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| | DR.G.D.POL FOUNDATION | | |
| | YMT Ayurvedic Medical College ,Kharghar Navi Mumbai | | |
| | Academic Calender of First BAMS- 2024-2025 | | |
| | Start from 4/11/2024 to 15/3/2026 | | |
| | | | |
| 04-11-2024 | | Monday | |
| | 11am to 12.pm | Inaugural Function | |
| | 12am to 12.30pm | Interaction With Parents | PTCC WITH HOD |
| | 12.30pm to 1pm | Interaction With Students | |
| | 1am to 2 pm | Lunch | |
| | 2pm to3pm | Introduction About Modern Medicine And Other Systems Of Medicine | VD. APARNA SATHE |
| | 3pm to 4pm | Importance Of Sanskrit Language | SHUKLA SIR |
| 05-11-2024 | | Tuesday | |
| | 9 am to 10 am | | |
| | 10am to 11.am | Uniqueness Of Ayurveda/Siddha/Sowa Rigpa/Unani (ASSU) Compared To Other Systems Of Medicine | VD. MANOJ JAGTAP |
| | 11am to 12 pm | Importance Of Rachana Sharir | VD. PREMANAND BHALERAO |
| | 12pm to 1 pm | Language Vadatu Sanskritam) | SHUKLA SIR |
| | 1pm to 2pm | Lunch | |
| | 2pm 3 pm | Know Your Institute And Department Visit | |
| | 3pm to -4pm | Motivational Lecture Including By Eminent Person Of ASU | Vd. Prashant Waghmare |
| 06-11-2024 | | Wednesday | |
| | 9 am to 10 am | Recent Advances In ASU | VD. HRISHIKESH NAGVEKAR |
| | 10am to 11.am | Importance Of Panchkarma | VD. AMANDEEP KAUR |
| | 11am to 12 pm | Know Regulatory Bodies & Statutory Bodies And Major AYUSH Institutions | Vd. Jai Kini |
| | 12pm to 1 pm | Language Vadatu Sanskritam | SHUKLA SIR |
| | 1pm to 2pm | Lunch | |

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| | 2pm 3 pm | COSMETOLOGY IN AYURVEDA | VD. KIRTI DEO |
| | 3pm to -4pm | Lecture By Eminent Person Of ASU | VD. DIGVIJAY JAGTAP |
| 07-11-2024 | | Thursday | |
| | 9am to 10 am | Introduction To Kriya Sharir | VD. PANKAJA CHAUDHARI |
| | 10am to 11am | Role Of ASU In Public Health And Primary Health Centre | VD. JAYESH KUMBHAR |
| | 11am to 12pm | Importance Of Padarth Vidnyan | VD. SMRITI MISHRA |
| | 12 pm to 1pm | Language Vadatu Sanskritam | SHUKLA SIR |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | Know Your Institute And Department Visit | |
| | 3pm to 4.pm | ROLE OF PHYSICIAN IN SOCIETY | VD. PRASHANT THORAT |
| 08-11-2024 | | Friday | |
| | 9am to 10am | Language Vadatu Sanskritam | SHUKLA SIR |
| | 10am to -11 am | Importance Of Ayurved Itihas | VD. SMRITI MISHRA |
| | 11am to 12pm | Know Your Institute And Department Visit | |
| | 12pm to 1 pm | Basics Of Prakriti Pareeksha | VD. PANKAJA CHAUDHARI |
| | 1pm to 2pm | Lunch | |
| | 2pm to 4pm | Skills – Basic Life Support (BLS) And First Aid | VD. SHIPLAK SADGUNE |
| 09-11-2024 | | Saturday | |
| | 9am to 10am | Importance Of Samhita Adhyayan | VD. SMRITI MISHRA |
| | 10am to 11am | Language Vadatu Sanskritam | SHUKLA SIR |
| | 11am to 12pm | | Vd. Vikas Ghorpade |
| | 12pm to 1pm | Basics Of Prakriti Pareeksha | VD. PANKAJA CHAUDHARI |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | Importance Of Baalroga | VD. RAGHAVENDRA PANDILWAR |
| | 3pm to 4pm | Importance Of Kayachiktsa | |
| 10-11-2024 | | Sunday | |
| 11-11-2024 | | Monday | |
| | 9am to 10am | Recent Advancements In ASU | |
| | 10am to 11 am | Language Vadatu Sanskritam | SHUKLA SIR |
| | 11am to 12pm | | Vd. Sujata Samant |
| | 12p to 1pm | Vrikshaayurveda And Mrigayurveda | VD. MANDAR KARVE |

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| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | Eminent Speaker From ASU | |
| | 3pm to 4pm | | |
| 12-11-2024 | | Tuesday | |
| | 9am to 10am | Yoga And Meditation | KANNAMA SINGH |
| | 10am to 11.am | Biodiversity And ASU | VD. ABHISHEK GHORPADE |
| | 11.am to 12.pm | Language. Vadatu Samskritam | SHUKLA SIR |
| | 12pm to 1pm | History, Philosophy And Concepts Of ASU- Introduction By Eminent Person. | Vd. Jayashri Vaidya |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3Pm | Lecture From Eminent Person In ASU | |
| | 3pm to 4pm | Games And Activities | |
| 13-11-2024 | | Wednesday | |
| | 9am to 10am | Communicative English | |
| | 10am to 11am | Biodiversity And ASU | Vd. Atul Jadhav |
| | 11am to 12pm | Language. Vadatu Samskritam | SHUKLA SIR |
| | 12pm to 1pm | Yoga And Meditation | KANNAMA SINGH |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | Importance Of Shalyatantra | VD. DNYANESHWAR CHAVAN |
| | 3pm to 4pm | Importance Of Shalakyta Tantra | VD. |
| 14-11-2024 | | Thursday | |
| | 9am to 10am | Communicative English | |
| | 10am to 11am | Know Your Syllabus, Lectures By Hod | |
| | 11am to 12pm | Language. Vadatu Samskritam | SHUKLA SIR |
| | 12pm to 1pm | Yoga Practice And Relaxation Techniques | KANNAMA SINGH |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | Computer Skills | |
| | 3pm to 4pm | Lecture From Eminent Person In ASU | |
| 15-11-2024 | | Holiday Gurunanak jayanti | |
| 16-11-2024 | | Friday | |
| | 9am to 10am | Language Vadatu Samskritam | SHUKLA SIR |

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| | 10am to 11am | Lecture By Eminent Pharmaceutical Industrialist/ Researcher/ Educationist Etc | VD. HIMALI GOLE |
| | 11am to 12pm | National Health Status, Goals And Policies | VD. JAYESH KUMBHAR |
| | 12pm to 1pm | Stress Management And Capacity Building To Address Medical Challenges | |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | Importance Of Strirog And Prasutitantra | |
| | 3pm to 4pm | Eminent Speaker From Ayurveda | VD. PARAS GOLECHA |
| 17-11-2024 | | Sunday | |
| 18-11-2024 | | Monday | |
| | 9am to 10am | | |
| | 10am to 11am | Language Vadatu Samskritam | SHUKLA SIR |
| | 11am to 12pm | Importance Of Agadtantra | |
| | 12pm to 1pm | Importance Of Rognidan | VD. ARCHANA GHARGE |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | ABROAD CAREER OPPORTUNITIES | VD. PRADNYA MORE |
| | 3pm to 4pm | Feedback By The Students | |
| 19-11-2024 | | Tuesday | |
| | 9am to 11am | Importance Of Diet In ASU | VD. JAYESH KUMBHAR |
| | 11am to 12am | Personal Health & Hygiene (Dinacharya) | VD. VISHAL KULKARNI |
| | 12pm to 1pm | Language Vadatu Samskritam | SHUKLA SIR |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | Time Management | Vd. Hemal Bheda |
| | 3pm to 4pm | Biomedical Waste Management | VD. SHIVANI GUPTA |
| 20-11-2024 | | Wednesday | |
| | Learning Skills | | |
| | 9am to 10am | Understanding Interpersonal Relationship In A Health Care Team | |
| | 10am to 11am | Understanding The Role Of Mentoring | |
| | 11am to 1pm | Comprehend The Learning Pedagogy And The Role In Learning Skills | |

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| | 1am to 2pm | Lunch | |
| | 2pm to 3pm | Understanding The Process Of Group Learning And Group Dynamics | |
| | 3pm to 4pm | Understanding Different Methods Of Self-Learning And Collaborative Learning | |
| 21-11-2024 | | | |
| | 9am to 1 pm | Field Visit To Other Institutions, Eminent Practitioners, AYUSH Hospitals /Dispensaries, Pharmaceuticals And Other Institutions | |
| | 2pm to 4 pm | Nutan Vidyarthi Swagat Samaranbh | Ayurved Vyaspeeth Navi Mumbai |
| 22-11-2024 | | Friday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir B | Vd. Niraj Dandekar |
| | 9am to 11am | NLH-P Kriya Sharir A | Vd.Sampada Thakur |
| | 11am to 12am | NLH-T Samhita Adhyayan 1 | Vd.Smriti Mishra |
| | 12pm to 1pm | LH-Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Rachna Sharir | Dr.Akshta chavan |
| | 3pm to 4pm | Physical Education | |
| | 4pm to 4.30pm | Remedial Coaching-Kriya Sharir | |
| 23-11-2024 | | Saturday | |
| | Time | Subject | Teacher name |
| | 9am to 10am | NLH-T Rachna Sharir | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | NLH-P-Rachna Sharir-B (1Hr) | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | Library Batch A | |
| | 11am to 12am | LH-Rachna Sharir | Vd.Manoj Jagtap |
| | 12pm to 1pm | LH-Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Samhita adhyayan 1 | Vd.Mandar Karve |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |

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| | 4pm to 4.30pm | Preceptor Meet | |
| 24-11-2024 | | Sunday | |
| 25-11-2024 | | Monday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir A | Vd. Sayali |
| | 9am to 11am | NLH-P KriYa Sharir B | Vd.Sampada |
| | 11am to 12am | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 12pm to 1pm | LH-Kriya Sharir | Vd.Deepa Kale |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 26-11-2024 | | Tuesday | |
| | Time | Subject | Teacher name |
| | 9am to 10am | NLH-T Kriya Sharir | Vd.Deepa/Pankaja/Ujjwala |
| | 10am to 11am | NLH-P-Rachna Sharir-A (1Hr) | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | Library Batch B | |
| | 11am to 12am | Recreational activity | |
| | 12pm to 1pm | LH-Rachna Sharir | Vd.Niraj |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | NLH-T Samhita Adhyayan 1 | Vd.smriti Mishra/Vd.Jayashree |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 27-11-2024 | | Wednesday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir A | Vd. Sayali |
| | 9am to 11am | NLH-P Kriya Sharir B | Vd.Poonam |
| | 11am to 12am | LH-Rachna Sharir | Vd.Premanand Bhalerao |
| | 12pm to 1pm | NLH-T Samhita Adhyayan 1 | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Kriya Sharir | Vd.Pankaja Chaudhari |
| | 3pm to 4pm | LH-Padarth Vidnyan | Vd.Smriti Mishra |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |

| 28-11-2024 | Thursday | | |
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| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir B | Vd. Niraj Dandekar |
| | 9am to 11am | NLH-P Kriya Sharir A | Vd.Poonam |
| | 11am to 12am | Clinical training | Vd.jayashri Vaidya |
| | 12pm to 1pm | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | NLH-T Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 3pm to 4pm | NLH-P Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Rachna Saharir | |
| 29-11-2024 | Friday | | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir B | Vd. Niraj Dandekar |
| | 9am to 11am | NLH-P Kriya Sharir A | Vd.Sampada Thakur |
| | 11am to 12am | NLH-T Samhita Adhyayan 1 | Vd.Smriti Mishra |
| | 12pm to 1pm | LH-Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Rachna Sharir | Dr.Akshta chavan |
| | 3pm to 4pm | Physical Education | |
| | 4pm to 4.30pm | Remedial Coaching-Kriya Sharir | |
| 30-11-2024 | Saturday | | |
| | Time | Subject | Teacher name |
| | 9am to 10am | NLH-T Rachna Sharir | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | NLH-P-Rachna Sharir-B (1Hr) | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | Library Batch A | |
| | 11am to 12am | LH-Rachna Sharir | Vd.Manoj Jagtap |
| | 12pm to 1pm | LH-Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Samhita adhyayan 1 | Vd.Mandar Karve |
| | 3pm to 4pm | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 4pm to 4.30pm | Preceptor Meet | |
| 01-12-2024 | Sunday | | |
| 02-12-2024 | Monday | | |

| | Time | Subject | Teacher name |
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| | 9am to 11am | NLH-P Rachna Sharir A | Vd. Sayali |
| | 9am to 11am | NLH-P Kriya Sharir B | Vd.Sampada |
| | 11am to 12am | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 12pm to 1pm | LH-Kriya Sharir | Vd.Deepa Kale |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 03-12-2024 | Tuesday | | |
| | Time | Subject | Teacher name |
| | 9am to 10am | NLH-T Kriya Sharir | Vd.Deepa/Pankaja/Ujjwala |
| | 10am to 11am | NLH-P-Rachna Sharir-A (1Hr) | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | Library Batch B | |
| | 11am to 12am | LH-kriya Sharir | Vd.Ujjawla |
| | 12pm to 1pm | LH-Rachna Sharir | Vd.Niraj |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | NLH-T Samhita Adhyayan 1 | Vd.smriti Mishra/Vd.Jayashree |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 04-12-2024 | Wednesday | | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir A | Vd. Sayali |
| | 9am to 11am | NLH-P Kriya Sharir B | Vd.Poonam |
| | 11am to 12am | LH-Rachna Sharir | Vd.Premanand Bhalerao |
| | 12pm to 1pm | NLH-T Samhita Adhyayan 1 | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Kriya Sharir | Vd.Pankaja Chaudhari |
| | 3pm to 4pm | LH-Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 05-12-2024 | Thursday | | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir B | Vd. Niraj Dandekar |

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| | 9am to 11am | NLH-P Kriya Sharir A | Vd.Poonam |
| | 11am to 12am | LH-Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 12pm to 1pm | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | NLH-T Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 3pm to 4pm | NLH-P Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Rachna Saharir | |
| 06-12-2024 | | Friday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir B | Vd. Niraj Dandekar |
| | 9am to 11am | NLH-P Kriya Sharir A | Vd.Sampada Thakur |
| | 11am to 12am | NLH-T Samhita Adhyayan 1 | Vd.Smriti Mishra |
| | 12pm to 1pm | LH-Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Rachna Sharir | Dr.Akshta chavan |
| | 3pm to 4pm | Physical Education | |
| | 4pm to 4.30pm | Remedial Coaching-Kriya Sharir | |
| 07-12-2024 | | Saturday | |
| | Time | Subject | Teacher name |
| | 9am to 10am | NLH-T Rachna Sharir | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | NLH-P-Rachna Sharir-B (1Hr) | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | Library Batch A | |
| | 11am to 12am | LH-Rachna Sharir | Vd.Manoj Jagtap |
| | 12pm to 1pm | LH-Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Samhita adhyayan 1 | Vd.Mandar Karve |
| | 3pm to 4pm | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 4pm to 4.30pm | Preceptor Meet | |
| 08-12-2024 | | Sunday | |
| 09-12-2024 | | Monday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir A | Vd. Sayali |

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| | 9am to 11am | NLH-P KriYa Sharir B | Vd.Sampada |
| | 11am to 12am | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 12pm to 1pm | LH-Kriya Sharir | Vd.Deepa Kale |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 10-12-2024 | Tuesday | | |
| | Time | Subject | Teacher name |
| | 9am to 10am | NLH-T Kriya Sharir | Vd.Deepa/Pankaja/Ujjwala |
| | 10am to 11am | NLH-P-Rachna Sharir-A (1Hr) | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | Library Batch B | |
| | 11am to 12am | LH-kriya Sharir | Vd.Ujjawla |
| | 12pm to 1pm | LH-Rachna Sharir | Vd.Niraj |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | NLH-T Samhita Adhyayan 1 | Vd.smriti Mishra/Vd.Jayashree |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 11-12-2024 | Wednesday | | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir A | Vd. Sayali |
| | 9am to 11am | NLH-P Kriya Sharir B | Vd.Poonam |
| | 11am to 12am | LH-Rachna Sharir | Vd.Premanand Bhalerao |
| | 12pm to 1pm | NLH-T Samhita Adhyayan 1 | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Kriya Sharir | Vd.Pankaja Chaudhari |
| | 3pm to 4pm | LH-Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 12-12-2024 | Thursday | | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir B | Vd. Niraj Dandekar |
| | 9am to 11am | NLH-P Kriya Sharir A | Vd.Poonam |
| | 11am to 12am | Clinical training | Vd.jayashri Vaidya |

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| | 12pm to 1pm | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | NLH-T Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 3pm to 4pm | NLH-P Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Rachna Saharir | |
| 13-12-2024 | | Friday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir B | Vd. Niraj Dandekar |
| | 9am to 11am | NLH-P Kriya Sharir A | Vd.Sampada Thakur |
| | 11am to 12am | NLH-T Samhita Adhyayan 1 | Vd.Smriti Mishra |
| | 12pm to 1pm | LH-Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Rachna Sharir | Dr.Akshta chavan |
| | 3pm to 4pm | Physical Education | |
| | 4pm to 4.30pm | Remedial Coaching-Kriya Sharir | |
| 14-12-2024 | | Saturday | |
| | Time | Subject | Teacher name |
| | 9am to 10am | NLH-T Rachna Sharir | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | NLH-P-Rachna Sharir-B (1Hr) | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | Library Batch A | |
| | 11am to 12am | LH-Rachna Sharir | Vd.Manoj Jagtap |
| | 12pm to 1pm | LH-Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Samhita adhyayan 1 | Vd.Mandar Karve |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Preceptor Meet | |
| 15-12-2024 | | Sunday | |
| 16-12-2024 | | Monday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir A | Vd. Sayali |
| | 9am to 11am | NLH-P KriYa Sharir B | Vd.Sampada |
| | 11am to 12am | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 12pm to 1pm | LH-Kriya Sharir | Vd.Deepa Kale |

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| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 17-12-2024 | Tuesday | | |
| | Time | Subject | Teacher name |
| | 9am to 10am | NLH-T Kriya Sharir | Vd.Deepa/Pankaja/Ujjwala |
| | 10am to 11am | NLH-P-Rachna Sharir-A (1Hr) | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | Library Batch B | |
| | 11am to 12am | LH-kriya Sharir | Vd.Ujjawla |
| | 12pm to 1pm | LH-Rachna Sharir | Vd.Niraj |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | NLH-T Samhita Adhyayan 1 | Vd.smriti Mishra/Vd.Jayashree |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 18//12/2024 | Wednesday | | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir A | Vd. Sayali |
| | 9am to 11am | NLH-P Kriya Sharir B | Vd.Poonam |
| | 11am to 12am | LH-Rachna Sharir | Vd.Premanand Bhalerao |
| | 12pm to 1pm | NLH-T Samhita Adhyayan 1 | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Kriya Sharir | Vd.Pankaja Chaudhari |
| | 3pm to 4pm | LH-Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 19-12-2024 | Thursday | | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir B | Vd. Niraj Dandekar |
| | 9am to 11am | NLH-P Kriya Sharir A | Vd.Poonam |
| | 11am to 12am | LH-Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 12pm to 1pm | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | NLH-T Samhita Adhyayan 1 | Vd.jayashri Vaidya |

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| | 3pm to 4pm | NLH-P Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Rachna Saharir | |
| 20-12-2024 | | Friday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir B | Vd. Niraj Dandekar |
| | 9am to 11am | NLH-P Kriya Sharir A | Vd.Sampada Thakur |
| | 11am to 12am | NLH-T Samhita Adhyayan 1 | Vd.Smriti Mishra |
| | 12pm to 1pm | LH-Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Rachna Sharir | Dr.Akshta chavan |
| | 3pm to 4pm | Physical Education | |
| | 4pm to 4.30pm | Remedial Coaching-Kriya Sharir | |
| 21-12-2024 | | Saturday | |
| | Time | Subject | Teacher name |
| | 9am to 10am | NLH-T Rachna Sharir | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | NLH-P-Rachna Sharir-B (1Hr) | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | Library Batch A | |
| | 11am to 12am | LH-Rachna Sharir | Vd.Manoj Jagtap |
| | 12pm to 1pm | LH-Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Samhita adhyayan 1 | Vd.Mandar Karve |
| | 3pm to 4pm | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 4pm to 4.30pm | Preceptor Meet | |
| 22-12-2024 | | Sunday | |
| 23-12-2024 | | Monday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir A | Vd. Sayali |
| | 9am to 11am | NLH-P KriYa Sharir B | Vd.Sampada |
| | 11am to 12am | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 12pm to 1pm | LH-Kriya Sharir | Vd.Deepa Kale |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Samhita Adhyayan 1 | Vd.jayashri Vaidya |

