



This is to certify that Dr. G. D. POL FOUNDATION YMT AYURVEDIC MEDICAL COLLEGE AND HOSPITAL, Kharghar, Navi Mumbai has completed our 10 post marketing surveillance clinical trials in collaboration with us in 2022-23 successfully and satisfactorily

The reports of clinical trials are attached.

Names of 10 titles of clinical trials are as follows----

1. Post marketing surveillance of Chyavan tablet
2. Post marketing surveillance of piles care capsule
3. Post marketing surveillance IBS relief tablet
4. Post marketing surveillance constipation relief tablet
5. Post marketing surveillance acidity relief tablet
6. Post marketing surveillance of period wellness capsule
7. Post marketing surveillance of liver care capsule
8. Post marketing surveillance of diabex capsule
9. Post marketing surveillance of PCOS capsule
10. Post marketing surveillance of stress relief tablets

Authorised sign

Dr. Sandip Mali
Sr. Manager -R &D
Herbolab India Pvt. Ltd

OFFICE: F-15, 6th Floor, Commerce Centre Co-op. Soc. Ltd., 78 Tardeo Road, Mumbai Central
(W), Mumbai – 400 034

Email: contact@drvaidyas.com · Website: www.drvaidyas.com

REPORT OF CLINICAL TRIALS

TITLE- POST MARKETING SURVEY FOR CHAYAN TABLET.

FUNDING AGENCY- HERBOLAB INDIA PVT LTD.?

PERIOD OF CLINICAL TRIAL- 12/08/2022-19/01/2023.

FUNDING RECIVED- 50000/-

PRINCIPAL COORDINATOR- Dr Jai Kini

CO INVESTIGATOR- Dr Snehal Yadav

SAMPLE SIZE- 20

SUMMARY-

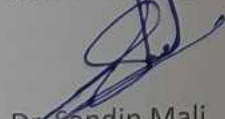
8 Patients had improvement in stamina.

4 had no relief.

5 Patients had complaint about chest burn and nausea.

3 Patient were beefing about palatability and taste.

Authorised sign



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REPORT OF CLINICAL TRIALS

TITLE- POST MARKETING SURVEY FOR IBS RELIEF TABLET.

FUNDING AGENCY- HERBOLAB INDIA PVT LTD.

PERIOD OF CLINICAL TRIAL- 16/08/2022-25/01/2023.

FUNDING RECIVED- 50000/-

PRINCIPAL COORDINATOR- Dr Jai Kini.

CO INVESTIGATOR- Dr Kalpana Dhomse.

SAMPLE SIZE- 20.

SUMMARY-

5 Patients were completely relieved.

17 Patients had no relief.

3 Patients complained about constipation.

11 patients relived from abdominal pain

Authorised sign

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REPORT OF CLINICAL TRIALS

TITLE-POST MARKETING SURVEY FOR CONSTIPATION RELIEF CAPSULE.

FUNDING AGENCY- HERBOLAB INDIA PVT LTD.

PERIOD OF CLINICAL TRIAL- 19/08/2022- 25/01/2023.

FUNDING RECEIVED– RS 50000/-

PRINCIPAL COORDINATOR- DR Jai Kini.

CO INVESTIGATOR- Dr Jyoti Jangle.

SAMPLE SIZE- 20.

SUMMARY-

15 Patients were completely relieved, had soothing stools.

3 Patients had no relief.

2 Patients complained about burning during defecation.

Authorised sign

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Sr. Manager -R &D

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REPORT OF CLINICAL TRIALS

TITLE- POST MARKETING SURVEY FOR ACIDITY RELIEF CAPSULE.

FUNDING AGENCY- HERBOLAB INDIA PVT LTD.

PERIOD OF CLINICAL TRIAL- 10/08/2022-10/01/2023.

FUNDING RECEIVED– RS 50000/-

PRINCIPAL COORDINATOR- Dr Jai Kini.

CO INVESTIGATOR- Dr Viraj Kelkar.

SAMPLE SIZE- 20.

