of Sthanik chikitsa procedures like yonidhavan, Yonipichu, Ksharpratisaran, uttarbasti on menstrual disorder, irregular menses, PCOD, infertility and obesity.

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**FEEDBACK**

**PG's  
Feedback.**

Signs .

- |    |   |  |
|----|---|--|
| 1. | Programme was good. (Dr. Neha Sapagane)                       |  |
| 2. | Excellent Execution of Training programme (Dr. Sonali Kelkar) |  |
| 3. | Learned a lot in this training programme (Dr. Sonal Nakate)   |  |
| 4. | Nicely done training programme (Dr. Sana Shaikh)              |  |

**OT Staff's  
Feedback.**

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- |   |  |               |
|---|--|---------------|
| ① | प्रोग्राम खंडाला होत (Mrs. Vandana Suryavashi)           |               |
| ② | Very interesting and easy to understand (Mr Pooja Patil) |               |
| ③ | प्रोग्राम खंडाला होत (Manvesh Sunde)                     | मनवेश सुंदे   |
| ④ | प्रोग्राम खंडाला होत (Sumita Wakode)                     | सुमिता वाकोडे |