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| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 24-12-2024 | Tuesday | | |
| | Time | Subject | Teacher name |
| | 9am to 10am | NLH-T Kriya Sharir | Vd.Deepa/Pankaja/Ujjwala |
| | 10am to 11am | NLH-P-Rachna Sharir-A (1Hr) | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | Library Batch B | |
| | 11am to 12am | Recreational activity | |
| | 12pm to 1pm | LH-Rachna Sharir | Vd.sayali |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | NLH-T Samhita Adhyayan 1 | Vd.smriti Mishra/Vd.Jayashree |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 25-12-2024 | | Holiday -Christmas | |
| 26-12-2024 | Thursday | | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir B | Vd. Niraj Dandekar |
| | 9am to 11am | NLH-P Kriya Sharir A | Vd.Poonam |
| | 11am to 12am | Clinical training | Vd.jayashri Vaidya |
| | 12pm to 1pm | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | NLH-T Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 3pm to 4pm | NLH-P Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Rachna Saharir | |
| 27-12-2024 | Friday | | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir B | Vd. Niraj Dandekar |
| | 9am to 11am | NLH-P Kriya Sharir A | Vd.Sampada Thakur |
| | 11am to 12am | NLH-T Samhita Adhyayan 1 | Vd.Smriti Mishra |
| | 12pm to 1pm | LH-Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Rachna Sharir | Dr.Akshta chavan |
| | 3pm to 4pm | Physical Education | |

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| | 4pm to 4.30pm | Remedial Coaching-Kriya Sharir | |
| 28-12-2024 | | Saturday | |
| | Time | Subject | Teacher name |
| | 9am to 10am | NLH-T Rachna Sharir | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | NLH-P-Rachna Sharir-B (1Hr) | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | Library Batch A | |
| | 11am to 12am | LH-Rachna Sharir | Vd.Manoj Jagtap |
| | 12pm to 1pm | LH-Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Samhita adhyayan 1 | Vd.Mandar Karve |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Preceptor Meet | |
| 29-12-2024 | | Sunday | |
| 30-12-2024 | | Monday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir A | Vd. Sayali |
| | 9am to 11am | NLH-P KriYa Sharir B | Vd.Sampada |
| | 11am to 12am | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 12pm to 1pm | LH-Kriya Sharir | Vd.Deepa Kale |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 31-12-2024 | | Tuesday | |
| | Time | Subject | Teacher name |
| | 9am to 10am | NLH-T Kriya Sharir | Vd.Deepa/Pankaja/Ujjwala |
| | 10am to 11am | NLH-P-Rachna Sharir-A (1Hr) | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | Library Batch B | |
| | 11am to 12am | LH-kriya Sharir | Vd.Ujjawla |
| | 12pm to 1pm | LH-Rachna Sharir | Vd.Niraj |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | NLH-T Samhita Adhyayan 1 | Vd.smriti Mishra/Vd.Jayashree |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |

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| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 01-01-2025 | | Wednesday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir A | Vd. Sayali |
| | 9am to 11am | NLH-P Kriya Sharir B | Vd.Poonam |
| | 11am to 12am | LH-Rachna Sharir | Vd.Premanand Bhalerao |
| | 12pm to 1pm | NLH-T Samhita Adhyayan 1 | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Kriya Sharir | Vd.Pankaja Chaudhari |
| | 3pm to 4pm | LH-Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 02-01-2025 | | Thursday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir B | Vd. Niraj Dandekar |
| | 9am to 11am | NLH-P Kriya Sharir A | Vd.Poonam |
| | 11am to 12am | LH-Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 12pm to 1pm | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | NLH-T Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 3pm to 4pm | NLH-P Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Rachna Saharir | |
| 03-01-2025 | | Friday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir B | Vd. Niraj Dandekar |
| | 9am to 11am | NLH-P Kriya Sharir A | Vd.Sampada Thakur |
| | 11am to 12am | NLH-T Samhita Adhyayan 1 | Vd.Smriti Mishra |
| | 12pm to 1pm | LH-Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Rachna Sharir | Dr.Akshta chavan |
| | 3pm to 4pm | Physical Education | |
| | 4pm to 4.30pm | Remedial Coaching-Kriya Sharir | |
| 04-01-2025 | | Saturday | |
| | Time | Subject | Teacher name |

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| | 9am to 10am | NLH-T Rachna Sharir | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | NLH-P-Rachna Sharir-B (1Hr) | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | Library Batch A | |
| | 11am to 12am | LH-Rachna Sharir | Vd.Manoj Jagtap |
| | 12pm to 1pm | LH-Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Samhita adhyayan 1 | Vd.Mandar Karve |
| | 3pm to 4pm | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 4pm to 4.30pm | Preceptor Meet | |
| 05-01-2025 | | Sunday | |
| 06-01-2025 | | Monday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir A | Vd. Sayali |
| | 9am to 11am | NLH-P KriYa Sharir B | Vd.Sampada |
| | 11am to 12am | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 12pm to 1pm | LH-Kriya Sharir | Vd.Deepa Kale |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 07-01-2025 | | Tuesday | |
| | Time | Subject | Teacher name |
| | 9am to 10am | NLH-T Kriya Sharir | Vd.Deepa/Pankaja/Ujjwala |
| | 10am to 11am | NLH-P-Rachna Sharir-A (1Hr) | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | Library Batch B | |
| | 11am to 12am | LH-kriya Sharir | Vd.Ujjawla |
| | 12pm to 1pm | LH-Rachna Sharir | Vd.Niraj |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | NLH-T Samhita Adhyayan 1 | Vd.smriti Mishra/Vd.Jayashree |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 08-01-2025 | | Wednesday | |
| | Time | Subject | Teacher name |

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| | 9am to 11am | NLH-P Rachna Sharir A | Vd. Sayali |
| | 9am to 11am | NLH-P Kriya Sharir B | Vd.Poonam |
| | 11am to 12am | LH-Rachna Sharir | Vd.Premanand Bhalerao |
| | 12pm to 1pm | NLH-T Samhita Adhyayan 1 | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Kriya Sharir | Vd.Pankaja Chaudhari |
| | 3pm to 4pm | LH-Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 09-01-2025 | | Thursday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir B | Vd. Niraj Dandekar |
| | 9am to 11am | NLH-P Kriya Sharir A | Vd.Poonam |
| | 11am to 12am | Clinical training | Vd.jayashri Vaidya |
| | 12pm to 1pm | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | NLH-T Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 3pm to 4pm | NLH-P Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Rachna Saharir | |
| 10-01-2025 | | Friday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir B | Vd. Niraj Dandekar |
| | 9am to 11am | NLH-P Kriya Sharir A | Vd.Sampada Thakur |
| | 11am to 12am | NLH-T Samhita Adhyayan 1 | Vd.Smriti Mishra |
| | 12pm to 1pm | LH-Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Rachna Sharir | Dr.Akshta chavan |
| | 3pm to 4pm | Physical Education | |
| | 4pm to 4.30pm | Remedial Coaching-Kriya Sharir | |
| 11-01-2025 | | Saturday | |
| | Time | Subject | Teacher name |
| | 9am to 10am | NLH-T Rachna Sharir | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | NLH-P-Rachna Sharir-B (1Hr) | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | Library Batch A | |

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| | 11am to 12am | LH-Rachna Sharir | Vd.Manoj Jagtap |
| | 12pm to 1pm | LH-Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Samhita adhyayan 1 | Vd.Mandar Karve |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Preceptor Meet | |
| 12-01-2025 | | Sunday | |
| 13-01-2025 | | Monday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir A | Vd. Sayali |
| | 9am to 11am | NLH-P KriYa Sharir B | Vd.Sampada |
| | 11am to 12am | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 12pm to 1pm | LH-Kriya Sharir | Vd.Deepa Kale |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 14-01-2025 | | Tuesday | |
| | Time | Subject | Teacher name |
| | 9am to 10am | NLH-T Kriya Sharir | Vd.Deepa/Pankaja/Ujjwala |
| | 10am to 11am | NLH-P-Rachna Sharir-A (1Hr) | Vd.Manoj/Premanand/Akshata |
| | 10am to 11am | Library Batch B | |
| | 11am to 12am | LH-kriya Sharir | Vd.Ujjawla |
| | 12pm to 1pm | LH-Rachna Sharir | Vd.Niraj |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | NLH-T Samhita Adhyayan 1 | Vd.smriti Mishra/Vd.Jayashree |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 15-01-2025 | | Wednesday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir A | Vd. Sayali |
| | 9am to 11am | NLH-P Kriya Sharir B | Vd.Poonam |
| | 11am to 12am | LH-Rachna Sharir | Vd.Premanand Bhalerao |

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| | 12pm to 1pm | NLH-T Samhita Adhyayan 1 | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Kriya Sharir | Vd.Pankaja Chaudhari |
| | 3pm to 4pm | LH-Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 16-01-2025 | | Thursday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir B | Vd. Niraj Dandekar |
| | 9am to 11am | NLH-P Kriya Sharir A | Vd.Poonam |
| | 11am to 12am | LH-Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 12pm to 1pm | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | NLH-T Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 3pm to 4pm | NLH-P Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Rachna Saharir | |
| 17-01-2025 | | Friday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir B | Vd. Niraj Dandekar |
| | 9am to 11am | NLH-P Kriya Sharir A | Vd.Sampada Thakur |
| | 11am to 12am | NLH-T Samhita Adhyayan 1 | Vd.Smriti Mishra |
| | 12pm to 1pm | LH-Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Rachna Sharir | Dr.Akshta chavan |
| | 3pm to 4pm | Physical Education | |
| | 4pm to 4.30pm | Remedial Coaching-Kriya Sharir | |
| 18-01-2025 | | Saturday | |
| | Time | Subject | Teacher name |
| | 9am to 10am | NLH-T Rachna Sharir | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | NLH-P-Rachna Sharir-B (1Hr) | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | Library Batch A | |
| | 11am to 12am | LH-Rachna Sharir | Vd.Manoj Jagtap |
| | 12pm to 1pm | LH-Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |

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| | 2pm to 3pm | LH-Samhita adhyayan 1 | Vd.Mandar Karve |
| | 3pm to 4pm | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 4pm to 4.30pm | Preceptor Meet | |
| 19-01-2025 | | Sunday | |
| 20-01-2025 | | Monday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir A | Vd. Sayali |
| | 9am to 11am | NLH-P KriYa Sharir B | Vd.Sampada |
| | 11am to 12am | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 12pm to 1pm | LH-Kriya Sharir | Vd.Deepa Kale |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 21-01-2025 | | Tuesday | |
| | Time | Subject | Teacher name |
| | 9am to 10am | NLH-T Kriya Sharir | Vd.Deepa/Pankaja/Ujjwala |
| | 10am to 11am | NLH-P-Rachna Sharir-A (1Hr) | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | Library Batch B | |
| | 11am to 12am | LH-kriya Sharir | Vd.Ujjawla |
| | 12pm to 1pm | LH-Rachna Sharir | Vd.Niraj |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | NLH-T Samhita Adhyayan 1 | Vd.smriti Mishra/Vd.Jayashree |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 22-01-2025 | | Wednesday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir A | Vd. Sayali |
| | 9am to 11am | NLH-P Kriya Sharir B | Vd.Poonam |
| | 11am to 12am | LH-Rachna Sharir | Vd.Premanand Bhalerao |
| | 12pm to 1pm | NLH-T Samhita Adhyayan 1 | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Kriya Sharir | Vd.Pankaja Chaudhari |

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| | 3pm to 4pm | LH-Padarth Vidnyan | Vd.Smriti Mishra |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 23-01-2025 | | Thursday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir B | Vd. Niraj Dandekar |
| | 9am to 11am | NLH-P Kriya Sharir A | Vd.Poonam |
| | 11am to 12am | Clinical training | Vd.jayashri Vaidya |
| | 12pm to 1pm | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | NLH-T Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 3pm to 4pm | NLH-P Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Rachna Saharir | |
| 24-01-2025 | | Friday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir B | Vd. Niraj Dandekar |
| | 9am to 11am | NLH-P Kriya Sharir A | Vd.Sampada Thakur |
| | 11am to 12am | NLH-T Samhita Adhyayan 1 | Vd.Smriti Mishra |
| | 12pm to 1pm | LH-Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Rachna Sharir | Dr.Akshta chavan |
| | 3pm to 4pm | Physical Education | |
| | 4pm to 4.30pm | Remedial Coaching-Kriya Sharir | |
| 25-01-2025 | | Saturday | |
| | Time | Subject | Teacher name |
| | 9am to 10am | NLH-T Rachna Sharir | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | NLH-P-Rachna Sharir-B (1Hr) | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | Library Batch A | |
| | 11am to 12am | LH-Rachna Sharir | Vd.Manoj Jagtap |
| | 12pm to 1pm | LH-Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Samhita adhyayan 1 | Vd.Mandar Karve |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Preceptor Meet | |

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| 26-01-2025 | | Sunday | |
| 27-01-2025 | | Monday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir A | Vd. Sayali |
| | 9am to 11am | NLH-P KriYa Sharir B | Vd.Sampada |
| | 11am to 12am | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 12pm to 1pm | LH-Kriya Sharir | Vd.Deepa Kale |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 28-01-2025 | | Tuesday | |
| | Time | Subject | Teacher name |
| | 9am to 10am | NLH-T Kriya Sharir | Vd.Deepa/Pankaja/Ujjwala |
| | 10am to 11am | NLH-P-Rachna Sharir-A (1Hr) | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | Library Batch B | |
| | 11am to 12am | Recreational activity | |
| | 12pm to 1pm | LH-Rachna Sharir | Vd.sayali |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | NLH-T Samhita Adhyayan 1 | Vd.smriti Mishra/Vd.Jayashree |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 29-01-2025 | | Wednesday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir A | Vd. Sayali |
| | 9am to 11am | NLH-P Kriya Sharir B | Vd.Poonam |
| | 11am to 12am | LH-Rachna Sharir | Vd.Premanand Bhalerao |
| | 12pm to 1pm | NLH-T Samhita Adhyayan 1 | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Kriya Sharir | Vd.Pankaja Chaudhari |
| | 3pm to 4pm | LH-Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 30-01-2025 | | Thursday | |

| | Time | Subject | Teacher name |
|------------|---------------|----------------------------------|---------------------------|
| | 9am to 11am | NLH-P Rachna Sharir B | Vd. Niraj Dandekar |
| | 9am to 11am | NLH-P Kriya Sharir A | Vd.Poonam |
| | 11am to 12am | LH-Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 12pm to 1pm | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | NLH-T Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 3pm to 4pm | NLH-P Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Rachna Saharir | |
| 31-01-2025 | | Friday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir B | Vd. Niraj Dandekar |
| | 9am to 11am | NLH-P Kriya Sharir A | Vd.Sampada Thakur |
| | 11am to 12am | NLH-T Samhita Adhyayan 1 | Vd.Smriti Mishra |
| | 12pm to 1pm | LH-Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Rachna Sharir | Dr.Akshta chavan |
| | 3pm to 4pm | Physical Education | |
| | 4pm to 4.30pm | Remedial Coaching-Kriya Sharir | |
| 01-02-2025 | | Saturday | |
| | Time | Subject | Teacher name |
| | 9am to 10am | NLH-T Rachna Sharir | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | NLH-P-Rachna Sharir-B (1Hr) | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | Library Batch A | |
| | 11am to 12am | LH-Rachna Sharir | Vd.Manoj Jagtap |
| | 12pm to 1pm | LH-Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Samhita adhyayan 1 | Vd.Mandar Karve |
| | 3pm to 4pm | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 4pm to 4.30pm | Preceptor Meet | |
| 02-02-2025 | | Sunday | |
| 03-02-2025 | | Monday | |

| | Time | Subject | Teacher name |
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| | 9am to 11am | NLH-P Rachna Sharir A | Vd. Sayali |
| | 9am to 11am | NLH-P KriYa Sharir B | Vd.Sampada |
| | 11am to 12am | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 12pm to 1pm | LH-Kriya Sharir | Vd.Deepa Kale |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 04-02-2025 | Tuesday | | |
| | Time | Subject | Teacher name |
| | 9am to 10am | NLH-T Kriya Sharir | Vd.Deepa/Pankaja/Ujjwala |
| | 10am to 11am | NLH-P-Rachna Sharir-A (1Hr) | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | Library Batch B | |
| | 11am to 12am | LH-kriya Sharir | Vd.Ujjawla |
| | 12pm to 1pm | LH-Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | NLH-T Samhita Adhyayan 1 | Vd.smriti Mishra/Vd.Jayashree |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 05-02-2025 | Wednesday | | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir A | Vd. Sayali |
| | 9am to 11am | NLH-P Kriya Sharir B | Vd.Poonam |
| | 11am to 12am | LH-Rachna Sharir | Vd.Premanand Bhalerao |
| | 12pm to 1pm | NLH-T Samhita Adhyayan 1 | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Kriya Sharir | Vd.Pankaja Chaudhari |
| | 3pm to 4pm | LH-Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 06-02-2025 | Thursday | | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir B | Vd. Niraj Dandekar |

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| | 9am to 11am | NLH-P Kriya Sharir A | Vd.Poonam |
| | 11am to 12am | LH-Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 12pm to 1pm | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | NLH-T Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 3pm to 4pm | NLH-P Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Rachna Saharir | |
| 07-02-2025 | | Friday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir B | Vd. Niraj Dandekar |
| | 9am to 11am | NLH-P Kriya Sharir A | Vd.Sampada Thakur |
| | 11am to 12am | NLH-T Samhita Adhyayan 1 | Vd.Smriti Mishra |
| | 12pm to 1pm | LH-Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Rachna Sharir | Dr.Akshta chavan |
| | 3pm to 4pm | Physical Education | |
| | 4pm to 4.30pm | Remedial Coaching-Kriya Sharir | |
| 08-02-2025 | | Saturday | |
| | Time | Subject | Teacher name |
| | 9am to 10am | NLH-T Rachna Sharir | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | NLH-P-Rachna Sharir-B (1Hr) | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | Library Batch A | |
| | 11am to 12am | LH-Rachna Sharir | Vd.Manoj Jagtap |
| | 12pm to 1pm | LH-Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Samhita adhyayan 1 | Vd.Mandar Karve |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Preceptor Meet | |
| 09-02-2025 | | Sunday | |
| 10-02-2025 | | Monday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir A | Vd. Sayali |

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| | 9am to 11am | NLH-P KriYa Sharir B | Vd.Sampada |
| | 11am to 12am | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 12pm to 1pm | LH-Kriya Sharir | Vd.Deepa Kale |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 11-02-2025 | Tuesday | | |
| | Time | Subject | Teacher name |
| | 9am to 10am | NLH-T Kriya Sharir | Vd.Deepa/Pankaja/Ujjwala |
| | 10am to 11am | NLH-P-Rachna Sharir-A (1Hr) | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | Library Batch B | |
| | 11am to 12am | LH-kriya Sharir | Vd.Ujjawla |
| | 12pm to 1pm | LH-Rachna Sharir | Vd.Niraj |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | NLH-T Samhita Adhyayan 1 | Vd.smriti Mishra/Vd.Jayashree |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 12-02-2025 | Wednesday | | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir A | Vd. Sayali |
| | 9am to 11am | NLH-P Kriya Sharir B | Vd.Poonam |
| | 11am to 12am | LH-Rachna Sharir | Vd.Premanand Bhalerao |
| | 12pm to 1pm | NLH-T Samhita Adhyayan 1 | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Kriya Sharir | Vd.Pankaja Chaudhari |
| | 3pm to 4pm | LH-Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 13-02-2025 | Thursday | | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir B | Vd. Niraj Dandekar |
| | 9am to 11am | NLH-P Kriya Sharir A | Vd.Poonam |
| | 11am to 12am | Clinical training | Vd.jayashri Vaidya |