SUMMARY-

15 Patients were completely relieved.

3 Patients had no relief.

2 Patients complained about no change in chest burn.

10 patients were reported improved appetite

Authorised sign

Authorised sign

Dr. Sandip Mali

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REPORT OF CLINICAL TRIALS

TITLE- POST MARKETING SURVEY FOR PERIOD WELLNESS CAPSULE.

FUNDING AGENCY- HERBOLAB INDIA PVT LTD.

PERIOD OF CLINICAL TRIAL- 09/08/2022- 19/01/2023.

FUNDING RECEIVED– RS 50000/-

PRINCIPAL COORDINATOR- Dr Jai Kini.

CO INVESTIGATOR- Dr Nishigandha Pol.

SAMPLE SIZE- 20.

SUMMARY-

The trail gave positive outcome and all 20 patients had regular painless menses.

Authorised sign

Dr. Sanjiv Mali

Sr. Manager -R &D
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REPORT OF CLINICAL TRIALS

TITLE-POST MARKETING SURVEY FOR PILES CARE CAPSULE.

FUNDING AGENCY- HERBOLAB INDIA PVT LTD.

PERIOD OF CLINICAL TRIAL- 16/8/2022- 25/1/2023.

FUNDING RECEIVED– RS 50000/-

PRINCIPAL COORDINATOR- Dr Jai Kini

CO INVESTIGATOR- Dr Varsha tangde

SAMPLE SIZE- 20

SUMMARY-

The pain was relieved in all the patients.

10 patients were having mild bleeding.

5 patients had complaints of constipation.

7patients were feeling better in weakness

Authorised sign

Dr.Sandip Mali

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REPORT OF CLINICAL TRIALS

TITLE- POST MARKETING SURVEY FOR LIVER CARE CAPSULE.

FUNDING AGENCY- HERBO LAB INDIA PVT LTD.

PERIOD OF CLINICAL TRIAL- 16/8/2022- 20/1/2023.

FUNDING RECEIVED– RS 50000/-

PRINCIPAL COORDINATOR- Dr Jai Kini.

CO INVESTIGATOR- Dr Pravin Jagtap.

SAMPLE SIZE- 20

SUMMARY-

Significant results obtained for patients after completion of course.

Post illness Serum Bilirubin (direct) was decreased by 1-1.5.

Appetite has been increased.

General weakness has been decreased in all patients.

Authorised sign

Dr.Sandeep Mali

Sr. Manager -R &D
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REPORT OF CLINICAL TRIALS

TITLE- POST MARKETING SURVEY FOR DIBEX CAPSULE.

FUNDING AGENCY- HERBOLAB INDIA PVT LTD.

PERIOD OF CLINICAL TRIAL- 17/8/2022- 27/1/2023

FUNDING RECEIVED– RS 50000/-

PRINCIPAL COORDINATOR- Dr Jai Kini.

CO INVESTIGATOR- Dr Pramod Pol.

SAMPLE SIZE- 20.

SUMMARY-

Patient weight was reduced of 17 patients.

Appetite has been increased in 19 patients.

BSL fasting and PP was coming under normal range of 13 patients.

HbA1c was reduced by 1-1.5.

Decreased Polyuria.

Decreased general debility.

Authorised sign

Dr. Sandip Mali

Sr. Manager -R &D

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REPORT OF CLINICAL TRIALS

TITLE- POST MARKETING SURVEY FOR STRESS RELIEF TABLETS.

FUNDING AGENCY- HERBOLAB INDIA PVT LTD.?

PERIOD OF THE CLINICAL TRIAL- 11/08/2022-03/01/2023.

FUNDING RECEIVED- 50000/-

PRINCIPAL COORDINATOR- Dr Jai Kini

CO INVESTIGATOR- DR PREMANAD BHALERAO

SAMPLE SIZE- 20

SUMMARY-

3 Patients had improvement in sleeping pattern.

15 had GOT SOUND SLEEP

2 Patients had complaint about anxiety on taking tablets.

7 were dropped out

Stress relief capsules are effective for sound sleep

Authorised sign

Dr.Sandip Mali

Sr.Manager -R &D
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REPORT OF CLINICAL TRIALS

TITLE- POST MARKETING SURVEY FOR PCOS CAPSULE

FUNDING AGENCY- HERBOLAB INDIA PVT LTS

PERIOD OF CLINICAL TRIAL- 16/8/2022- 19/1/2023

FUNDING RECEIVED– RS 50000/-

PRINCIPAL COORDINATOR- Dr Jai kini

CO INVESTIGATOR- Dr Jeny Bhat

SAMPLE SIZE- 20

SUMMARY-

The ovulation was regularized after one month in 18 patients.

