



**DR. G.D. POL FOUNDATION'S
YMT AYURVEDIC MEDICAL COLLEGE & HOSPITAL
NAVI MUMBAI**

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Institutional Area, Sector-4, Kharghar, Navi Mumbai 410210

Institutional Policy of integration

Purpose-

To create the platform for issues, challenges and opportunities arising in the field of AYUSH and other than the AYUSH system of medicine.

Scope-

This integration policy is applicable to YMTAMCH Kharghar.

Policy-

Institute has the policy to provide better diagnostic, treatment facilities and higher quality of health care services to the patients Procedure for integration. The meetings regarding integration policy will be conducted with consultants. Important points regarding inclusion of health care systems other than Ayurveda will be discussed. During which the treatment protocols to support the traditional health system will be developed with the help of consultants of all clinical departments.

The Principal will sign the final policy of integration. Then it will be circulated to all the concerned departments. Standard operating protocols will be strictly followed by the concerned departments. Evaluation of these protocols will be done periodically and necessary action will be taken for improvement. DR GD pol foundation houses various department such as Dental, Homeopathy, Radiology, Physiotherapy, Yoga , Pathology. IPD / OPD patients of YMTAMCH, who are in need of expert opinion from any of the departments mentioned, are referred for the same.

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Response:

In continuation with the aim of WHO, the primary focus is on Integrated health systems to provide seamless care or coordinated care for patients and their families.

YMTA has been providing integrated health systems such as Ayurveda, Yoga, Allopathy and dental care, physiotherapy, homeopathy to the community since the establishment of hospital

Aim:

1. To provide higher quality of healthcare and better outcomes for patients.
2. To ensure patient transitions appropriately through health care systems to provide the best value and service to patients.
3. Integration of Yoga and Ayurveda for preventive and curative measures.
4. To provide more efficient and better service, this leads to better health outcomes for patients.

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Integration policy of Institutional hospital through framework of various departments is as follows:

A. Health care systems of AYUSH :

The concept of Pure Ayurvedic treatment is enrolled in most of the patients in respective departments. Hence with a view to serve them, An Ayurvedic Dispensing Unit exists in the YMTAMCH.

a. Swasthavritta & Yoga Department:

1. Different Yogasana, Pranayam, Yognidra, diet plan etc are advised according to the need of the patient for preventive and curative purposes.
2. IPD and OPD patients will be referred to yoga consultants and will attend daily diet and yoga therapy sessions till admission in hospital.

B. Integrated Health care systems under OTHER THAN AYUSH :

a. Rog Nidan Department:

1. Radiological and pathological investigations are done in the central lab.
2. Collaboration with other registered diagnostic labs has been done for specific investigations.

b. Swasthavritta & Yoga Department:

Yoga centre has been established.

MD. RAJESH KIDARI
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c. Prasuti tantra and stree roga Department:

1. Caesarian sections, Hysterectomies and other gynecological surgeries are done under supervision of consultants.
2. Approved PCPNDT Centre.

d. Balroga Department:

1. NICU has been established and is functional under the supervision of a Pediatrician.
2. The hospital has a Government recognized vaccination center, the programme is scheduled on the third Friday of every month.

e. Kayachikitsa department:

ICU facilities is available for emergency management and collaboration with higher center for tertiary care

f. PanchaKarma Department:

Separate Physiotherapy OPD under Panchakarma Department is available.

g. Shalyatantra Department:

OT complex with Well-equipped major and minor OT is available. Various surgeries are performed and also have collaboration with higher centres for tertiary care.

h. Shalakya tantra Department:

1. A separate Dental OPD is functional.
2. Ophthalmic / ENT OPD and OT are functional
3. Regular Optician is available.

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