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| | 12pm to 1pm | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | NLH-T Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 3pm to 4pm | NLH-P Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Rachna Saharir | |
| 14-02-2025 | | Friday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir B | Vd. Niraj Dandekar |
| | 9am to 11am | NLH-P Kriya Sharir A | Vd.Sampada Thakur |
| | 11am to 12am | NLH-T Samhita Adhyayan 1 | Vd.Smriti Mishra |
| | 12pm to 1pm | LH-Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Rachna Sharir | Dr.Akshta chavan |
| | 3pm to 4pm | Physical Education | |
| | 4pm to 4.30pm | Remedial Coaching-Kriya Sharir | |
| 15-02-2025 | | Saturday | |
| | Time | Subject | Teacher name |
| | 9am to 10am | NLH-T Rachna Sharir | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | NLH-P-Rachna Sharir-B (1Hr) | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | Library Batch A | |
| | 11am to 12am | LH-Rachna Sharir | Vd.Manoj Jagtap |
| | 12pm to 1pm | LH-Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Samhita adhyayan 1 | Vd.Mandar Karve |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Preceptor Meet | |
| 16-02-2025 | | Sunday | |
| 17-02-2025 | | Monday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir A | Vd. Sayali |
| | 9am to 11am | NLH-P KriYa Sharir B | Vd.Sampada |
| | 11am to 12am | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 12pm to 1pm | LH-Kriya Sharir | Vd.Deepa Kale |

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| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 3pm to 4pm | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 18-02-2025 | Tuesday | | |
| | Time | Subject | Teacher name |
| | 9am to 10am | NLH-T Kriya Sharir | Vd.Deepa/Pankaja/Ujjwala |
| | 10am to 11am | NLH-P-Rachna Sharir-A (1Hr) | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | Library Batch B | |
| | 11am to 12am | LH-kriya Sharir | Vd.Ujjawla |
| | 12pm to 1pm | LH-Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | NLH-T Samhita Adhyayan 1 | Vd.smriti Mishra/Vd.Jayashree |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 19-02-2025 | Holiday -Chatrapati Shivaji maharaj jayanti | | |
| 20-02-2025 | Thursday | | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir B | Vd. Niraj Dandekar |
| | 9am to 11am | NLH-P Kriya Sharir A | Vd.Poonam |
| | 11am to 12am | LH-Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 12pm to 1pm | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | NLH-T Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 3pm to 4pm | NLH-P Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Rachna Saharir | |
| 21-02-2025 | Friday | | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir B | Vd. Niraj Dandekar |
| | 9am to 11am | NLH-P Kriya Sharir A | Vd.Sampada Thakur |
| | 11am to 12am | NLH-T Samhita Adhyayan 1 | Vd.Smriti Mishra |
| | 12pm to 1pm | LH-Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 1pm to 2pm | Lunch | |

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| | 2pm to 3pm | LH-Rachna Sharir | Dr.Akshta chavan |
| | 3pm to 4pm | Physical Education | |
| | 4pm to 4.30pm | Remedial Coaching-Kriya Sharir | |
| 22-02-2025 | | Saturday | |
| | Time | Subject | Teacher name |
| | 9am to 10am | NLH-T Rachna Sharir | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | NLH-P-Rachna Sharir-B (1Hr) | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | Library Batch A | |
| | 11am to 12am | LH-Rachna Sharir | Vd.Manoj Jagtap |
| | 12pm to 1pm | LH-Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Samhita adhyayan 1 | Vd.Mandar Karve |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Preceptor Meet | |
| 23-02-2025 | | Sunday | |
| 24-02-2025 | | Monday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir A | Vd. Sayali |
| | 9am to 11am | NLH-P KriYa Sharir B | Vd.Sampada |
| | 11am to 12am | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 12pm to 1pm | LH-Kriya Sharir | Vd.Deepa Kale |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 25-02-2025 | | Tuesday | |
| | Time | Subject | Teacher name |
| | 9am to 10am | NLH-T Kriya Sharir | Vd.Deepa/Pankaja/Ujjwala |
| | 10am to 11am | NLH-P-Rachna Sharir-A (1Hr) | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | Library Batch B | |
| | 11am to 12am | Recreational activity | |
| | 12pm to 1pm | LH-Rachna Sharir | Vd.Sayali |

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| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | NLH-T Samhita Adhyayan 1 | Vd.smriti Mishra/Vd.Jayashree |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 26-02-2025 | Holiday-mahashivratri | | |
| 27-02-2025 | | Thursday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir B | Vd. Niraj Dandekar |
| | 9am to 11am | NLH-P Kriya Sharir A | Vd.Poonam |
| | 11am to 12am | Clinical training | Vd.jayashri Vaidya |
| | 12pm to 1pm | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | NLH-T Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 3pm to 4pm | NLH-P Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Rachna Saharir | |
| 28-02-2025 | | Friday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir B | Vd. Niraj Dandekar |
| | 9am to 11am | NLH-P Kriya Sharir A | Vd.Sampada Thakur |
| | 11am to 12am | NLH-T Samhita Adhyayan 1 | Vd.Smriti Mishra |
| | 12pm to 1pm | LH-Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Rachna Sharir | Dr.Akshta chavan |
| | 3pm to 4pm | Physical Education | |
| | 4pm to 4.30pm | Remedial Coaching-Kriya Sharir | |
| 01-03-2025 | | Saturday | |
| | Time | Subject | Teacher name |
| | 9am to 10am | NLH-T Rachna Sharir | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | NLH-P-Rachna Sharir-B (1Hr) | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | Library Batch A | |
| | 11am to 12am | LH-Rachna Sharir | Vd.Manoj Jagtap |
| | 12pm to 1pm | LH-Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |

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| | 2pm to 3pm | LH-Samhita adhyayan 1 | Vd.Mandar Karve |
| | 3pm to 4pm | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 4pm to 4.30pm | Preceptor Meet | |
| 02-03-2025 | | Sunday | |
| 03-03-2025 | | Monday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir A | Vd. Sayali |
| | 9am to 11am | NLH-P KriYa Sharir B | Vd.Sampada |
| | 11am to 12am | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 12pm to 1pm | LH-Kriya Sharir | Vd.Deepa Kale |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 04-03-2025 | | Tuesday | |
| | Time | Subject | Teacher name |
| | 9am to 10am | NLH-T Kriya Sharir | Vd.Deepa/Pankaja/Ujjwala |
| | 10am to 11am | NLH-P-Rachna Sharir-A (1Hr) | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | Library Batch B | |
| | 11am to 12am | LH-kriya Sharir | Vd.Ujjawla |
| | 12pm to 1pm | LH-Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | NLH-T Samhita Adhyayan 1 | Vd.smriti Mishra/Vd.Jayashree |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 05-03-2025 | | Wednesday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir A | Vd. Sayali |
| | 9am to 11am | NLH-P Kriya Sharir B | Vd.Poonam |
| | 11am to 12am | LH-Rachna Sharir | Vd.Premanand Bhalerao |
| | 12pm to 1pm | NLH-T Samhita Adhyayan 1 | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Kriya Sharir | Vd.Pankaja Chaudhari |

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| | 3pm to 4pm | LH-Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 06-03-2025 | | Thursday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir B | Vd. Niraj Dandekar |
| | 9am to 11am | NLH-P Kriya Sharir A | Vd.Poonam |
| | 11am to 12am | LH-Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 12pm to 1pm | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | NLH-T Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 3pm to 4pm | NLH-P Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Rachna Saharir | |
| 07-03-2025 | | Friday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir B | Vd. Niraj Dandekar |
| | 9am to 11am | NLH-P Kriya Sharir A | Vd.Sampada Thakur |
| | 11am to 12am | NLH-T Samhita Adhyayan 1 | Vd.Smriti Mishra |
| | 12pm to 1pm | LH-Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Rachna Sharir | Dr.Akshta chavan |
| | 3pm to 4pm | Physical Education | |
| | 4pm to 4.30pm | Remedial Coaching-Kriya Sharir | |
| 08-03-2025 | | Saturday | |
| | Time | Subject | Teacher name |
| | 9am to 10am | NLH-T Rachna Sharir | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | NLH-P-Rachna Sharir-B (1Hr) | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | Library Batch A | |
| | 11am to 12am | LH-Rachna Sharir | Vd.Manoj Jagtap |
| | 12pm to 1pm | LH-Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Samhita adhyayan 1 | Vd.Mandar Karve |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Preceptor Meet | |

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| 09-03-2025 | | Sunday | |
| 10-03-2025 | | Monday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir A | Vd. Sayali |
| | 9am to 11am | NLH-P KriYa Sharir B | Vd.Sampada |
| | 11am to 12am | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 12pm to 1pm | LH-Kriya Sharir | Vd.Deepa Kale |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 11-03-2025 | | Tuesday | |
| | Time | Subject | Teacher name |
| | 9am to 10am | NLH-T Kriya Sharir | Vd.Deepa/Pankaja/Ujjwala |
| | 10am to 11am | NLH-P-Rachna Sharir-A (1Hr) | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | Library Batch B | |
| | 11am to 12am | LH-kriya Sharir | Vd.Ujjawla |
| | 12pm to 1pm | LH-Rachna Sharir | Vd.Niraj |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | NLH-T Samhita Adhyayan 1 | Vd.smriti Mishra/Vd.Jayashree |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 12-03-2025 | | Wednesday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir A | Vd. Sayali |
| | 9am to 11am | NLH-P Kriya Sharir B | Vd.Poonam |
| | 11am to 12am | LH-Rachna Sharir | Vd.Premanand Bhalerao |
| | 12pm to 1pm | NLH-T Samhita Adhyayan 1 | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Kriya Sharir | Vd.Pankaja Chaudhari |
| | 3pm to 4pm | LH-Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 13-03-2025 | | Thursday | |

| | Time | Subject | Teacher name |
|------------|---------------------------|----------------------------------|---------------------------|
| | 9am to 11am | NLH-P Rachna Sharir B | Vd. Niraj Dandekar |
| | 9am to 11am | NLH-P Kriya Sharir A | Vd.Poonam |
| | 11am to 12am | Clinical training | Vd.jayashri Vaidya |
| | 12pm to 1pm | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | NLH-T Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 3pm to 4pm | NLH-P Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Rachna Saharir | |
| 14-03-2025 | Holiday-Dulivandan | | |
| 15-03-2025 | Saturday | | |
| | Time | Subject | Teacher name |
| | 9am to 10am | NLH-T Rachna Sharir | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | NLH-P-Rachna Sharir-B (1Hr) | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | Library Batch A | |
| | 11am to 12am | LH-Rachna Sharir | Vd.Manoj Jagtap |
| | 12pm to 1pm | LH-Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Samhita adhyayan 1 | Vd.Mandar Karve |
| | 3pm to 4pm | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 4pm to 4.30pm | Preceptor Meet | |
| 16-03-2025 | Sunday | | |
| 17-03-2025 | Monday | | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir A | Vd. Sayali |
| | 9am to 11am | NLH-P KriYa Sharir B | Vd.Sampada |
| | 11am to 12am | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 12pm to 1pm | LH-Kriya Sharir | Vd.Deepa Kale |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |

| 18-03-2025 | Tuesday | | |
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| | Time | Subject | Teacher name |
| | 9am to 10am | NLH-T Kriya Sharir | Vd.Deepa/Pankaja/Ujjwala |
| | 10am to 11am | NLH-P-Rachna Sharir-A (1Hr) | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | Library Batch B | |
| | 11am to 12am | LH-kriya Sharir | Vd.Ujjawla |
| | 12pm to 1pm | LH-Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | NLH-T Samhita Adhyayan 1 | Vd.smriti Mishra/Vd.Jayashree |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 19-03-2025 | Wednesday | | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir A | Vd. Sayali |
| | 9am to 11am | NLH-P Kriya Sharir B | Vd.Poonam |
| | 11am to 12am | LH-Rachna Sharir | Vd.Premanand Bhalerao |
| | 12pm to 1pm | NLH-T Samhita Adhyayan 1 | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Kriya Sharir | Vd.Pankaja Chaudhari |
| | 3pm to 4pm | LH-Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 20-03-2025 | Thursday | | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir B | Vd. Niraj Dandekar |
| | 9am to 11am | NLH-P Kriya Sharir A | Vd.Poonam |
| | 11am to 12am | LH-Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 12pm to 1pm | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | NLH-T Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 3pm to 4pm | NLH-P Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Rachna Saharir | |
| 21-03-2025 | Friday | | |
| | Time | Subject | Teacher name |

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| | 9am to 11am | NLH-P Rachna Sharir B | Vd. Niraj Dandekar |
| | 9am to 11am | NLH-P Kriya Sharir A | Vd.Sampada Thakur |
| | 11am to 12am | NLH-T Samhita Adhyayan 1 | Vd.Smriti Mishra |
| | 12pm to 1pm | LH-Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Rachna Sharir | Dr.Akshta chavan |
| | 3pm to 4pm | Physical Education | |
| | 4pm to 4.30pm | Remedial Coaching-Kriya Sharir | |
| 22-03-2025 | | Saturday | |
| | Time | Subject | Teacher name |
| | 9am to 10am | NLH-T Rachna Sharir | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | NLH-P-Rachna Sharir-B (1Hr) | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | Library Batch A | |
| | 11am to 12am | LH-Rachna Sharir | Vd.Manoj Jagtap |
| | 12pm to 1pm | LH-Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Samhita adhyayan 1 | Vd.Mandar Karve |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Preceptor Meet | |
| 23-03-2025 | | Sunday | |
| 24-03-2025 | | Monday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir A | Vd. Sayali |
| | 9am to 11am | NLH-P Kriya Sharir B | Vd.Sampada |
| | 11am to 12am | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 12pm to 1pm | LH-Kriya Sharir | Vd.Deepa Kale |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 25-03-2025 | | Tuesday | |
| | Time | Subject | Teacher name |

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| | 9am to 10am | NLH-T Kriya Sharir | Vd.Deepa/Pankaja/Ujjwala |
| | 10am to 11am | NLH-P-Rachna Sharir-A (1Hr) | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | Library Batch B | |
| | 11am to 12am | Recreational activity | |
| | 12pm to 1pm | LH-Rachna Sharir | Vd.Sayali |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | NLH-T Samhita Adhyayan 1 | Vd.smriti Mishra/Vd.Jayashree |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 26-03-2025 | | Wednesday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir A | Vd. Sayali |
| | 9am to 11am | NLH-P Kriya Sharir B | Vd.Poonam |
| | 11am to 12am | LH-Rachna Sharir | Vd.Premanand Bhalerao |
| | 12pm to 1pm | NLH-T Samhita Adhyayan 1 | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Kriya Sharir | Vd.Pankaja Chaudhari |
| | 3pm to 4pm | LH-Padarth Vidnyan | Vd.Smriti Mishra |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 27-03-2025 | | Thursday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir B | Vd. Niraj Dandekar |
| | 9am to 11am | NLH-P Kriya Sharir A | Vd.Poonam |
| | 11am to 12am | Clinical training | Vd.jayashri Vaidya |
| | 12pm to 1pm | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | NLH-T Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 3pm to 4pm | NLH-P Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Rachna Saharir | |
| 28-03-2025 | | Friday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir B | Vd. Niraj Dandekar |
| | 9am to 11am | NLH-P Kriya Sharir A | Vd.Sampada Thakur |

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| | 11am to 12am | NLH-T Samhita Adhyayan 1 | Vd.Smriti Mishra |
| | 12pm to 1pm | LH-Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Rachna Sharir | Dr.Akshta chavan |
| | 3pm to 4pm | Physical Education | |
| | 4pm to 4.30pm | Remedial Coaching-Kriya Sharir | |
| 29-03-2025 | | Saturday | |
| | Time | Subject | Teacher name |
| | 9am to 10am | NLH-T Rachna Sharir | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | NLH-P-Rachna Sharir-B (1Hr) | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | Library Batch A | |
| | 11am to 12am | LH-Rachna Sharir | Vd.Manoj Jagtap |
| | 12pm to 1pm | LH-Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Samhita adhyayan 1 | Vd.Mandar Karve |
| | 3pm to 4pm | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 4pm to 4.30pm | Preceptor Meet | |
| 30-03-2025 | | Sunday | |
| 31-03-2025 | | Holiday-R amadan id | |
| 01-04-2025 | | Tuesday | |
| | Time | Subject | Teacher name |
| | 9am to 10am | NLH-T Kriya Sharir | Vd.Deepa/Pankaja/Ujjwala |
| | 10am to 11am | NLH-P-Rachna Sharir-A (1Hr) | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | Library Batch B | |
| | 11am to 12am | LH-kriya Sharir | Vd.Ujjawla |
| | 12pm to 1pm | LH-Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | NLH-T Samhita Adhyayan 1 | Vd.smriti Mishra/Vd.Jayashree |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 02-04-2025 | | Wednesday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir A | Vd. Sayali |

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| | 9am to 11am | NLH-P Kriya Sharir B | Vd.Poonam |
| | 11am to 12am | LH-Rachna Sharir | Vd.Premanand Bhalerao |
| | 12pm to 1pm | NLH-T Samhita Adhyayan 1 | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Kriya Sharir | Vd.Pankaja Chaudhari |
| | 3pm to 4pm | LH-Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 03-04-2025 | | Thursday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir B | Vd. Niraj Dandekar |
| | 9am to 11am | NLH-P Kriya Sharir A | Vd.Poonam |
| | 11am to 12am | LH-Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 12pm to 1pm | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | NLH-T Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 3pm to 4pm | NLH-P Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Rachna Saharir | |
| 04-04-2025 | | Friday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir B | Vd. Niraj Dandekar |
| | 9am to 11am | NLH-P Kriya Sharir A | Vd.Sampada Thakur |
| | 11am to 12am | NLH-T Samhita Adhyayan 1 | Vd.Smriti Mishra |
| | 12pm to 1pm | LH-Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Rachna Sharir | Dr.Akshta chavan |
| | 3pm to 4pm | Physical Education | |
| | 4pm to 4.30pm | Remedial Coaching-Kriya Sharir | |
| 05-04-2025 | First term exam | Theory | |
| 06-04-2025 | | Sunday | |
| 07-04-2025 | First term exam | Theory | |
| 08-04-2025 | First term exam | Theory | |
| 09-04-2025 | First term exam | Theory | |
| 10-04-2025 | | Holiday-Mahavir jayanti | |

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| 11-04-2025 | First term exam | Theory | |
| 12-04-2025 | First term exam | Practical | |
| 13-04-2025 | | Sunday | |
| 14-04-2025 | Holiday-Dr.Babasaheb Ambedkar jayanti | | |
| 15-04-2025 | First term exam | Practical | |
| 16-04-2025 | First term exam | Practical | |
| 17-04-2025 | First term exam | Practical | |
| 18-04-2025 | | Holiday-GudFriday | |
| 19-04-2025 | First term exam | Practical | |
| 20-04-2025 | | Sunday | Annual Day |
| 21-04-2025 | Sport and Cultural Day | | |
| 22-04-2025 | Sport and Cultural Day | | |
| 23-04-2025 | Sport and Cultural Day | | |
| 24-04-2025 | Sport and Cultural Day | | |
| 25-04-2025 | Sport and Cultural Day | | |
| 26-04-2025 | Sport and Cultural Day | | |
| 27-04-2025 | Sunday | | |
| 28-04-2025 | | Monday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir A | Vd. Sayali |
| | 9am to 11am | NLH-P KriYa Sharir B | Vd.Sampada |
| | 11am to 12am | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 12pm to 1pm | LH-Kriya Sharir | Vd.Deepa Kale |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 29-04-2025 | Tuesday | | |
| | Time | Subject | Teacher name |
| | 9am to 10am | NLH-T Kriya Sharir | Vd.Deepa/Pankaja/Ujjwala |
| | 10am to 11am | NLH-P-Rachna Sharir-A (1Hr) | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | Library Batch B | |

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| | 11am to 12am | LH-kriya Sharir | Vd.Ujjawla |
| | 12pm to 1pm | LH-Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | NLH-T Samhita Adhyayan 1 | Vd.smriti Mishra/Vd.Jayashree |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 30-04-2025 | | Wednesday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir A | Vd. Sayali |
| | 9am to 11am | NLH-P Kriya Sharir B | Vd.Poonam |
| | 11am to 12am | LH-Rachna Sharir | Vd.Premanand Bhalerao |
| | 12pm to 1pm | NLH-T Samhita Adhyayan 1 | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Kriya Sharir | Vd.Pankaja Chaudhari |
| | 3pm to 4pm | LH-Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 01-05-2025 | | Holiday-Maharashtra day | |
| 02-05-2025 | | Friday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir B | Vd. Niraj Dandekar |
| | 9am to 11am | NLH-P Kriya Sharir A | Vd.Sampada Thakur |
| | 11am to 12am | NLH-T Samhita Adhyayan 1 | Vd.Smriti Mishra |
| | 12pm to 1pm | LH-Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Rachna Sharir | Dr.Akshta chavan |
| | 3pm to 4pm | Physical Education | |
| | 4pm to 4.30pm | Remedial Coaching-Kriya Sharir | |
| 03-05-2025 | | Saturday | |
| | Time | Subject | Teacher name |
| | 9am to 10am | NLH-T Rachna Sharir | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | NLH-P-Rachna Sharir-B (1Hr) | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | Library Batch A | |
| | 11am to 12am | LH-Rachna Sharir | Vd.Manoj Jagtap |