The amount of discharge was increased up to normal level in 12 patients

The appetite of the patient has been increased.

2 patients didn't get results they were remained as no change

7 patients claimed that the complexion has been improved

10 patients reported the improvement in skin texture

14 patients relived constipation

Authorised sign

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Research File

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DR. G. D. POL FOUNDATION

**Y.M.T. AYURVEDIC MEDICAL COLLEGE & HOSPITAL
P. G. INSTITUTE**

Institutional Area, Sector - 4, Kharghar, Navi Mumbai - 410 210.

Ref. No.: YMTA/PG/156/2023

Date : 24/07/2023

To

The Registrar
MUHS
Nashik

Subject- Regarding submission of hard copies and original bills of the LTRG and STRG research grant completed projects of the 2019 -20 Research competition.

Respected Sir/ Madam

We at Dr. G. D. Pol Foundation YMT Ayurvedic Medical College and Hospital Kharghar, have completed our Long term and Short term projects allotted to us after the research competition held in Ashta for 2019-20.

Due to the Covid pandemic and the subsequent lockdown we received the approval letters on 6th October, 2021. After which we could officially start working on the same.

We have completed our projects in the stipulated time and also did our presentations on 20th December 2022 in the muhs online meeting for the same.

As per the committees instructions regarding STRG and LTRG submission guidelines we have prepared the black book and mailed the same with report of projects and scanned copies of original bills to muhs.

We are herewith submitting hard copies of all the necessary documents said by university.

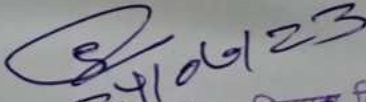
Details of the Projects-

Name of the projects and researcher of LTRG and STRG

1. Dr. Seema Mehre- LTRG - To Study The Efficacy of Shatapushpa Regimen In Artav Vyapat. W.S.R. to Anovulatory Cycles.

2. Dr. Sandeep Rajput-LTRG - Assessment of Tricholepis Glaberrimer Brahmdandi Swaras in Tamak Shwas in Children Open Randomized Comparatively Study.

3. Dr. Shilpak Sadgune - LTRG- Assessment of the roll of arogyavardhani vati for preparation of heamorrhoids in post operative heamorrhoids in post operative heamorrhoidectomy.


24/07/23
महाराष्ट्र आयुर्वेद विज्ञान विद्यापीठ
महाराष्ट्र, पना-४२२ ००४, नाशिक - ४२२ ००४



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Institutional Area, Sector - 4, Kharghar, Navi Mumbai - 410 210.

Ref. No.:

Date : _____


4. Dr. Snehal Patil-LTRG - Assessment of Association of Depression And Annavaha Srotas Dushti in BAMS Students.

5. Miss. Aaliya Inamdar- STRG - Assessment of Saamavastha With Special Reference To Urine Examination.

6. Mr. Raj Gurav - STRG - Assessment of Saamavastha With Special Reference To Stool Examination.

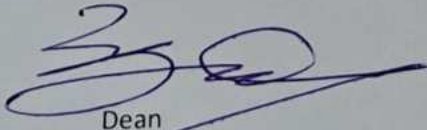
7. Dr. Ankita Patil Tandel-STRG - Physico-Chemical And Nutritional Profile of Types of Takra (Buttermilk) Prepared by Different Methods Mentioned in Bhavaprakash Nighantu.

List of documents of the above mentioned research projects submitted as follows,

1. Approval letter
2. Progress reports
3. Statement of expenditure
4. Original bills
5. Synopsis 1
6. ~~Black book~~ 

Kindly do the needful.

Waiting for further instructions.



Dean

V.D. SANJEEV YADAV
PRINCIPAL

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