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| | 12pm to 1pm | LH-Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Samhita adhyayan 1 | Vd.Mandar Karve |
| | 3pm to 4pm | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 4pm to 4.30pm | Preceptor Meet | |
| 04-05-2025 | | Sunday | |
| 05-05-2025 | Monday | | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir A | Vd. Sayali |
| | 9am to 11am | NLH-P KriYa Sharir B | Vd.Sampada |
| | 11am to 12am | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 12pm to 1pm | LH-Kriya Sharir | Vd.Deepa Kale |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 06-05-2025 | Tuesday | | |
| | Time | Subject | Teacher name |
| | 9am to 10am | NLH-T Kriya Sharir | Vd.Deepa/Pankaja/Ujjwala |
| | 10am to 11am | NLH-P-Rachna Sharir-A (1Hr) | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | Library Batch B | |
| | 11am to 12am | LH-kriya Sharir | Vd.Ujjawla |
| | 12pm to 1pm | LH-Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | NLH-T Samhita Adhyayan 1 | Vd.smriti Mishra/Vd.Jayashree |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 07-05-2025 | Wednesday | | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir A | Vd. Sayali |
| | 9am to 11am | NLH-P Kriya Sharir B | Vd.Poonam |
| | 11am to 12am | LH-Rachna Sharir | Vd.Premanand Bhalerao |
| | 12pm to 1pm | NLH-T Samhita Adhyayan 1 | Vd.Smriti Mishra |

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| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Kriya Sharir | Vd.Pankaja Chaudhari |
| | 3pm to 4pm | LH-Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 08-05-2025 | | Thursday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir B | Vd. Niraj Dandekar |
| | 9am to 11am | NLH-P Kriya Sharir A | Vd.Poonam |
| | 11am to 12am | Clinical training | Vd.jayashri Vaidya |
| | 12pm to 1pm | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | NLH-T Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 3pm to 4pm | NLH-P Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Rachna Saharir | |
| 09-05-2025 | | Friday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir B | Vd. Niraj Dandekar |
| | 9am to 11am | NLH-P Kriya Sharir A | Vd.Sampada Thakur |
| | 11am to 12am | NLH-T Samhita Adhyayan 1 | Vd.Smriti Mishra |
| | 12pm to 1pm | LH-Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Rachna Sharir | Dr.Akshta chavan |
| | 3pm to 4pm | Physical Education | |
| | 4pm to 4.30pm | Remedial Coaching-Kriya Sharir | |
| 10-05-2025 | | Saturday | |
| | Time | Subject | Teacher name |
| | 9am to 10am | NLH-T Rachna Sharir | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | NLH-P-Rachna Sharir-B (1Hr) | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | Library Batch A | |
| | 11am to 12am | LH-Rachna Sharir | Vd.Manoj Jagtap |
| | 12pm to 1pm | LH-Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Samhita adhyayan 1 | Vd.Mandar Karve |

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| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Preceptor Meet | |
| 11-05-2025 | | Sunday | |
| 12-05-2025 | | Holiday-Budhapaurnima | |
| 13-05-2025 | | Tuesday | |
| | Time | Subject | Teacher name |
| | 9am to 10am | NLH-T Kriya Sharir | Vd.Deepa/Pankaja/Ujjwala |
| | 10am to 11am | NLH-P-Rachna Sharir-A (1Hr) | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | Library Batch B | |
| | 11am to 12am | LH-kriya Sharir | Vd.Ujjawla |
| | 12pm to 1pm | LH-Rachna Sharir | Vd.Niraj |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | NLH-T Samhita Adhyayan 1 | Vd.smriti Mishra/Vd.Jayashree |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 14-05-2025 | | Wednesday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir A | Vd. Sayali |
| | 9am to 11am | NLH-P Kriya Sharir B | Vd.Poonam |
| | 11am to 12am | LH-Rachna Sharir | Vd.Premanand Bhalerao |
| | 12pm to 1pm | NLH-T Samhita Adhyayan 1 | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Kriya Sharir | Vd.Pankaja Chaudhari |
| | 3pm to 4pm | LH-Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 15-05-2025 | | Thursday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir B | Vd. Niraj Dandekar |
| | 9am to 11am | NLH-P Kriya Sharir A | Vd.Poonam |
| | 11am to 12am | LH-Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 12pm to 1pm | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | NLH-T Samhita Adhyayan 1 | Vd.jayashri Vaidya |

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| | 3pm to 4pm | NLH-P Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Rachna Saharir | |
| 16-05-2025 | | | |
| to | Summer vacation | | |
| 31-05-2025 | | | |
| 01-06-2025 | | Sunday | |
| 02-06-2025 | | Monday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir A | Vd. Sayali |
| | 9am to 11am | NLH-P KriYa Sharir B | Vd.Sampada |
| | 11am to 12am | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 12pm to 1pm | LH-Kriya Sharir | Vd.Deepa Kale |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 03-06-2025 | Tuesday | | |
| | Time | Subject | Teacher name |
| | 9am to 10am | NLH-T Kriya Sharir | Vd.Deepa/Pankaja/Ujjwala |
| | 10am to 11am | NLH-P-Rachna Sharir-A (1Hr) | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | Library Batch B | |
| | 11am to 12am | LH-kriya Sharir | Vd.Ujjawla |
| | 12pm to 1pm | LH-Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | NLH-T Samhita Adhyayan 1 | Vd.smriti Mishra/Vd.Jayashree |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 04-06-2025 | Wednesday | | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir A | Vd. Sayali |
| | 9am to 11am | NLH-P Kriya Sharir B | Vd.Poonam |
| | 11am to 12am | LH-Rachna Sharir | Vd.Premanand Bhalerao |
| | 12pm to 1pm | NLH-T Samhita Adhyayan 1 | Vd.Smriti Mishra |

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| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Kriya Sharir | Vd.Pankaja Chaudhari |
| | 3pm to 4pm | LH-Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 05-06-2025 | | Thursday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir B | Vd. Niraj Dandekar |
| | 9am to 11am | NLH-P Kriya Sharir A | Vd.Poonam |
| | 11am to 12am | LH-Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 12pm to 1pm | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | NLH-T Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 3pm to 4pm | NLH-P Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Rachna Saharir | |
| 06-06-2025 | | Friday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir B | Vd. Niraj Dandekar |
| | 9am to 11am | NLH-P Kriya Sharir A | Vd.Sampada Thakur |
| | 11am to 12am | NLH-T Samhita Adhyayan 1 | Vd.Smriti Mishra |
| | 12pm to 1pm | LH-Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Rachna Sharir | Dr.Akshta chavan |
| | 3pm to 4pm | Physical Education | |
| | 4pm to 4.30pm | Remedial Coaching-Kriya Sharir | |
| 07-06-2025 | | Holiday-Bakari ID | |
| 08-06-2025 | | Sunday | |
| 09-06-2025 | | Monday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir A | Vd. Sayali |
| | 9am to 11am | NLH-P KriYa Sharir B | Vd.Sampada |
| | 11am to 12am | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 12pm to 1pm | LH-Kriya Sharir | Vd.Deepa Kale |
| | 1pm to 2pm | Lunch | |

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| | 2pm to 3pm | LH-Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 10-06-2025 | Tuesday | | |
| | Time | Subject | Teacher name |
| | 9am to 10am | NLH-T Kriya Sharir | Vd.Deepa/Pankaja/Ujjwala |
| | 10am to 11am | NLH-P-Rachna Sharir-A (1Hr) | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | Library Batch B | |
| | 11am to 12am | LH-kriya Sharir | Vd.Ujjawla |
| | 12pm to 1pm | LH-Rachna Sharir | Vd.Niraj |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | NLH-T Samhita Adhyayan 1 | Vd.smriti Mishra/Vd.Jayashree |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 11-06-2025 | Wednesday | | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir A | Vd. Sayali |
| | 9am to 11am | NLH-P Kriya Sharir B | Vd.Poonam |
| | 11am to 12am | LH-Rachna Sharir | Vd.Premanand Bhalerao |
| | 12pm to 1pm | NLH-T Samhita Adhyayan 1 | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Kriya Sharir | Vd.Pankaja Chaudhari |
| | 3pm to 4pm | LH-Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 12-06-2025 | Thursday | | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir B | Vd. Niraj Dandekar |
| | 9am to 11am | NLH-P Kriya Sharir A | Vd.Poonam |
| | 11am to 12am | Clinical training | Vd.jayashri Vaidya |
| | 12pm to 1pm | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | NLH-T Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 3pm to 4pm | NLH-P Sanskrit Ayurved Ithihas | Dr.Shukla |

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| | 4pm to 4.30pm | Remedial Coaching-Rachna Saharir | |
| 13-06-2025 | | Friday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir B | Vd. Niraj Dandekar |
| | 9am to 11am | NLH-P Kriya Sharir A | Vd.Sampada Thakur |
| | 11am to 12am | NLH-T Samhita Adhyayan 1 | Vd.Smriti Mishra |
| | 12pm to 1pm | LH-Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Rachna Sharir | Dr.Akshta chavan |
| | 3pm to 4pm | Physical Education | |
| | 4pm to 4.30pm | Remedial Coaching-Kriya Sharir | |
| 14-06-2025 | | Saturday | |
| | Time | Subject | Teacher name |
| | 9am to 10am | NLH-T Rachna Sharir | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | NLH-P-Rachna Sharir-B (1Hr) | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | Library Batch A | |
| | 11am to 12am | LH-Rachna Sharir | Vd.Manoj Jagtap |
| | 12pm to 1pm | LH-Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Samhita adhyayan 1 | Vd.Mandar Karve |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Preceptor Meet | |
| 15-06-2026 | | Sunday | |
| 16-06-2026 | | Monday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir A | Vd. Sayali |
| | 9am to 11am | NLH-P KriYa Sharir B | Vd.Sampada |
| | 11am to 12am | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 12pm to 1pm | LH-Kriya Sharir | Vd.Deepa Kale |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |

| 17-06-2025 | Tuesday | | |
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| | Time | Subject | Teacher name |
| | 9am to 10am | NLH-T Kriya Sharir | Vd.Deepa/Pankaja/Ujjwala |
| | 10am to 11am | NLH-P-Rachna Sharir-A (1Hr) | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | Library Batch B | |
| | 11am to 12am | LH-kriya Sharir | Vd.Ujjawla |
| | 12pm to 1pm | LH-Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | NLH-T Samhita Adhyayan 1 | Vd.smriti Mishra/Vd.Jayashree |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 18-06-2025 | Wednesday | | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir A | Vd. Sayali |
| | 9am to 11am | NLH-P Kriya Sharir B | Vd.Poonam |
| | 11am to 12am | LH-Rachna Sharir | Vd.Premanand Bhalerao |
| | 12pm to 1pm | NLH-T Samhita Adhyayan 1 | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Kriya Sharir | Vd.Pankaja Chaudhari |
| | 3pm to 4pm | LH-Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 19-06-2025 | Thursday | | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir B | Vd. Niraj Dandekar |
| | 9am to 11am | NLH-P Kriya Sharir A | Vd.Poonam |
| | 11am to 12am | LH-Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 12pm to 1pm | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | NLH-T Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 3pm to 4pm | NLH-P Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Rachna Saharir | |
| 20-06-2025 | Friday | | |
| | Time | Subject | Teacher name |

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| | 9am to 11am | NLH-P Rachna Sharir B | Vd. Niraj Dandekar |
| | 9am to 11am | NLH-P Kriya Sharir A | Vd.Sampada Thakur |
| | 11am to 12am | NLH-T Samhita Adhyayan 1 | Vd.Smriti Mishra |
| | 12pm to 1pm | LH-Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Rachna Sharir | Dr.Akshta chavan |
| | 3pm to 4pm | Physical Education | |
| | 4pm to 4.30pm | Remedial Coaching-Kriya Sharir | |
| 21-06-2025 | | Saturday | |
| | Time | Subject | Teacher name |
| | 9am to 10am | NLH-T Rachna Sharir | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | NLH-P-Rachna Sharir-B (1Hr) | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | Library Batch A | |
| | 11am to 12am | LH-Rachna Sharir | Vd.Manoj Jagtap |
| | 12pm to 1pm | LH-Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Samhita adhyayan 1 | Vd.Mandar Karve |
| | 3pm to 4pm | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 4pm to 4.30pm | Preceptor Meet | |
| 22-06-2025 | | Sunday | |
| 23-06-2025 | | Monday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir A | Vd. Sayali |
| | 9am to 11am | NLH-P Kriya Sharir B | Vd.Sampada |
| | 11am to 12am | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 12pm to 1pm | LH-Kriya Sharir | Vd.Deepa Kale |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 24-06-2025 | | Tuesday | |
| | Time | Subject | Teacher name |

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| | 9am to 10am | NLH-T Kriya Sharir | Vd.Deepa/Pankaja/Ujjwala |
| | 10am to 11am | NLH-P-Rachna Sharir-A (1Hr) | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | Library Batch B | |
| | 11am to 12am | Recreational activity | |
| | 12pm to 1pm | LH-Rachna Sharir | Vd.Sayali |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | NLH-T Samhita Adhyayan 1 | Vd.smriti Mishra/Vd.Jayashree |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 25-06-2025 | | Wednesday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir A | Vd. Sayali |
| | 9am to 11am | NLH-P Kriya Sharir B | Vd.Poonam |
| | 11am to 12am | LH-Rachna Sharir | Vd.Premanand Bhalerao |
| | 12pm to 1pm | NLH-T Samhita Adhyayan 1 | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Kriya Sharir | Vd.Pankaja Chaudhari |
| | 3pm to 4pm | LH-Padarth Vidnyan | Vd.Smriti Mishra |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 26-06-2025 | | Thursday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir B | Vd. Niraj Dandekar |
| | 9am to 11am | NLH-P Kriya Sharir A | Vd.Poonam |
| | 11am to 12am | Clinical training | Vd.jayashri Vaidya |
| | 12pm to 1pm | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | NLH-T Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 3pm to 4pm | NLH-P Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Rachna Saharir | |
| 27-06-2025 | | Friday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir B | Vd. Niraj Dandekar |
| | 9am to 11am | NLH-P Kriya Sharir A | Vd.Sampada Thakur |

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| | 11am to 12am | NLH-T Samhita Adhyayan 1 | Vd.Smriti Mishra |
| | 12pm to 1pm | LH-Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Rachna Sharir | Dr.Akshta chavan |
| | 3pm to 4pm | Physical Education | |
| | 4pm to 4.30pm | Remedial Coaching-Kriya Sharir | |
| 28-06-2025 | Saturday | | |
| | Time | Subject | Teacher name |
| | 9am to 10am | NLH-T Rachna Sharir | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | NLH-P-Rachna Sharir-B (1Hr) | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | Library Batch A | |
| | 11am to 12am | LH-Rachna Sharir | Vd.Manoj Jagtap |
| | 12pm to 1pm | LH-Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Samhita adhyayan 1 | Vd.Mandar Karve |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Preceptor Meet | |
| 29-06-2025 | Sunday | | |
| 30-06-2025 | Monday | | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir A | Vd. Sayali |
| | 9am to 11am | NLH-P KriYa Sharir B | Vd.Sampada |
| | 11am to 12am | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 12pm to 1pm | LH-Kriya Sharir | Vd.Deepa Kale |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 01-07-2025 | Tuesday | | |
| | Time | Subject | Teacher name |
| | 9am to 10am | NLH-T Kriya Sharir | Vd.Deepa/Pankaja/Ujjwala |
| | 10am to 11am | NLH-P-Rachna Sharir-A (1Hr) | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | Library Batch B | |

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| | 11am to 12am | LH-kriya Sharir | Vd.Ujjawla |
| | 12pm to 1pm | LH-Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | NLH-T Samhita Adhyayan 1 | Vd.smriti Mishra/Vd.Jayashree |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 02-07-2025 | | Wednesday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir A | Vd. Sayali |
| | 9am to 11am | NLH-P Kriya Sharir B | Vd.Poonam |
| | 11am to 12am | LH-Rachna Sharir | Vd.Premanand Bhalerao |
| | 12pm to 1pm | NLH-T Samhita Adhyayan 1 | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Kriya Sharir | Vd.Pankaja Chaudhari |
| | 3pm to 4pm | LH-Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 03-07-2025 | | Thursday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir B | Vd. Niraj Dandekar |
| | 9am to 11am | NLH-P Kriya Sharir A | Vd.Poonam |
| | 11am to 12am | LH-Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 12pm to 1pm | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | NLH-T Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 3pm to 4pm | NLH-P Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Rachna Saharir | |
| 04-07-2025 | | Friday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir B | Vd. Niraj Dandekar |
| | 9am to 11am | NLH-P Kriya Sharir A | Vd.Sampada Thakur |
| | 11am to 12am | NLH-T Samhita Adhyayan 1 | Vd.Smriti Mishra |
| | 12pm to 1pm | LH-Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 1pm to 2pm | Lunch | |

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| | 2pm to 3pm | LH-Rachna Sharir | Dr.Akshta chavan |
| | 3pm to 4pm | Physical Education | |
| | 4pm to 4.30pm | Remedial Coaching-Kriya Sharir | |
| 05-07-2025 | | Saturday | |
| | Time | Subject | Teacher name |
| | 9am to 10am | NLH-T Rachna Sharir | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | NLH-P-Rachna Sharir-B (1Hr) | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | Library Batch A | |
| | 11am to 12am | LH-Rachna Sharir | Vd.Manoj Jagtap |
| | 12pm to 1pm | LH-Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Samhita adhyayan 1 | Vd.Mandar Karve |
| | 3pm to 4pm | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 4pm to 4.30pm | Preceptor Meet | |
| 06-07-2025 | | Sunday | |
| 07-07-2025 | | Monday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir A | Vd. Sayali |
| | 9am to 11am | NLH-P KriYa Sharir B | Vd.Sampada |
| | 11am to 12am | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 12pm to 1pm | LH-Kriya Sharir | Vd.Deepa Kale |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 08-07-2025 | | Tuesday | |
| | Time | Subject | Teacher name |
| | 9am to 10am | NLH-T Kriya Sharir | Vd.Deepa/Pankaja/Ujjwala |
| | 10am to 11am | NLH-P-Rachna Sharir-A (1Hr) | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | Library Batch B | |
| | 11am to 12am | LH-kriya Sharir | Vd.Ujjawla |
| | 12pm to 1pm | LH-Rachna Sharir | Vd.Niraj |

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| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | NLH-T Samhita Adhyayan 1 | Vd.smriti Mishra/Vd.Jayashree |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 09-07-2025 | | Wednesday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir A | Vd. Sayali |
| | 9am to 11am | NLH-P Kriya Sharir B | Vd.Poonam |
| | 11am to 12am | LH-Rachna Sharir | Vd.Premanand Bhalerao |
| | 12pm to 1pm | NLH-T Samhita Adhyayan 1 | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Kriya Sharir | Vd.Pankaja Chaudhari |
| | 3pm to 4pm | LH-Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 10-07-2025 | | Thursday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir B | Vd. Niraj Dandekar |
| | 9am to 11am | NLH-P Kriya Sharir A | Vd.Poonam |
| | 11am to 12am | Clinical training | Vd.jayashri Vaidya |
| | 12pm to 1pm | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | NLH-T Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 3pm to 4pm | NLH-P Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Rachna Saharir | |
| 11-07-2025 | | Friday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir B | Vd. Niraj Dandekar |
| | 9am to 11am | NLH-P Kriya Sharir A | Vd.Sampada Thakur |
| | 11am to 12am | NLH-T Samhita Adhyayan 1 | Vd.Smriti Mishra |
| | 12pm to 1pm | LH-Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Rachna Sharir | Dr.Akshta chavan |
| | 3pm to 4pm | Physical Education | |

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| | 4pm to 4.30pm | Remedial Coaching-Kriya Sharir | |
| 12-07-2025 | | Saturday | |
| | Time | Subject | Teacher name |
| | 9am to 10am | NLH-T Rachna Sharir | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | NLH-P-Rachna Sharir-B (1Hr) | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | Library Batch A | |
| | 11am to 12am | LH-Rachna Sharir | Vd.Manoj Jagtap |
| | 12pm to 1pm | LH-Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Samhita adhyayan 1 | Vd.Mandar Karve |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Preceptor Meet | |
| 13-07-2025 | | Sunday | |
| 14-07-2025 | | Monday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir A | Vd. Sayali |
| | 9am to 11am | NLH-P KriYa Sharir B | Vd.Sampada |
| | 11am to 12am | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 12pm to 1pm | LH-Kriya Sharir | Vd.Deepa Kale |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 15-07-2025 | | Tuesday | |
| | Time | Subject | Teacher name |
| | 9am to 10am | NLH-T Kriya Sharir | Vd.Deepa/Pankaja/Ujjwala |
| | 10am to 11am | NLH-P-Rachna Sharir-A (1Hr) | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | Library Batch B | |
| | 11am to 12am | LH-kriya Sharir | Vd.Ujjawla |
| | 12pm to 1pm | LH-Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | NLH-T Samhita Adhyayan 1 | Vd.smriti Mishra/Vd.Jayashree |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |

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| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 16-07-2025 | | Wednesday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir A | Vd. Sayali |
| | 9am to 11am | NLH-P Kriya Sharir B | Vd.Poonam |
| | 11am to 12am | LH-Rachna Sharir | Vd.Premanand Bhalerao |
| | 12pm to 1pm | NLH-T Samhita Adhyayan 1 | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Kriya Sharir | Vd.Pankaja Chaudhari |
| | 3pm to 4pm | LH-Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 17-07-2025 | | Thursday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir B | Vd. Niraj Dandekar |
| | 9am to 11am | NLH-P Kriya Sharir A | Vd.Poonam |
| | 11am to 12am | LH-Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 12pm to 1pm | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | NLH-T Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 3pm to 4pm | NLH-P Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Rachna Saharir | |
| 18-07-2025 | | Friday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir B | Vd. Niraj Dandekar |
| | 9am to 11am | NLH-P Kriya Sharir A | Vd.Sampada Thakur |
| | 11am to 12am | NLH-T Samhita Adhyayan 1 | Vd.Smriti Mishra |
| | 12pm to 1pm | LH-Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Rachna Sharir | Dr.Akshta chavan |
| | 3pm to 4pm | Physical Education | |
| | 4pm to 4.30pm | Remedial Coaching-Kriya Sharir | |
| 19-07-2025 | | Saturday | |
| | Time | Subject | Teacher name |

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| | 9am to 10am | NLH-T Rachna Sharir | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | NLH-P-Rachna Sharir-B (1Hr) | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | Library Batch A | |
| | 11am to 12am | LH-Rachna Sharir | Vd.Manoj Jagtap |
| | 12pm to 1pm | LH-Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Samhita adhyayan 1 | Vd.Mandar Karve |
| | 3pm to 4pm | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 4pm to 4.30pm | Preceptor Meet | |
| 20-07-2025 | | Sunday | |
| 21-07-2025 | Monday | | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir A | Vd. Sayali |
| | 9am to 11am | NLH-P KriYa Sharir B | Vd.Sampada |
| | 11am to 12am | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 12pm to 1pm | LH-Kriya Sharir | Vd.Deepa Kale |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 22-07-2025 | Tuesday | | |
| | Time | Subject | Teacher name |
| | 9am to 10am | NLH-T Kriya Sharir | Vd.Deepa/Pankaja/Ujjwala |
| | 10am to 11am | NLH-P-Rachna Sharir-A (1Hr) | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | Library Batch B | |
| | 11am to 12am | Recreational activity | |
| | 12pm to 1pm | LH-Rachna Sharir | Vd.sayali |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | NLH-T Samhita Adhyayan 1 | Vd.smriti Mishra/Vd.Jayashree |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 23-07-2025 | Wednesday | | |
| | Time | Subject | Teacher name |

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| | 9am to 11am | NLH-P Rachna Sharir A | Vd. Sayali |
| | 9am to 11am | NLH-P Kriya Sharir B | Vd.Poonam |
| | 11am to 12am | LH-Rachna Sharir | Vd.Premanand Bhalerao |
| | 12pm to 1pm | NLH-T Samhita Adhyayan 1 | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Kriya Sharir | Vd.Pankaja Chaudhari |
| | 3pm to 4pm | LH-Padarth Vidnyan | Vd.Smriti Mishra |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 24-07-2025 | | Thursday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir B | Vd. Niraj Dandekar |
| | 9am to 11am | NLH-P Kriya Sharir A | Vd.Poonam |
| | 11am to 12am | Clinical training | Vd.jayashri Vaidya |
| | 12pm to 1pm | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | NLH-T Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 3pm to 4pm | NLH-P Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Rachna Saharir | |
| 25-07-2025 | | Friday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir B | Vd. Niraj Dandekar |
| | 9am to 11am | NLH-P Kriya Sharir A | Vd.Sampada Thakur |
| | 11am to 12am | NLH-T Samhita Adhyayan 1 | Vd.Smriti Mishra |
| | 12pm to 1pm | LH-Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Rachna Sharir | Dr.Akshta chavan |
| | 3pm to 4pm | Physical Education | |
| | 4pm to 4.30pm | Remedial Coaching-Kriya Sharir | |
| 26-07-2025 | | Saturday | |
| | Time | Subject | Teacher name |
| | 9am to 10am | NLH-T Rachna Sharir | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | NLH-P-Rachna Sharir-B (1Hr) | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | Library Batch A | |

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| | 11am to 12am | LH-Rachna Sharir | Vd.Manoj Jagtap |
| | 12pm to 1pm | LH-Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Samhita adhyayan 1 | Vd.Mandar Karve |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Preceptor Meet | |
| 27-07-2025 | | Sunday | |
| 28-07-2025 | | Monday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir A | Vd. Sayali |
| | 9am to 11am | NLH-P KriYa Sharir B | Vd.Sampada |
| | 11am to 12am | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 12pm to 1pm | LH-Kriya Sharir | Vd.Deepa Kale |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 29-07-2025 | | Tuesday | |
| | Time | Subject | Teacher name |
| | 9am to 10am | NLH-T Kriya Sharir | Vd.Deepa/Pankaja/Ujjwala |
| | 10am to 11am | NLH-P-Rachna Sharir-A (1Hr) | Vd.Manoj/Premanand/Akshita |
| | 10am to 11am | Library Batch B | |
| | 11am to 12am | LH-kriya Sharir | Vd.Ujjawla |
| | 12pm to 1pm | LH-Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | NLH-T Samhita Adhyayan 1 | Vd.smriti Mishra/Vd.Jayashree |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 30-07-2025 | | Wednesday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir A | Vd. Sayali |
| | 9am to 11am | NLH-P Kriya Sharir B | Vd.Poonam |
| | 11am to 12am | LH-Rachna Sharir | Vd.Premanand Bhalerao |

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| | 12pm to 1pm | NLH-T Samhita Adhyayan 1 | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Kriya Sharir | Vd.Pankaja Chaudhari |
| | 3pm to 4pm | LH-Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 31-07-2025 | | Thursday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir B | Vd. Niraj Dandekar |
| | 9am to 11am | NLH-P Kriya Sharir A | Vd.Poonam |
| | 11am to 12am | LH-Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 12pm to 1pm | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | NLH-T Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 3pm to 4pm | NLH-P Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Rachna Saharir | |
| 01-08-2025 | | Friday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir B | Vd. Niraj Dandekar |
| | 9am to 11am | NLH-P Kriya Sharir A | Vd.Sampada Thakur |
| | 11am to 12am | NLH-T Samhita Adhyayan 1 | Vd.Smriti Mishra |
| | 12pm to 1pm | LH-Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Rachna Sharir | Dr.Akshta chavan |
| | 3pm to 4pm | Physical Education | |
| | 4pm to 4.30pm | Remedial Coaching-Kriya Sharir | |
| 02-08-2025 | | Saturday | |
| | Time | Subject | Teacher name |
| | 9am to 10am | NLH-T Rachna Sharir | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | NLH-P-Rachna Sharir-B (1Hr) | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | Library Batch A | |
| | 11am to 12am | LH-Rachna Sharir | Vd.Manoj Jagtap |
| | 12pm to 1pm | LH-Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |

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| | 2pm to 3pm | LH-Samhita adhyayan 1 | Vd.Mandar Karve |
| | 3pm to 4pm | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 4pm to 4.30pm | Preceptor Meet | |
| 03-08-2025 | | Sunday | |
| 04-08-2025 | | Monday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir A | Vd. Sayali |
| | 9am to 11am | NLH-P KriYa Sharir B | Vd.Sampada |
| | 11am to 12am | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 12pm to 1pm | LH-Kriya Sharir | Vd.Deepa Kale |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 05-08-2025 | | Tuesday | |
| | Time | Subject | Teacher name |
| | 9am to 10am | NLH-T Kriya Sharir | Vd.Deepa/Pankaja/Ujjwala |
| | 10am to 11am | NLH-P-Rachna Sharir-A (1Hr) | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | Library Batch B | |
| | 11am to 12am | LH-kriya Sharir | Vd.Ujjawla |
| | 12pm to 1pm | LH-Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | NLH-T Samhita Adhyayan 1 | Vd.smriti Mishra/Vd.Jayashree |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 06-08-2025 | | Wednesday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir A | Vd. Sayali |
| | 9am to 11am | NLH-P Kriya Sharir B | Vd.Poonam |
| | 11am to 12am | LH-Rachna Sharir | Vd.Premanand Bhalerao |
| | 12pm to 1pm | NLH-T Samhita Adhyayan 1 | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Kriya Sharir | Vd.Pankaja Chaudhari |

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| | 3pm to 4pm | LH-Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 07-08-2025 | | Thursday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir B | Vd. Niraj Dandekar |
| | 9am to 11am | NLH-P Kriya Sharir A | Vd.Poonam |
| | 11am to 12am | LH-Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 12pm to 1pm | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | NLH-T Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 3pm to 4pm | NLH-P Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Rachna Saharir | |
| 08-08-2025 | | Friday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir B | Vd. Niraj Dandekar |
| | 9am to 11am | NLH-P Kriya Sharir A | Vd.Sampada Thakur |
| | 11am to 12am | NLH-T Samhita Adhyayan 1 | Vd.Smriti Mishra |
| | 12pm to 1pm | LH-Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Rachna Sharir | Dr.Akshta chavan |
| | 3pm to 4pm | Physical Education | |
| | 4pm to 4.30pm | Remedial Coaching-Kriya Sharir | |
| 09-08-2025 | | Saturday | |
| | Time | Subject | Teacher name |
| | 9am to 10am | NLH-T Rachna Sharir | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | NLH-P-Rachna Sharir-B (1Hr) | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | Library Batch A | |
| | 11am to 12am | LH-Rachna Sharir | Vd.Manoj Jagtap |
| | 12pm to 1pm | LH-Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Samhita adhyayan 1 | Vd.Mandar Karve |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Preceptor Meet | |

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|------------|---------------|--------------------------------|-------------------------------|
| 10-08-2025 | | Sunday | |
| 11-08-2025 | | Monday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir A | Vd. Sayali |
| | 9am to 11am | NLH-P KriYa Sharir B | Vd.Sampada |
| | 11am to 12am | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 12pm to 1pm | LH-Kriya Sharir | Vd.Deepa Kale |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 12-08-2025 | | Tuesday | |
| | Time | Subject | Teacher name |
| | 9am to 10am | NLH-T Kriya Sharir | Vd.Deepa/Pankaja/Ujjwala |
| | 10am to 11am | NLH-P-Rachna Sharir-A (1Hr) | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | Library Batch B | |
| | 11am to 12am | LH-kriya Sharir | Vd.Ujjawla |
| | 12pm to 1pm | LH-Rachna Sharir | Vd.Niraj |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | NLH-T Samhita Adhyayan 1 | Vd.smriti Mishra/Vd.Jayashree |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 13-08-2025 | | Wednesday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir A | Vd. Sayali |
| | 9am to 11am | NLH-P Kriya Sharir B | Vd.Poonam |
| | 11am to 12am | LH-Rachna Sharir | Vd.Premanand Bhalerao |
| | 12pm to 1pm | NLH-T Samhita Adhyayan 1 | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Kriya Sharir | Vd.Pankaja Chaudhari |
| | 3pm to 4pm | LH-Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 14-08-2025 | | Thursday | |

| | Time | Subject | Teacher name |
|------------|----------------------------------|----------------------------------|-------------------------------|
| | 9am to 11am | NLH-P Rachna Sharir B | Vd. Niraj Dandekar |
| | 9am to 11am | NLH-P Kriya Sharir A | Vd.Poonam |
| | 11am to 12am | Clinical training | Vd.jayashri Vaidya |
| | 12pm to 1pm | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | NLH-T Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 3pm to 4pm | NLH-P Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Rachna Saharir | |
| 15-08-2025 | Holiday- Independance day | | |
| 16-08-2025 | Holiday-Gopalkala | | |
| 17-08-2025 | Sunday | | |
| 18-08-2025 | Monday | | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir A | Vd. Sayali |
| | 9am to 11am | NLH-P KriYa Sharir B | Vd.Sampada |
| | 11am to 12am | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 12pm to 1pm | LH-Kriya Sharir | Vd.Deepa Kale |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 19-08-2025 | Tuesday | | |
| | Time | Subject | Teacher name |
| | 9am to 10am | NLH-T Kriya Sharir | Vd.Deepa/Pankaja/Ujjwala |
| | 10am to 11am | NLH-P-Rachna Sharir-A (1Hr) | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | Library Batch B | |
| | 11am to 12am | LH-kriya Sharir | Vd.Ujjawla |
| | 12pm to 1pm | LH-Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | NLH-T Samhita Adhyayan 1 | Vd.smriti Mishra/Vd.Jayashree |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |

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| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 20-08-2025 | | Wednesday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir A | Vd. Sayali |
| | 9am to 11am | NLH-P Kriya Sharir B | Vd.Poonam |
| | 11am to 12am | LH-Rachna Sharir | Vd.Premanand Bhalerao |
| | 12pm to 1pm | NLH-T Samhita Adhyayan 1 | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Kriya Sharir | Vd.Pankaja Chaudhari |
| | 3pm to 4pm | LH-Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 21-08-2025 | | Thursday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir B | Vd. Niraj Dandekar |
| | 9am to 11am | NLH-P Kriya Sharir A | Vd.Poonam |
| | 11am to 12am | LH-Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 12pm to 1pm | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | NLH-T Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 3pm to 4pm | NLH-P Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Rachna Saharir | |
| 22-08-2025 | | Friday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir B | Vd. Niraj Dandekar |
| | 9am to 11am | NLH-P Kriya Sharir A | Vd.Sampada Thakur |
| | 11am to 12am | NLH-T Samhita Adhyayan 1 | Vd.Smriti Mishra |
| | 12pm to 1pm | LH-Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Rachna Sharir | Dr.Akshta chavan |
| | 3pm to 4pm | Physical Education | |
| | 4pm to 4.30pm | Remedial Coaching-Kriya Sharir | |
| 23-08-2025 | | Saturday | |
| | Time | Subject | Teacher name |

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| | 9am to 10am | NLH-T Rachna Sharir | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | NLH-P-Rachna Sharir-B (1Hr) | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | Library Batch A | |
| | 11am to 12am | LH-Rachna Sharir | Vd.Manoj Jagtap |
| | 12pm to 1pm | LH-Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Samhita adhyayan 1 | Vd.Mandar Karve |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Preceptor Meet | |
| 24-08-2025 | | Sunday | |
| 25-08-2025 | Monday | | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir A | Vd. Sayali |
| | 9am to 11am | NLH-P KriYa Sharir B | Vd.Sampada |
| | 11am to 12am | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 12pm to 1pm | LH-Kriya Sharir | Vd.Deepa Kale |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 26-08-2025 | Tuesday | | |
| | Time | Subject | Teacher name |
| | 9am to 10am | NLH-T Kriya Sharir | Vd.Deepa/Pankaja/Ujjwala |
| | 10am to 11am | NLH-P-Rachna Sharir-A (1Hr) | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | Library Batch B | |
| | 11am to 12am | Recreational activity | |
| | 12pm to 1pm | LH-Rachna Sharir | Vd.sayali |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | NLH-T Samhita Adhyayan 1 | Vd.smriti Mishra/Vd.Jayashree |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 27-08-2025 | | Holiday-Shree Ganesh Chaturthi | |
| 28-08-2025 | | Thursday | |

| | Time | Subject | Teacher name |
|------------|---------------|----------------------------------|---------------------------|
| | 9am to 11am | NLH-P Rachna Sharir B | Vd. Niraj Dandekar |
| | 9am to 11am | NLH-P Kriya Sharir A | Vd.Poonam |
| | 11am to 12am | Clinical training | Vd.jayashri Vaidya |
| | 12pm to 1pm | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | NLH-T Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 3pm to 4pm | NLH-P Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Rachna Saharir | |
| 29-08-2025 | | Friday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir B | Vd. Niraj Dandekar |
| | 9am to 11am | NLH-P Kriya Sharir A | Vd.Sampada Thakur |
| | 11am to 12am | NLH-T Samhita Adhyayan 1 | Vd.Smriti Mishra |
| | 12pm to 1pm | LH-Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Rachna Sharir | Dr.Akshta chavan |
| | 3pm to 4pm | Physical Education | |
| | 4pm to 4.30pm | Remedial Coaching-Kriya Sharir | |
| 30-08-2025 | | Saturday | |
| | Time | Subject | Teacher name |
| | 9am to 10am | NLH-T Rachna Sharir | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | NLH-P-Rachna Sharir-B (1Hr) | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | Library Batch A | |
| | 11am to 12am | LH-Rachna Sharir | Vd.Manoj Jagtap |
| | 12pm to 1pm | LH-Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Samhita adhyayan 1 | Vd.Mandar Karve |
| | 3pm to 4pm | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 4pm to 4.30pm | Preceptor Meet | |
| 31-08-2025 | | Sunday | |
| 01-09-2025 | | Monday | |

| | Time | Subject | Teacher name |
|------------|------------------|--------------------------------|-------------------------------|
| | 9am to 11am | NLH-P Rachna Sharir A | Vd. Sayali |
| | 9am to 11am | NLH-P Kriya Sharir B | Vd.Sampada |
| | 11am to 12am | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 12pm to 1pm | LH-Kriya Sharir | Vd.Deepa Kale |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 02-09-2025 | Tuesday | | |
| | Time | Subject | Teacher name |
| | 9am to 10am | NLH-T Kriya Sharir | Vd.Deepa/Pankaja/Ujjwala |
| | 10am to 11am | NLH-P-Rachna Sharir-A (1Hr) | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | Library Batch B | |
| | 11am to 12am | LH-kriya Sharir | Vd.Ujjawla |
| | 12pm to 1pm | LH-Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | NLH-T Samhita Adhyayan 1 | Vd.smriti Mishra/Vd.Jayashree |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 03-09-2025 | Wednesday | | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir A | Vd. Sayali |
| | 9am to 11am | NLH-P Kriya Sharir B | Vd.Poonam |
| | 11am to 12am | LH-Rachna Sharir | Vd.Premanand Bhalerao |
| | 12pm to 1pm | NLH-T Samhita Adhyayan 1 | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Kriya Sharir | Vd.Pankaja Chaudhari |
| | 3pm to 4pm | LH-Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 04-09-2025 | Thursday | | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir B | Vd. Niraj Dandekar |

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| | 9am to 11am | NLH-P Kriya Sharir A | Vd.Poonam |
| | 11am to 12am | LH-Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 12pm to 1pm | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | NLH-T Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 3pm to 4pm | NLH-P Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Rachna Saharir | |
| 05-09-2025 | | Holiday-Id E Milad | |
| 06-09-2025 | | Holiday-Anant Chathurthi | |
| 07-09-2025 | | Sunday | |
| 08-09-2025 | Monday | | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir A | Vd. Sayali |
| | 9am to 11am | NLH-P KriYa Sharir B | Vd.Sampada |
| | 11am to 12am | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 12pm to 1pm | LH-Kriya Sharir | Vd.Deepa Kale |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 09-09-2025 | Tuesday | | |
| | Time | Subject | Teacher name |
| | 9am to 10am | NLH-T Kriya Sharir | Vd.Deepa/Pankaja/Ujjwala |
| | 10am to 11am | NLH-P-Rachna Sharir-A (1Hr) | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | Library Batch B | |
| | 11am to 12am | LH-kriya Sharir | Vd.Ujjawla |
| | 12pm to 1pm | LH-Rachna Sharir | Vd.Niraj |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | NLH-T Samhita Adhyayan 1 | Vd.smriti Mishra/Vd.Jayashree |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 10-09-2025 | | Wednesday | |
| | Time | Subject | Teacher name |

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|------------|---------------|----------------------------------|---------------------------|
| | 9am to 11am | NLH-P Rachna Sharir A | Vd. Sayali |
| | 9am to 11am | NLH-P Kriya Sharir B | Vd.Poonam |
| | 11am to 12am | LH-Rachna Sharir | Vd.Premanand Bhalerao |
| | 12pm to 1pm | NLH-T Samhita Adhyayan 1 | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Kriya Sharir | Vd.Pankaja Chaudhari |
| | 3pm to 4pm | LH-Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 11-09-2025 | | Thursday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir B | Vd. Niraj Dandekar |
| | 9am to 11am | NLH-P Kriya Sharir A | Vd.Poonam |
| | 11am to 12am | Clinical training | Vd.jayashri Vaidya |
| | 12pm to 1pm | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | NLH-T Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 3pm to 4pm | NLH-P Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Rachna Saharir | |
| 12-09-2025 | | Friday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir B | Vd. Niraj Dandekar |
| | 9am to 11am | NLH-P Kriya Sharir A | Vd.Sampada Thakur |
| | 11am to 12am | NLH-T Samhita Adhyayan 1 | Vd.Smriti Mishra |
| | 12pm to 1pm | LH-Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Rachna Sharir | Dr.Akshta chavan |
| | 3pm to 4pm | Physical Education | |
| | 4pm to 4.30pm | Remedial Coaching-Kriya Sharir | |
| 13-09-2025 | | Saturday | |
| | Time | Subject | Teacher name |
| | 9am to 10am | NLH-T Rachna Sharir | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | NLH-P-Rachna Sharir-B (1Hr) | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | Library Batch A | |

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| | 11am to 12am | LH-Rachna Sharir | Vd.Manoj Jagtap |
| | 12pm to 1pm | LH-Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Samhita adhyayan 1 | Vd.Mandar Karve |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Preceptor Meet | |
| 14-09-2025 | | Sunday | |
| 15-09-2025 | | Monday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir A | Vd. Sayali |
| | 9am to 11am | NLH-P KriYa Sharir B | Vd.Sampada |
| | 11am to 12am | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 12pm to 1pm | LH-Kriya Sharir | Vd.Deepa Kale |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 16-09-2025 | | Tuesday | |
| | Time | Subject | Teacher name |
| | 9am to 10am | NLH-T Kriya Sharir | Vd.Deepa/Pankaja/Ujjwala |
| | 10am to 11am | NLH-P-Rachna Sharir-A (1Hr) | Vd.Manoj/Premanand/Akshata |
| | 10am to 11am | Library Batch B | |
| | 11am to 12am | LH-kriya Sharir | Vd.Ujjawla |
| | 12pm to 1pm | LH-Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | NLH-T Samhita Adhyayan 1 | Vd.smriti Mishra/Vd.Jayashree |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 17-09-2025 | | Wednesday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir A | Vd. Sayali |
| | 9am to 11am | NLH-P Kriya Sharir B | Vd.Poonam |
| | 11am to 12am | LH-Rachna Sharir | Vd.Premanand Bhalerao |

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| | 12pm to 1pm | NLH-T Samhita Adhyayan 1 | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Kriya Sharir | Vd.Pankaja Chaudhari |
| | 3pm to 4pm | LH-Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 18-09-2025 | | Thursday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir B | Vd. Niraj Dandekar |
| | 9am to 11am | NLH-P Kriya Sharir A | Vd.Poonam |
| | 11am to 12am | LH-Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 12pm to 1pm | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | NLH-T Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 3pm to 4pm | NLH-P Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Rachna Saharir | |
| 19-09-2025 | | Friday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir B | Vd. Niraj Dandekar |
| | 9am to 11am | NLH-P Kriya Sharir A | Vd.Sampada Thakur |
| | 11am to 12am | NLH-T Samhita Adhyayan 1 | Vd.Smriti Mishra |
| | 12pm to 1pm | LH-Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Rachna Sharir | Dr.Akshta chavan |
| | 3pm to 4pm | Physical Education | |
| | 4pm to 4.30pm | Remedial Coaching-Kriya Sharir | |
| 20-09-2025 | | Saturday | |
| | Time | Subject | Teacher name |
| | 9am to 10am | NLH-T Rachna Sharir | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | NLH-P-Rachna Sharir-B (1Hr) | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | Library Batch A | |
| | 11am to 12am | LH-Rachna Sharir | Vd.Manoj Jagtap |
| | 12pm to 1pm | LH-Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |

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| | 2pm to 3pm | LH-Samhita adhyayan 1 | Vd.Mandar Karve |
| | 3pm to 4pm | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 4pm to 4.30pm | Preceptor Meet | |
| 21-09-2025 | | Sunday | |
| 22-09-2025 | | Monday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir A | Vd. Sayali |
| | 9am to 11am | NLH-P KriYa Sharir B | Vd.Sampada |
| | 11am to 12am | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 12pm to 1pm | LH-Kriya Sharir | Vd.Deepa Kale |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 23-09-2025 | | Tuesday | |
| | Time | Subject | Teacher name |
| | 9am to 10am | NLH-T Kriya Sharir | Vd.Deepa/Pankaja/Ujjwala |
| | 10am to 11am | NLH-P-Rachna Sharir-A (1Hr) | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | Library Batch B | |
| | 11am to 12am | Recreational activity | |
| | 12pm to 1pm | LH-Rachna Sharir | Vd.Sayali |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | NLH-T Samhita Adhyayan 1 | Vd.smriti Mishra/Vd.Jayashree |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 24-09-2025 | | Wednesday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir A | Vd. Sayali |
| | 9am to 11am | NLH-P Kriya Sharir B | Vd.Poonam |
| | 11am to 12am | LH-Rachna Sharir | Vd.Premanand Bhalerao |
| | 12pm to 1pm | NLH-T Samhita Adhyayan 1 | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Kriya Sharir | Vd.Pankaja Chaudhari |

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| | 3pm to 4pm | LH-Padarth Vidnyan | Vd.Smriti Mishra |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 25-09-2025 | | Thursday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir B | Vd. Niraj Dandekar |
| | 9am to 11am | NLH-P Kriya Sharir A | Vd.Poonam |
| | 11am to 12am | Clinical training | Vd.jayashri Vaidya |
| | 12pm to 1pm | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | NLH-T Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 3pm to 4pm | NLH-P Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Rachna Saharir | |
| 26-09-2025 | | Friday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir B | Vd. Niraj Dandekar |
| | 9am to 11am | NLH-P Kriya Sharir A | Vd.Sampada Thakur |
| | 11am to 12am | NLH-T Samhita Adhyayan 1 | Vd.Smriti Mishra |
| | 12pm to 1pm | LH-Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Rachna Sharir | Dr.Akshta chavan |
| | 3pm to 4pm | Physical Education | |
| | 4pm to 4.30pm | Remedial Coaching-Kriya Sharir | |
| 27-09-2025 | | Saturday | |
| | Time | Subject | Teacher name |
| | 9am to 10am | NLH-T Rachna Sharir | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | NLH-P-Rachna Sharir-B (1Hr) | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | Library Batch A | |
| | 11am to 12am | LH-Rachna Sharir | Vd.Manoj Jagtap |
| | 12pm to 1pm | LH-Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Samhita adhyayan 1 | Vd.Mandar Karve |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Preceptor Meet | |

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| 28-09-2025 | | Sunday | |
| 29-09-2025 | | Monday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir A | Vd. Sayali |
| | 9am to 11am | NLH-P KriYa Sharir B | Vd.Sampada |
| | 11am to 12am | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 12pm to 1pm | LH-Kriya Sharir | Vd.Deepa Kale |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 30-09-2025 | | Tuesday | |
| | Time | Subject | Teacher name |
| | 9am to 10am | NLH-T Kriya Sharir | Vd.Deepa/Pankaja/Ujjwala |
| | 10am to 11am | NLH-P-Rachna Sharir-A (1Hr) | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | Library Batch B | |
| | 11am to 12am | LH-kriya Sharir | Vd.Ujjawla |
| | 12pm to 1pm | LH-Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | NLH-T Samhita Adhyayan 1 | Vd.smriti Mishra/Vd.Jayashree |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 01-10-2025 | | Wednesday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir A | Vd. Sayali |
| | 9am to 11am | NLH-P Kriya Sharir B | Vd.Poonam |
| | 11am to 12am | LH-Rachna Sharir | Vd.Premanand Bhalerao |
| | 12pm to 1pm | NLH-T Samhita Adhyayan 1 | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Kriya Sharir | Vd.Pankaja Chaudhari |
| | 3pm to 4pm | LH-Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 02-10-2025 | | Holiday-Gandhi Jayanti | |

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| 03-10-2025 | | Friday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir B | Vd. Niraj Dandekar |
| | 9am to 11am | NLH-P Kriya Sharir A | Vd.Sampada Thakur |
| | 11am to 12am | NLH-T Samhita Adhyayan 1 | Vd.Smriti Mishra |
| | 12pm to 1pm | LH-Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Rachna Sharir | Dr.Akshta chavan |
| | 3pm to 4pm | Physical Education | |
| | 4pm to 4.30pm | Remedial Coaching-Kriya Sharir | |
| 04-10-2025 | | Saturday | |
| | Time | Subject | Teacher name |
| | 9am to 10am | NLH-T Rachna Sharir | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | NLH-P-Rachna Sharir-B (1Hr) | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | Library Batch A | |
| | 11am to 12am | LH-Rachna Sharir | Vd.Manoj Jagtap |
| | 12pm to 1pm | LH-Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Samhita adhyayan 1 | Vd.Mandar Karve |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Preceptor Meet | |
| 05-10-2025 | | Sunday | |
| 06-10-2025 | | Monday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir A | Vd. Sayali |
| | 9am to 11am | NLH-P KriYa Sharir B | Vd.Sampada |
| | 11am to 12am | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 12pm to 1pm | LH-Kriya Sharir | Vd.Deepa Kale |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 3pm to 4pm | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |

| 07-10-2025 | Tuesday | | |
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| | Time | Subject | Teacher name |
| | 9am to 10am | NLH-T Kriya Sharir | Vd.Deepa/Pankaja/Ujjwala |
| | 10am to 11am | NLH-P-Rachna Sharir-A (1Hr) | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | Library Batch B | |
| | 11am to 12am | LH-kriya Sharir | Vd.Ujjawla |
| | 12pm to 1pm | LH-Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | NLH-T Samhita Adhyayan 1 | Vd.smriti Mishra/Vd.Jayashree |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 08-10-2025 | Wednesday | | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir A | Vd. Sayali |
| | 9am to 11am | NLH-P Kriya Sharir B | Vd.Poonam |
| | 11am to 12am | LH-Rachna Sharir | Vd.Premanand Bhalerao |
| | 12pm to 1pm | NLH-T Samhita Adhyayan 1 | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Kriya Sharir | Vd.Pankaja Chaudhari |
| | 3pm to 4pm | LH-Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 09-10-2025 | Thursday | | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir B | Vd. Niraj Dandekar |
| | 9am to 11am | NLH-P Kriya Sharir A | Vd.Poonam |
| | 11am to 12am | Clinical training | Vd.jayashri Vaidya |
| | 12pm to 1pm | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | NLH-T Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 3pm to 4pm | NLH-P Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Rachna Saharir | |
| 10-10-2025 | Friday | | |
| | Time | Subject | Teacher name |

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| | 9am to 11am | NLH-P Rachna Sharir B | Vd. Niraj Dandekar |
| | 9am to 11am | NLH-P Kriya Sharir A | Vd.Sampada Thakur |
| | 11am to 12am | NLH-T Samhita Adhyayan 1 | Vd.Smriti Mishra |
| | 12pm to 1pm | LH-Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Rachna Sharir | Dr.Akshta chavan |
| | 3pm to 4pm | Physical Education | |
| | 4pm to 4.30pm | Remedial Coaching-Kriya Sharir | |
| 11-10-2025 | | Saturday | |
| | Time | Subject | Teacher name |
| | 9am to 10am | NLH-T Rachna Sharir | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | NLH-P-Rachna Sharir-B (1Hr) | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | Library Batch A | |
| | 11am to 12am | LH-Rachna Sharir | Vd.Manoj Jagtap |
| | 12pm to 1pm | LH-Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Samhita adhyayan 1 | Vd.Mandar Karve |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Preceptor Meet | |
| 12-10-2025 | | Sunday | |
| 13-10-2025 | | Monday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir A | Vd. Sayali |
| | 9am to 11am | NLH-P Kriya Sharir B | Vd.Sampada |
| | 11am to 12am | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 12pm to 1pm | LH-Kriya Sharir | Vd.Deepa Kale |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 14-10-2025 | | Tuesday | |
| | Time | Subject | Teacher name |

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| | 9am to 10am | NLH-T Kriya Sharir | Vd.Deepa/Pankaja/Ujjwala |
| | 10am to 11am | NLH-P-Rachna Sharir-A (1Hr) | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | Library Batch B | |
| | 11am to 12am | LH-kriya Sharir | Vd.Ujjawla |
| | 12pm to 1pm | LH-Rachna Sharir | Vd.Niraj |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | NLH-T Samhita Adhyayan 1 | Vd.smriti Mishra/Vd.Jayashree |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 15-10-2025 | | Wednesday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir A | Vd. Sayali |
| | 9am to 11am | NLH-P Kriya Sharir B | Vd.Poonam |
| | 11am to 12am | LH-Rachna Sharir | Vd.Premanand Bhalerao |
| | 12pm to 1pm | NLH-T Samhita Adhyayan 1 | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Kriya Sharir | Vd.Pankaja Chaudhari |
| | 3pm to 4pm | LH-Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 16-10-2025 | | Thursday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir B | Vd. Niraj Dandekar |
| | 9am to 11am | NLH-P Kriya Sharir A | Vd.Poonam |
| | 11am to 12am | LH-Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 12pm to 1pm | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | NLH-T Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 3pm to 4pm | NLH-P Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Rachna Saharir | |
| 17-10-2025 | | Friday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir B | Vd. Niraj Dandekar |
| | 9am to 11am | NLH-P Kriya Sharir A | Vd.Sampada Thakur |

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| | 11am to 12am | NLH-T Samhita Adhyayan 1 | Vd.Smriti Mishra |
| | 12pm to 1pm | LH-Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Rachna Sharir | Dr.Akshta chavan |
| | 3pm to 4pm | Physical Education | |
| | 4pm to 4.30pm | Remedial Coaching-Kriya Sharir | |
| 18-10-2025 | | Saturday | |
| | Time | Subject | Teacher name |
| | 9am to 10am | NLH-T Rachna Sharir | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | NLH-P-Rachna Sharir-B (1Hr) | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | Library Batch A | |
| | 11am to 12am | LH-Rachna Sharir | Vd.Manoj Jagtap |
| | 12pm to 1pm | LH-Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Samhita adhyayan 1 | Vd.Mandar Karve |
| | 3pm to 4pm | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 4pm to 4.30pm | Preceptor Meet | |
| 19-10-2025 | | Sunday | |
| | | Monday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir A | Vd. Sayali |
| | 9am to 11am | NLH-P KriYa Sharir B | Vd.Sampada |
| | 11am to 12am | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 12pm to 1pm | LH-Kriya Sharir | Vd.Deepa Kale |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 20-10-2025 | | Holiday-Diawali | |
| 21-10-2025 | | Holiday-Diawali | |
| 22-10-2025 | | Holiday-Diawali | |
| 23-10-2025 | | Holiday-Diawali | |
| 24-10-2025 | | Friday | |

| | Time | Subject | Teacher name |
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| | 9am to 11am | NLH-P Rachna Sharir B | Vd. Niraj Dandekar |
| | 9am to 11am | NLH-P Kriya Sharir A | Vd.Sampada Thakur |
| | 11am to 12am | NLH-T Samhita Adhyayan 1 | Vd.Smriti Mishra |
| | 12pm to 1pm | LH-Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Rachna Sharir | Dr.Akshta chavan |
| | 3pm to 4pm | Physical Education | |
| | 4pm to 4.30pm | Remedial Coaching-Kriya Sharir | |
| 25-10-2025 | | Saturday | |
| | Time | Subject | Teacher name |
| | 9am to 10am | NLH-T Rachna Sharir | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | NLH-P-Rachna Sharir-B (1Hr) | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | Library Batch A | |
| | 11am to 12am | LH-Rachna Sharir | Vd.Manoj Jagtap |
| | 12pm to 1pm | LH-Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Samhita adhyayan 1 | Vd.Mandar Karve |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Preceptor Meet | |
| 26-10-2025 | | Sunday | |
| 27-10-2025 | | Monday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir A | Vd. Sayali |
| | 9am to 11am | NLH-P Kriya Sharir B | Vd.Sampada |
| | 11am to 12am | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 12pm to 1pm | LH-Kriya Sharir | Vd.Deepa Kale |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 27-10-2025 | Second term exam | Theory | |
| 28-10-2025 | Second term exam | Theory | |

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| 29-10-2025 | Second term exam | Theory | |
| 30-10-2025 | Second term exam | Theory | |
| 31-10-2025 | Second term exam | Theory | |
| 01-11-2025 | Second term exam | Practical | |
| 02-11-2025 | | Sunday | |
| 03-11-2025 | Second term exam | Practical | |
| 04-11-2025 | Second term exam | Practical | |
| 05-11-2025 | | Holiday- Gurunanak jayanti | |
| 06-11-2025 | Second term exam | Practical | |
| 07-11-2025 | Second term exam | Practical | |
| 08-11-2025 | | Saturday | |
| | Time | Subject | Teacher name |
| | 9am to 10am | NLH-T Rachna Sharir | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | NLH-P-Rachna Sharir-B (1Hr) | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | Library Batch A | |
| | 11am to 12am | LH-Rachna Sharir | Vd.Manoj Jagtap |
| | 12pm to 1pm | LH-Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Samhita adhyayan 1 | Vd.Mandar Karve |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Preceptor Meet | |
| 09-11-2025 | | Sunday | |
| 10-11-2025 | | Monday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir A | Vd. Sayali |
| | 9am to 11am | NLH-P KriYa Sharir B | Vd.Sampada |
| | 11am to 12am | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 12pm to 1pm | LH-Kriya Sharir | Vd.Deepa Kale |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 11-11-2025 | | Tuesday | |

| | Time | Subject | Teacher name |
|------------|---------------|----------------------------------|-------------------------------|
| | 9am to 10am | NLH-T Kriya Sharir | Vd.Deepa/Pankaja/Ujjwala |
| | 10am to 11am | NLH-P-Rachna Sharir-A (1Hr) | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | Library Batch B | |
| | 11am to 12am | LH-kriya Sharir | Vd.Ujjawla |
| | 12pm to 1pm | LH-Rachna Sharir | Vd.Niraj |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | NLH-T Samhita Adhyayan 1 | Vd.smriti Mishra/Vd.Jayashree |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 12-11-2025 | | Wednesday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir A | Vd. Sayali |
| | 9am to 11am | NLH-P Kriya Sharir B | Vd.Poonam |
| | 11am to 12am | LH-Rachna Sharir | Vd.Premanand Bhalerao |
| | 12pm to 1pm | NLH-T Samhita Adhyayan 1 | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Kriya Sharir | Vd.Pankaja Chaudhari |
| | 3pm to 4pm | LH-Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 13-11-2025 | | Thursday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir B | Vd. Niraj Dandekar |
| | 9am to 11am | NLH-P Kriya Sharir A | Vd.Poonam |
| | 11am to 12am | Clinical training | Vd.jayashri Vaidya |
| | 12pm to 1pm | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | NLH-T Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 3pm to 4pm | NLH-P Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Rachna Saharir | |
| 14-11-2025 | | Friday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir B | Vd. Niraj Dandekar |

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| | 9am to 11am | NLH-P Kriya Sharir A | Vd.Sampada Thakur |
| | 11am to 12am | NLH-T Samhita Adhyayan 1 | Vd.Smriti Mishra |
| | 12pm to 1pm | LH-Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Rachna Sharir | Dr.Akshata chavan |
| | 3pm to 4pm | Physical Education | |
| | 4pm to 4.30pm | Remedial Coaching-Kriya Sharir | |
| 15-11-2025 | | Saturday | |
| | Time | Subject | Teacher name |
| | 9am to 10am | NLH-T Rachna Sharir | Vd.Manoj/Premanand/Akshata |
| | 10am to 11am | NLH-P-Rachna Sharir-B (1Hr) | Vd.Manoj/Premanand/Akshata |
| | 10am to 11am | Library Batch A | |
| | 11am to 12am | LH-Rachna Sharir | Vd.Manoj Jagtap |
| | 12pm to 1pm | LH-Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Samhita adhyayan 1 | Vd.Mandar Karve |
| | 3pm to 4pm | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 4pm to 4.30pm | Preceptor Meet | |
| 16-11-2025 | | Sunday | |
| 17-11-2025 | | Monday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir A | Vd. Sayali |
| | 9am to 11am | NLH-P Kriya Sharir B | Vd.Sampada |
| | 11am to 12am | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 12pm to 1pm | LH-Kriya Sharir | Vd.Deepa Kale |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 18-11-2025 | | Tuesday | |
| | Time | Subject | Teacher name |
| | 9am to 10am | NLH-T Kriya Sharir | Vd.Deepa/Pankaja/Ujjwala |

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| | 10am to 11am | NLH-P-Rachna Sharir-A (1Hr) | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | Library Batch B | |
| | 11am to 12am | LH-kriya Sharir | Vd.Ujjawla |
| | 12pm to 1pm | LH-Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | NLH-T Samhita Adhyayan 1 | Vd.smriti Mishra/Vd.Jayashree |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 19-11-2025 | | Wednesday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir A | Vd. Sayali |
| | 9am to 11am | NLH-P Kriya Sharir B | Vd.Poonam |
| | 11am to 12am | LH-Rachna Sharir | Vd.Premanand Bhalerao |
| | 12pm to 1pm | NLH-T Samhita Adhyayan 1 | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Kriya Sharir | Vd.Pankaja Chaudhari |
| | 3pm to 4pm | LH-Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 20-11-2025 | | Thursday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir B | Vd. Niraj Dandekar |
| | 9am to 11am | NLH-P Kriya Sharir A | Vd.Poonam |
| | 11am to 12am | LH-Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 12pm to 1pm | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | NLH-T Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 3pm to 4pm | NLH-P Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Rachna Saharir | |
| 21-11-2025 | | Friday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir B | Vd. Niraj Dandekar |
| | 9am to 11am | NLH-P Kriya Sharir A | Vd.Sampada Thakur |
| | 11am to 12am | NLH-T Samhita Adhyayan 1 | Vd.Smriti Mishra |

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| | 12pm to 1pm | LH-Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Rachna Sharir | Dr.Akshta chavan |
| | 3pm to 4pm | Physical Education | |
| | 4pm to 4.30pm | Remedial Coaching-Kriya Sharir | |
| 22-11-2025 | | Saturday | |
| | Time | Subject | Teacher name |
| | 9am to 10am | NLH-T Rachna Sharir | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | NLH-P-Rachna Sharir-B (1Hr) | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | Library Batch A | |
| | 11am to 12am | LH-Rachna Sharir | Vd.Manoj Jagtap |
| | 12pm to 1pm | LH-Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Samhita adhyayan 1 | Vd.Mandar Karve |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Preceptor Meet | |
| 23-11-2025 | | Sunday | |
| 24-11-2025 | | Monday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir A | Vd. Sayali |
| | 9am to 11am | NLH-P KriYa Sharir B | Vd.Sampada |
| | 11am to 12am | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 12pm to 1pm | LH-Kriya Sharir | Vd.Deepa Kale |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 25-11-2025 | | Tuesday | |
| | Time | Subject | Teacher name |
| | 9am to 10am | NLH-T Kriya Sharir | Vd.Deepa/Pankaja/Ujjwala |
| | 10am to 11am | NLH-P-Rachna Sharir-A (1Hr) | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | Library Batch B | |
| | 11am to 12am | Recreational activity | |

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| | 12pm to 1pm | LH-Rachna Sharir | Vd.sayali |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | NLH-T Samhita Adhyayan 1 | Vd.smriti Mishra/Vd.Jayashree |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 26-11-2025 | | Wednesday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir A | Vd. Sayali |
| | 9am to 11am | NLH-P Kriya Sharir B | Vd.Poonam |
| | 11am to 12am | LH-Rachna Sharir | Vd.Premanand Bhalerao |
| | 12pm to 1pm | NLH-T Samhita Adhyayan 1 | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Kriya Sharir | Vd.Pankaja Chaudhari |
| | 3pm to 4pm | LH-Padarth Vidnyan | Vd.Smriti Mishra |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 27-11-2025 | | Thursday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir B | Vd. Niraj Dandekar |
| | 9am to 11am | NLH-P Kriya Sharir A | Vd.Poonam |
| | 11am to 12am | Clinical training | Vd.jayashri Vaidya |
| | 12pm to 1pm | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | NLH-T Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 3pm to 4pm | NLH-P Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Rachna Saharir | |
| 28-11-2025 | | Friday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir B | Vd. Niraj Dandekar |
| | 9am to 11am | NLH-P Kriya Sharir A | Vd.Sampada Thakur |
| | 11am to 12am | NLH-T Samhita Adhyayan 1 | Vd.Smriti Mishra |
| | 12pm to 1pm | LH-Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Rachna Sharir | Dr.Akshta chavan |

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| | 3pm to 4pm | Physical Education | |
| | 4pm to 4.30pm | Remedial Coaching-Kriya Sharir | |
| 29-11-2025 | | Saturday | |
| | Time | Subject | Teacher name |
| | 9am to 10am | NLH-T Rachna Sharir | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | NLH-P-Rachna Sharir-B (1Hr) | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | Library Batch A | |
| | 11am to 12am | LH-Rachna Sharir | Vd.Manoj Jagtap |
| | 12pm to 1pm | LH-Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Samhita adhyayan 1 | Vd.Mandar Karve |
| | 3pm to 4pm | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 4pm to 4.30pm | Preceptor Meet | |
| 30-11-2025 | | Sunday | |
| 01-12-2025 | | Monday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir A | Vd. Sayali |
| | 9am to 11am | NLH-P KriYa Sharir B | Vd.Sampada |
| | 11am to 12am | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 12pm to 1pm | LH-Kriya Sharir | Vd.Deepa Kale |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 02-12-2025 | | Tuesday | |
| | Time | Subject | Teacher name |
| | 9am to 10am | NLH-T Kriya Sharir | Vd.Deepa/Pankaja/Ujjwala |
| | 10am to 11am | NLH-P-Rachna Sharir-A (1Hr) | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | Library Batch B | |
| | 11am to 12am | LH-kriya Sharir | Vd.Ujjawla |
| | 12pm to 1pm | LH-Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |

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| | 2pm to 3pm | NLH-T Samhita Adhyayan 1 | Vd.smriti Mishra/Vd.Jayashree |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 03-12-2025 | | Wednesday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir A | Vd. Sayali |
| | 9am to 11am | NLH-P Kriya Sharir B | Vd.Poonam |
| | 11am to 12am | LH-Rachna Sharir | Vd.Premanand Bhalerao |
| | 12pm to 1pm | NLH-T Samhita Adhyayan 1 | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Kriya Sharir | Vd.Pankaja Chaudhari |
| | 3pm to 4pm | LH-Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 04-12-2025 | | Thursday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir B | Vd. Niraj Dandekar |
| | 9am to 11am | NLH-P Kriya Sharir A | Vd.Poonam |
| | 11am to 12am | LH-Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 12pm to 1pm | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | NLH-T Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 3pm to 4pm | NLH-P Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Rachna Saharir | |
| 05-12-2025 | | Friday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir B | Vd. Niraj Dandekar |
| | 9am to 11am | NLH-P Kriya Sharir A | Vd.Sampada Thakur |
| | 11am to 12am | NLH-T Samhita Adhyayan 1 | Vd.Smriti Mishra |
| | 12pm to 1pm | LH-Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Rachna Sharir | Dr.Akshta chavan |
| | 3pm to 4pm | Physical Education | |
| | 4pm to 4.30pm | Remedial Coaching-Kriya Sharir | |

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| 06-12-2025 | Saturday | | |
| | Time | Subject | Teacher name |
| | 9am to 10am | NLH-T Rachna Sharir | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | NLH-P-Rachna Sharir-B (1Hr) | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | Library Batch A | |
| | 11am to 12am | LH-Rachna Sharir | Vd.Manoj Jagtap |
| | 12pm to 1pm | LH-Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Samhita adhyayan 1 | Vd.Mandar Karve |
| | 3pm to 4pm | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 4pm to 4.30pm | Preceptor Meet | |
| 07-12-2025 | Sunday | | |
| 08-12-2025 | Monday | | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir A | Vd. Sayali |
| | 9am to 11am | NLH-P KriYa Sharir B | Vd.Sampada |
| | 11am to 12am | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 12pm to 1pm | LH-Kriya Sharir | Vd.Deepa Kale |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 09-12-2025 | Tuesday | | |
| | Time | Subject | Teacher name |
| | 9am to 10am | NLH-T Kriya Sharir | Vd.Deepa/Pankaja/Ujjwala |
| | 10am to 11am | NLH-P-Rachna Sharir-A (1Hr) | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | Library Batch B | |
| | 11am to 12am | LH-kriya Sharir | Vd.Ujjawla |
| | 12pm to 1pm | LH-Rachna Sharir | Vd.Niraj |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | NLH-T Samhita Adhyayan 1 | Vd.smriti Mishra/Vd.Jayashree |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |

| 10-12-2025 | Wednesday | | |
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| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir A | Vd. Sayali |
| | 9am to 11am | NLH-P Kriya Sharir B | Vd.Poonam |
| | 11am to 12am | LH-Rachna Sharir | Vd.Premanand Bhalerao |
| | 12pm to 1pm | NLH-T Samhita Adhyayan 1 | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Kriya Sharir | Vd.Pankaja Chaudhari |
| | 3pm to 4pm | LH-Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 11-12-2025 | Thursday | | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir B | Vd. Niraj Dandekar |
| | 9am to 11am | NLH-P Kriya Sharir A | Vd.Poonam |
| | 11am to 12am | Clinical training | Vd.jayashri Vaidya |
| | 12pm to 1pm | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | NLH-T Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 3pm to 4pm | NLH-P Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Rachna Saharir | |
| 12-12-2025 | Friday | | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir B | Vd. Niraj Dandekar |
| | 9am to 11am | NLH-P Kriya Sharir A | Vd.Sampada Thakur |
| | 11am to 12am | NLH-T Samhita Adhyayan 1 | Vd.Smriti Mishra |
| | 12pm to 1pm | LH-Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Rachna Sharir | Dr.Akshta chavan |
| | 3pm to 4pm | Physical Education | |
| | 4pm to 4.30pm | Remedial Coaching-Kriya Sharir | |
| 13-12-2025 | Saturday | | |
| | Time | Subject | Teacher name |
| | 9am to 10am | NLH-T Rachna Sharir | Vd.Manoj/Premanand/Akshta |

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| | 10am to 11am | NLH-P-Rachna Sharir-B (1Hr) | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | Library Batch A | |
| | 11am to 12am | LH-Rachna Sharir | Vd.Manoj Jagtap |
| | 12pm to 1pm | LH-Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Samhita adhyayan 1 | Vd.Mandar Karve |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Preceptor Meet | |
| 14-12-2025 | | Sunday | |
| 15-12-2025 | | Monday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir A | Vd. Sayali |
| | 9am to 11am | NLH-P KriYa Sharir B | Vd.Sampada |
| | 11am to 12am | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 12pm to 1pm | LH-Kriya Sharir | Vd.Deepa Kale |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 16-12-2025 | | Tuesday | |
| | Time | Subject | Teacher name |
| | 9am to 10am | NLH-T Kriya Sharir | Vd.Deepa/Pankaja/Ujjwala |
| | 10am to 11am | NLH-P-Rachna Sharir-A (1Hr) | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | Library Batch B | |
| | 11am to 12am | LH-kriya Sharir | Vd.Ujjawla |
| | 12pm to 1pm | LH-Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | NLH-T Samhita Adhyayan 1 | Vd.smriti Mishra/Vd.Jayashree |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 17-12-2025 | | Wednesday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir A | Vd. Sayali |

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| | 9am to 11am | NLH-P Kriya Sharir B | Vd.Poonam |
| | 11am to 12am | LH-Rachna Sharir | Vd.Premanand Bhalerao |
| | 12pm to 1pm | NLH-T Samhita Adhyayan 1 | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Kriya Sharir | Vd.Pankaja Chaudhari |
| | 3pm to 4pm | LH-Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 18-12-2025 | | Thursday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir B | Vd. Niraj Dandekar |
| | 9am to 11am | NLH-P Kriya Sharir A | Vd.Poonam |
| | 11am to 12am | LH-Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 12pm to 1pm | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | NLH-T Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 3pm to 4pm | NLH-P Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Rachna Saharir | |
| 19-12-2025 | | Friday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir B | Vd. Niraj Dandekar |
| | 9am to 11am | NLH-P Kriya Sharir A | Vd.Sampada Thakur |
| | 11am to 12am | NLH-T Samhita Adhyayan 1 | Vd.Smriti Mishra |
| | 12pm to 1pm | LH-Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Rachna Sharir | Dr.Akshta chavan |
| | 3pm to 4pm | Physical Education | |
| | 4pm to 4.30pm | Remedial Coaching-Kriya Sharir | |
| 20-12-2025 | | Saturday | |
| | Time | Subject | Teacher name |
| | 9am to 10am | NLH-T Rachna Sharir | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | NLH-P-Rachna Sharir-B (1Hr) | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | Library Batch A | |
| | 11am to 12am | LH-Rachna Sharir | Vd.Manoj Jagtap |

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| | 12pm to 1pm | LH-Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Samhita adhyayan 1 | Vd.Mandar Karve |
| | 3pm to 4pm | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 4pm to 4.30pm | Preceptor Meet | |
| 21-12-2025 | | Sunday | |
| 22-12-2025 | | Monday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir A | Vd. Sayali |
| | 9am to 11am | NLH-P KriYa Sharir B | Vd.Sampada |
| | 11am to 12am | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 12pm to 1pm | LH-Kriya Sharir | Vd.Deepa Kale |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 23-12-2025 | | Tuesday | |
| | Time | Subject | Teacher name |
| | 9am to 10am | NLH-T Kriya Sharir | Vd.Deepa/Pankaja/Ujjwala |
| | 10am to 11am | NLH-P-Rachna Sharir-A (1Hr) | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | Library Batch B | |
| | 11am to 12am | Recreational activity | |
| | 12pm to 1pm | LH-Rachna Sharir | Vd.sayali |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | NLH-T Samhita Adhyayan 1 | Vd.smriti Mishra/Vd.Jayashree |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 24-12-2025 | | Wednesday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir A | Vd. Sayali |
| | 9am to 11am | NLH-P Kriya Sharir B | Vd.Poonam |
| | 11am to 12am | LH-Rachna Sharir | Vd.Premanand Bhalerao |
| | 12pm to 1pm | NLH-T Samhita Adhyayan 1 | Vd.Smriti Mishra |

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| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Kriya Sharir | Vd.Pankaja Chaudhari |
| | 3pm to 4pm | LH-Padarth Vidnyan | Vd.Smriti Mishra |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 25-12-2025 | | Holiday-Christmas | |
| 26-12-2025 | | Friday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir B | Vd. Niraj Dandekar |
| | 9am to 11am | NLH-P Kriya Sharir A | Vd.Sampada Thakur |
| | 11am to 12am | NLH-T Samhita Adhyayan 1 | Vd.Smriti Mishra |
| | 12pm to 1pm | LH-Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Rachna Sharir | Dr.Akshta chavan |
| | 3pm to 4pm | Physical Education | |
| | 4pm to 4.30pm | Remedial Coaching-Kriya Sharir | |
| 27-12-2025 | | Saturday | |
| | Time | Subject | Teacher name |
| | 9am to 10am | NLH-T Rachna Sharir | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | NLH-P-Rachna Sharir-B (1Hr) | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | Library Batch A | |
| | 11am to 12am | LH-Rachna Sharir | Vd.Manoj Jagtap |
| | 12pm to 1pm | LH-Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Samhita adhyayan 1 | Vd.Mandar Karve |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Preceptor Meet | |
| 28-12-2025 | | Sunday | |
| 29-12-2025 | | Monday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir A | Vd. Sayali |
| | 9am to 11am | NLH-P KriYa Sharir B | Vd.Sampada |
| | 11am to 12am | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 12pm to 1pm | LH-Kriya Sharir | Vd.Deepa Kale |

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| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 30-12-2025 | Tuesday | | |
| | Time | Subject | Teacher name |
| | 9am to 10am | NLH-T Kriya Sharir | Vd.Deepa/Pankaja/Ujjwala |
| | 10am to 11am | NLH-P-Rachna Sharir-A (1Hr) | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | Library Batch B | |
| | 11am to 12am | LH-kriya Sharir | Vd.Ujjawla |
| | 12pm to 1pm | LH-Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | NLH-T Samhita Adhyayan 1 | Vd.smriti Mishra/Vd.Jayashree |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 31-12-2025 | Wednesday | | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir A | Vd. Sayali |
| | 9am to 11am | NLH-P Kriya Sharir B | Vd.Poonam |
| | 11am to 12am | LH-Rachna Sharir | Vd.Premanand Bhalerao |
| | 12pm to 1pm | NLH-T Samhita Adhyayan 1 | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Kriya Sharir | Vd.Pankaja Chaudhari |
| | 3pm to 4pm | LH-Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 01-01-2026 | Thursday | | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir B | Vd. Niraj Dandekar |
| | 9am to 11am | NLH-P Kriya Sharir A | Vd.Poonam |
| | 11am to 12am | LH-Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 12pm to 1pm | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | NLH-T Samhita Adhyayan 1 | Vd.jayashri Vaidya |

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| | 3pm to 4pm | NLH-P Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Rachna Saharir | |
| 02-01-2026 | | Friday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir B | Vd. Niraj Dandekar |
| | 9am to 11am | NLH-P Kriya Sharir A | Vd.Sampada Thakur |
| | 11am to 12am | 4 | Vd.Smriti Mishra |
| | 12pm to 1pm | LH-Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Rachna Sharir | Dr.Akshta chavan |
| | 3pm to 4pm | Physical Education | |
| | 4pm to 4.30pm | Remedial Coaching-Kriya Sharir | |
| 03-01-2026 | | Saturday | |
| | Time | Subject | Teacher name |
| | 9am to 10am | NLH-T Rachna Sharir | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | NLH-P-Rachna Sharir-B (1Hr) | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | Library Batch A | |
| | 11am to 12am | LH-Rachna Sharir | Vd.Manoj Jagtap |
| | 12pm to 1pm | LH-Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Samhita adhyayan 1 | Vd.Mandar Karve |
| | 3pm to 4pm | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 4pm to 4.30pm | Preceptor Meet | |
| 04-01-2026 | | Sunday | |
| 05-01-2026 | | Monday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir A | Vd. Sayali |
| | 9am to 11am | NLH-P KriYa Sharir B | Vd.Sampada |
| | 11am to 12am | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 12pm to 1pm | LH-Kriya Sharir | Vd.Deepa Kale |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Samhita Adhyayan 1 | Vd.jayashri Vaidya |

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| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 06-01-2026 | Tuesday | | |
| | Time | Subject | Teacher name |
| | 9am to 10am | NLH-T Kriya Sharir | Vd.Deepa/Pankaja/Ujjwala |
| | 10am to 11am | NLH-P-Rachna Sharir-A (1Hr) | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | Library Batch B | |
| | 11am to 12am | LH-kriya Sharir | Vd.Ujjawla |
| | 12pm to 1pm | LH-Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | NLH-T Samhita Adhyayan 1 | Vd.smriti Mishra/Vd.Jayashree |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 07-01-2026 | Wednesday | | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir A | Vd. Sayali |
| | 9am to 11am | NLH-P Kriya Sharir B | Vd.Poonam |
| | 11am to 12am | LH-Rachna Sharir | Vd.Premanand Bhalerao |
| | 12pm to 1pm | NLH-T Samhita Adhyayan 1 | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Kriya Sharir | Vd.Pankaja Chaudhari |
| | 3pm to 4pm | LH-Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 08-01-2026 | Thursday | | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir B | Vd. Niraj Dandekar |
| | 9am to 11am | NLH-P Kriya Sharir A | Vd.Poonam |
| | 11am to 12am | Clinical training | Vd.jayashri Vaidya |
| | 12pm to 1pm | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | NLH-T Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 3pm to 4pm | NLH-P Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Rachna Saharir | |

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| 09-01-2026 | | Friday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir B | Vd. Niraj Dandekar |
| | 9am to 11am | NLH-P Kriya Sharir A | Vd.Sampada Thakur |
| | 11am to 12am | NLH-T Samhita Adhyayan 1 | Vd.Smriti Mishra |
| | 12pm to 1pm | LH-Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Rachna Sharir | Dr.Akshta chavan |
| | 3pm to 4pm | Physical Education | |
| | 4pm to 4.30pm | Remedial Coaching-Kriya Sharir | |
| 10-01-2026 | | Saturday | |
| | Time | Subject | Teacher name |
| | 9am to 10am | NLH-T Rachna Sharir | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | NLH-P-Rachna Sharir-B (1Hr) | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | Library Batch A | |
| | 11am to 12am | LH-Rachna Sharir | Vd.Manoj Jagtap |
| | 12pm to 1pm | LH-Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Samhita adhyayan 1 | Vd.Mandar Karve |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Preceptor Meet | |
| 11-01-2026 | | Sunday | |
| 12-01-2026 | | Monday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir A | Vd. Sayali |
| | 9am to 11am | NLH-P KriYa Sharir B | Vd.Sampada |
| | 11am to 12am | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 12pm to 1pm | LH-Kriya Sharir | Vd.Deepa Kale |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |

| 13-01-2026 | Tuesday | | |
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| | Time | Subject | Teacher name |
| | 9am to 10am | NLH-T Kriya Sharir | Vd.Deepa/Pankaja/Ujjwala |
| | 10am to 11am | NLH-P-Rachna Sharir-A (1Hr) | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | Library Batch B | |
| | 11am to 12am | LH-kriya Sharir | Vd.Ujjawla |
| | 12pm to 1pm | LH-Rachna Sharir | Vd.Niraj |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | NLH-T Samhita Adhyayan 1 | Vd.smriti Mishra/Vd.Jayashree |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 14-01-2026 | Wednesday | | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir A | Vd. Sayali |
| | 9am to 11am | NLH-P Kriya Sharir B | Vd.Poonam |
| | 11am to 12am | LH-Rachna Sharir | Vd.Premanand Bhalerao |
| | 12pm to 1pm | NLH-T Samhita Adhyayan 1 | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Kriya Sharir | Vd.Pankaja Chaudhari |
| | 3pm to 4pm | LH-Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 15-01-2026 | Thursday | | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir B | Vd. Niraj Dandekar |
| | 9am to 11am | NLH-P Kriya Sharir A | Vd.Poonam |
| | 11am to 12am | LH-Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 12pm to 1pm | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | NLH-T Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 3pm to 4pm | NLH-P Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Rachna Saharir | |
| 16-01-2026 | Friday | | |
| | Time | Subject | Teacher name |

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| | 9am to 11am | NLH-P Rachna Sharir B | Vd. Niraj Dandekar |
| | 9am to 11am | NLH-P Kriya Sharir A | Vd.Sampada Thakur |
| | 11am to 12am | NLH-T Samhita Adhyayan 1 | Vd.Smriti Mishra |
| | 12pm to 1pm | LH-Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Rachna Sharir | Dr.Akshta chavan |
| | 3pm to 4pm | Physical Education | |
| | 4pm to 4.30pm | Remedial Coaching-Kriya Sharir | |
| 17-01-2026 | | Saturday | |
| | Time | Subject | Teacher name |
| | 9am to 10am | NLH-T Rachna Sharir | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | NLH-P-Rachna Sharir-B (1Hr) | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | Library Batch A | |
| | 11am to 12am | LH-Rachna Sharir | Vd.Manoj Jagtap |
| | 12pm to 1pm | LH-Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Samhita adhyayan 1 | Vd.Mandar Karve |
| | 3pm to 4pm | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 4pm to 4.30pm | Preceptor Meet | |
| 18-01-2026 | | Sunday | |
| 19-01-2026 | | Monday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir A | Vd. Sayali |
| | 9am to 11am | NLH-P Kriya Sharir B | Vd.Sampada |
| | 11am to 12am | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 12pm to 1pm | LH-Kriya Sharir | Vd.Deepa Kale |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 20-01-2026 | | Tuesday | |
| | Time | Subject | Teacher name |

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| | 9am to 10am | NLH-T Kriya Sharir | Vd.Deepa/Pankaja/Ujjwala |
| | 10am to 11am | NLH-P-Rachna Sharir-A (1Hr) | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | Library Batch B | |
| | 11am to 12am | LH-kriya Sharir | Vd.Ujjawla |
| | 12pm to 1pm | LH-Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | NLH-T Samhita Adhyayan 1 | Vd.smriti Mishra/Vd.Jayashree |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 21-01-2026 | | Wednesday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir A | Vd. Sayali |
| | 9am to 11am | NLH-P Kriya Sharir B | Vd.Poonam |
| | 11am to 12am | LH-Rachna Sharir | Vd.Premanand Bhalerao |
| | 12pm to 1pm | NLH-T Samhita Adhyayan 1 | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Kriya Sharir | Vd.Pankaja Chaudhari |
| | 3pm to 4pm | LH-Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 22-01-2026 | | Thursday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir B | Vd. Niraj Dandekar |
| | 9am to 11am | NLH-P Kriya Sharir A | Vd.Poonam |
| | 11am to 12am | Clinical training | Vd.jayashri Vaidya |
| | 12pm to 1pm | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | NLH-T Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 3pm to 4pm | NLH-P Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Rachna Saharir | |
| 23-01-2026 | | Friday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir B | Vd. Niraj Dandekar |
| | 9am to 11am | NLH-P Kriya Sharir A | Vd.Sampada Thakur |

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| | 11am to 12am | NLH-T Samhita Adhyayan 1 | Vd.Smriti Mishra |
| | 12pm to 1pm | LH-Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Rachna Sharir | Dr.Akshta chavan |
| | 3pm to 4pm | Physical Education | |
| | 4pm to 4.30pm | Remedial Coaching-Kriya Sharir | |
| 24-01-2026 | | Saturday | |
| | Time | Subject | Teacher name |
| | 9am to 10am | NLH-T Rachna Sharir | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | NLH-P-Rachna Sharir-B (1Hr) | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | Library Batch A | |
| | 11am to 12am | LH-Rachna Sharir | Vd.Manoj Jagtap |
| | 12pm to 1pm | LH-Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Samhita adhyayan 1 | Vd.Mandar Karve |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Preceptor Meet | |
| 25-01-2026 | | Sunday | |
| 26-01-2026 | | Holiday- Republic day | |
| 27-01-2026 | | Tuesday | |
| | Time | Subject | Teacher name |
| | 9am to 10am | NLH-T Kriya Sharir | Vd.Deepa/Pankaja/Ujjwala |
| | 10am to 11am | NLH-P-Rachna Sharir-A (1Hr) | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | Library Batch B | |
| | 11am to 12am | Recreational activity | |
| | 12pm to 1pm | LH-Rachna Sharir | Vd.sayali |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | NLH-T Samhita Adhyayan 1 | Vd.smriti Mishra/Vd.Jayashree |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 28-01-2026 | | Wednesday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir A | Vd. Sayali |

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| | 9am to 11am | NLH-P Kriya Sharir B | Vd.Poonam |
| | 11am to 12am | LH-Rachna Sharir | Vd.Premanand Bhalerao |
| | 12pm to 1pm | NLH-T Samhita Adhyayan 1 | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Kriya Sharir | Vd.Pankaja Chaudhari |
| | 3pm to 4pm | LH-Padarth Vidnyan | Vd.Smriti Mishra |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 29-01-2026 | | Thursday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir B | Vd. Niraj Dandekar |
| | 9am to 11am | NLH-P Kriya Sharir A | Vd.Poonam |
| | 11am to 12am | LH-Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 12pm to 1pm | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | NLH-T Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 3pm to 4pm | NLH-P Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Rachna Saharir | |
| 30-01-2026 | | Friday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir B | Vd. Niraj Dandekar |
| | 9am to 11am | NLH-P Kriya Sharir A | Vd.Sampada Thakur |
| | 11am to 12am | NLH-T Samhita Adhyayan 1 | Vd.Smriti Mishra |
| | 12pm to 1pm | LH-Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Rachna Sharir | Dr.Akshta chavan |
| | 3pm to 4pm | Physical Education | |
| | 4pm to 4.30pm | Remedial Coaching-Kriya Sharir | |
| 31-01-2026 | | Saturday | |
| | Time | Subject | Teacher name |
| | 9am to 10am | NLH-T Rachna Sharir | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | NLH-P-Rachna Sharir-B (1Hr) | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | Library Batch A | |
| | 11am to 12am | LH-Rachna Sharir | Vd.Manoj Jagtap |

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| | 12pm to 1pm | LH-Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Samhita adhyayan 1 | Vd.Mandar Karve |
| | 3pm to 4pm | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 4pm to 4.30pm | Preceptor Meet | |
| 01-02-2026 | | Sunday | |
| 02-02-2026 | | Monday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir A | Vd. Sayali |
| | 9am to 11am | NLH-P KriYa Sharir B | Vd.Sampada |
| | 11am to 12am | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 12pm to 1pm | LH-Kriya Sharir | Vd.Deepa Kale |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 03-02-2026 | | Tuesday | |
| | Time | Subject | Teacher name |
| | 9am to 10am | NLH-T Kriya Sharir | Vd.Deepa/Pankaja/Ujjwala |
| | 10am to 11am | NLH-P-Rachna Sharir-A (1Hr) | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | Library Batch B | |
| | 11am to 12am | LH-kriya Sharir | Vd.Ujjawla |
| | 12pm to 1pm | LH-Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | NLH-T Samhita Adhyayan 1 | Vd.smriti Mishra/Vd.Jayashree |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 04-02-2026 | | Wednesday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir A | Vd. Sayali |
| | 9am to 11am | NLH-P Kriya Sharir B | Vd.Poonam |
| | 11am to 12am | LH-Rachna Sharir | Vd.Premanand Bhalerao |
| | 12pm to 1pm | NLH-T Samhita Adhyayan 1 | Vd.Smriti Mishra |

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| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Kriya Sharir | Vd.Pankaja Chaudhari |
| | 3pm to 4pm | LH-Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 05-02-2026 | | Thursday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir B | Vd. Niraj Dandekar |
| | 9am to 11am | NLH-P Kriya Sharir A | Vd.Poonam |
| | 11am to 12am | LH-Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 12pm to 1pm | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | NLH-T Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 3pm to 4pm | NLH-P Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Rachna Saharir | |
| 06-02-2026 | | Friday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir B | Vd. Niraj Dandekar |
| | 9am to 11am | NLH-P Kriya Sharir A | Vd.Sampada Thakur |
| | 11am to 12am | NLH-T Samhita Adhyayan 1 | Vd.Smriti Mishra |
| | 12pm to 1pm | LH-Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Rachna Sharir | Dr.Akshta chavan |
| | 3pm to 4pm | Physical Education | |
| | 4pm to 4.30pm | Remedial Coaching-Kriya Sharir | |
| 07-02-2026 | | Saturday | |
| | Time | Subject | Teacher name |
| | 9am to 10am | NLH-T Rachna Sharir | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | NLH-P-Rachna Sharir-B (1Hr) | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | Library Batch A | |
| | 11am to 12am | LH-Rachna Sharir | Vd.Manoj Jagtap |
| | 12pm to 1pm | LH-Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Samhita adhyayan 1 | Vd.Mandar Karve |

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| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Preceptor Meet | |
| 08-02-2026 | | Sunday | |
| 09-02-2026 | | Monday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir A | Vd. Sayali |
| | 9am to 11am | NLH-P KriYa Sharir B | Vd.Sampada |
| | 11am to 12am | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 12pm to 1pm | LH-Kriya Sharir | Vd.Deepa Kale |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 3pm to 4pm | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 10-02-2026 | | Tuesday | |
| | Time | Subject | Teacher name |
| | 9am to 10am | NLH-T Kriya Sharir | Vd.Deepa/Pankaja/Ujjwala |
| | 10am to 11am | NLH-P-Rachna Sharir-A (1Hr) | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | Library Batch B | |
| | 11am to 12am | LH-kriya Sharir | Vd.Ujjawla |
| | 12pm to 1pm | LH-Rachna Sharir | Vd.Niraj |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | NLH-T Samhita Adhyayan 1 | Vd.smriti Mishra/Vd.Jayashree |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 11-02-2026 | | Wednesday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir A | Vd. Sayali |
| | 9am to 11am | NLH-P Kriya Sharir B | Vd.Poonam |
| | 11am to 12am | LH-Rachna Sharir | Vd.Premanand Bhalerao |
| | 12pm to 1pm | NLH-T Samhita Adhyayan 1 | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Kriya Sharir | Vd.Pankaja Chaudhari |
| | 3pm to 4pm | LH-Sanskrit Ayurved Ithihas | Dr.Shukla |

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| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 12-02-2026 | | Thursday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir B | Vd. Niraj Dandekar |
| | 9am to 11am | NLH-P Kriya Sharir A | Vd.Poonam |
| | 11am to 12am | Clinical training | Vd.jayashri Vaidya |
| | 12pm to 1pm | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | NLH-T Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 3pm to 4pm | NLH-P Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Rachna Saharir | |
| 13-02-2026 | | Friday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir B | Vd. Niraj Dandekar |
| | 9am to 11am | NLH-P Kriya Sharir A | Vd.Sampada Thakur |
| | 11am to 12am | NLH-T Samhita Adhyayan 1 | Vd.Smriti Mishra |
| | 12pm to 1pm | LH-Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Rachna Sharir | Dr.Akshta chavan |
| | 3pm to 4pm | Physical Education | |
| | 4pm to 4.30pm | Remedial Coaching-Kriya Sharir | |
| 14-02-2026 | | Saturday | |
| | Time | Subject | Teacher name |
| | 9am to 10am | NLH-T Rachna Sharir | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | NLH-P-Rachna Sharir-B (1Hr) | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | Library Batch A | |
| | 11am to 12am | LH-Rachna Sharir | Vd.Manoj Jagtap |
| | 12pm to 1pm | LH-Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Samhita adhyayan 1 | Vd.Mandar Karve |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Preceptor Meet | |
| 15-02-2026 | | Sunday | |

| 16-02-2026 | Monday | | |
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| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir A | Vd. Sayali |
| | 9am to 11am | NLH-P KriYa Sharir B | Vd.Sampada |
| | 11am to 12am | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 12pm to 1pm | LH-Kriya Sharir | Vd.Deepa Kale |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 17-02-2026 | Tuesday | | |
| | Time | Subject | Teacher name |
| | 9am to 10am | NLH-T Kriya Sharir | Vd.Deepa/Pankaja/Ujjwala |
| | 10am to 11am | NLH-P-Rachna Sharir-A (1Hr) | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | Library Batch B | |
| | 11am to 12am | LH-kriya Sharir | Vd.Ujjawla |
| | 12pm to 1pm | LH-Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | NLH-T Samhita Adhyayan 1 | Vd.smriti Mishra/Vd.Jayashree |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 18-02-2026 | Wednesday | | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir A | Vd. Sayali |
| | 9am to 11am | NLH-P Kriya Sharir B | Vd.Poonam |
| | 11am to 12am | LH-Rachna Sharir | Vd.Premanand Bhalerao |
| | 12pm to 1pm | NLH-T Samhita Adhyayan 1 | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Kriya Sharir | Vd.Pankaja Chaudhari |
| | 3pm to 4pm | LH-Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 19-02-2026 | | Holiday- Chatrapati shivaji Maharaj jayanti | |

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| 20-02-2026 | | Friday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir B | Vd. Niraj Dandekar |
| | 9am to 11am | NLH-P Kriya Sharir A | Vd.Sampada Thakur |
| | 11am to 12am | NLH-T Samhita Adhyayan 1 | Vd.Smriti Mishra |
| | 12pm to 1pm | LH-Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Rachna Sharir | Dr.Akshta chavan |
| | 3pm to 4pm | Physical Education | |
| | 4pm to 4.30pm | Remedial Coaching-Kriya Sharir | |
| 21-02-2026 | | Saturday | |
| | Time | Subject | Teacher name |
| | 9am to 10am | NLH-T Rachna Sharir | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | NLH-P-Rachna Sharir-B (1Hr) | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | Library Batch A | |
| | 11am to 12am | LH-Rachna Sharir | Vd.Manoj Jagtap |
| | 12pm to 1pm | LH-Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Samhita adhyayan 1 | Vd.Mandar Karve |
| | 3pm to 4pm | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 4pm to 4.30pm | Preceptor Meet | |
| 22-02-2026 | | Sunday | |
| 23-02-2026 | | Monday | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir A | Vd. Sayali |
| | 9am to 11am | NLH-P KriYa Sharir B | Vd.Sampada |
| | 11am to 12am | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 12pm to 1pm | LH-Kriya Sharir | Vd.Deepa Kale |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |

| 24-02-2026 | Tuesday | | |
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| | Time | Subject | Teacher name |
| | 9am to 10am | NLH-T Kriya Sharir | Vd.Deepa/Pankaja/Ujjwala |
| | 10am to 11am | NLH-P-Rachna Sharir-A (1Hr) | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | Library Batch B | |
| | 11am to 12am | Recreational activity | |
| | 12pm to 1pm | LH-Rachna Sharir | Vd.Sayali |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | NLH-T Samhita Adhyayan 1 | Vd.smriti Mishra/Vd.Jayashree |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 25-02-2026 | Wednesday | | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir A | Vd. Sayali |
| | 9am to 11am | NLH-P Kriya Sharir B | Vd.Poonam |
| | 11am to 12am | LH-Rachna Sharir | Vd.Premanand Bhalerao |
| | 12pm to 1pm | NLH-T Samhita Adhyayan 1 | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Kriya Sharir | Vd.Pankaja Chaudhari |
| | 3pm to 4pm | LH-Padarth Vidnyan | Vd.Smriti Mishra |
| | 4pm to 4.30pm | Remedial Coaching-Samhita | |
| 26-02-2026 | Thursday | | |
| | Time | Subject | Teacher name |
| | 9am to 11am | NLH-P Rachna Sharir B | Vd. Niraj Dandekar |
| | 9am to 11am | NLH-P Kriya Sharir A | Vd.Poonam |
| | 11am to 12am | Clinical training | Vd.jayashri Vaidya |
| | 12pm to 1pm | NLH-T Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | NLH-T Samhita Adhyayan 1 | Vd.jayashri Vaidya |
| | 3pm to 4pm | NLH-P Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Remedial Coaching-Rachna Saharir | |
| 27-02-2026 | Friday | | |
| | Time | Subject | Teacher name |

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| | 9am to 11am | NLH-P Rachna Sharir B | Vd. Niraj Dandekar |
| | 9am to 11am | NLH-P Kriya Sharir A | Vd.Sampada Thakur |
| | 11am to 12am | NLH-T Samhita Adhyayan 1 | Vd.Smriti Mishra |
| | 12pm to 1pm | LH-Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Rachna Sharir | Dr.Akshta chavan |
| | 3pm to 4pm | Physical Education | |
| | 4pm to 4.30pm | Remedial Coaching-Kriya Sharir | |
| 28-02-2026 | | Saturday | |
| | Time | Subject | Teacher name |
| | 9am to 10am | NLH-T Rachna Sharir | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | NLH-P-Rachna Sharir-B (1Hr) | Vd.Manoj/Premanand/Akshta |
| | 10am to 11am | Library Batch A | |
| | 11am to 12am | LH-Rachna Sharir | Vd.Manoj Jagtap |
| | 12pm to 1pm | LH-Padarth Vidnyan | Vd.Smriti Mishra |
| | 1pm to 2pm | Lunch | |
| | 2pm to 3pm | LH-Samhita adhyayan 1 | Vd.Mandar Karve |
| | 3pm to 4pm | NLH-T Sanskrit Ayurved Ithihas | Dr.Shukla |
| | 4pm to 4.30pm | Preceptor Meet | |
| 01-03-2026 | | | |
| to | | Prepratory holiday | |
| 15-03-2026 | | | |
| 16-03-2026 | | University exam | |
| Onwards | | | |